

# Indiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to <a href="https://www.healthcare.gov/">https://www.healthcare.gov/</a> to find out more about the Health Insurance Marketplace and the options available in your state.

#### **Aging Resources**

## Aging and Disability Resource Centers/ No Wrong Door

https://www.n4a.org/adrcs

https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living(<a href="http://www.hhs.gov/acl/index.html">http://www.hhs.gov/acl/index.html</a>) (including AoA (<a href="http://www.aoa.gov/">http://www.aoa.gov/</a>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<a href="http://www.cms.hhs.gov/">http://www.cms.hhs.gov/</a>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

#### **FSSA Division of Aging**

http://www.in.gov/fssa/2329.htm

402 W. Washington St. W454, P.O. Box 7083, MS21 Indianapolis, IN 46207-7083

Toll-free: 888-673-0002

## Indiana Association of Area Agencies on Aging

http://www.iaaaa.org/

4701 N Keystone Avenue, Suite 402

Indianapolis, IN 46205 Phone: 317-205-9201

## **Indiana Area Agencies on Aging**

http://www.iaaaa.org/icontent.asp?id=27

## National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

## **Assistive Technology**

#### **ADA & IT Technical Assistance Centers**

http://adata.org/

Region 5 (IL, IN, MI, MN, OH, WI)
University of Illinois/Chicago
Department on Disability & Human Development
1640 West Roosevelt Road, Room 405
Chicago, IL 60608

Phone: 312-413-1407

Email: adata@adagreatlakes.org

#### **Great Lakes Loan Closets**

https://loanclosets.org

P.O. Box 19614

Kalamazoo, MI 49019

A directory of loan closets by county, operated by Great Lakes Loan Closets (<a href="http://greatlakesloanclosets.org/">http://greatlakesloanclosets.org/</a>). Great Lakes Loan Closets are designed to help residents of Michigan (<a href="http://michiganloanclosets.us/">http://michiganloanclosets.org/wisconsin/</a>) and Northern Indiana (<a href="http://michiganloanclosets.us/northernIndiana/">http://michiganloanclosets.us/northernIndiana/</a>) find free or low-cost home medical equipment in their communities.

indata: Indiana Assistive Technology Act

http://eastersealstech.com/

#### **Caregivers Information**

#### Caregiver.com

https://caregiver.com/ 3920 Riverland Road Fort Lauderdale, FL 33312

Tel: (954) 893-0550, 1-800-829-2734

Email: info@caregiver.com

#### **Community-Based Fitness Programs**

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. Please go to <a href="https://www.christopherReeve.org/NRN">www.christopherReeve.org/NRN</a> for more information.

#### **NeuroHope**

http://www.neurohopewellness.org/

6002 Sunnyside Rd. Indianapolis, IN 46236 Phone: 317-525-8386

Email: neurohopewellness@gmail.com

NeuroHope provides individualized physical therapy and wellness programs, specialized for people living with and recovering from spinal cord injury, brain injury, and stroke.

#### **Community Health Centers**

#### **Indiana Primary Health Care Association**

www.indianapca.org

150 West Market Street, Suite 520

Indianapolis, IN 46204 Phone: 317-630-0845

Email: info@indianapca.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities

across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

# Health Resources and Services Administration (HRSA): Find a Health Center <a href="http://findahealthcenter.hrsa.gov/">http://findahealthcenter.hrsa.gov/</a>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

#### **Crime Victim Assistance**

#### **Indiana Victim Assistance and Compensation**

http://www.in.gov/cji/2348.htm

Phone: 317-232-1233

## Safe Horizon's Links for General Crime Victim Resources/Issues

www.safehorizon.org

## **Domestic Violence Help**

National Domestic Violence Hotline: 1-800-799-SAFE (7233) and TTY line: 800-787-

3224

National Resource Center on Domestic Violence: 800-537-2238

**Statewide Hotline**: 800-332-7385 and 800-553-2508 TTY

## **Indiana Coalition Against Domestic Violence**

http://www.icadvinc.org/ 1915 W. 18th Street, Suite B Indianapolis, IN 46202

Phone: 317-917-3685 Toll-free: 800-538-3393

#### **Easter Seals Offices**

**Indiana Easter Seals Offices,** Go to search by state and drop down to Indiana <a href="http://www.easterseals.com/site/PageServer">http://www.easterseals.com/site/PageServer</a>

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

#### **Easter Seals Child Development Center**

https://www.easterseals.com/in-sw/

The Rehabilitation Center 3701 Bellemeade Ave. Evansville, IN 47715

Phone: 812-474-2244

#### **Easterseals Arc of Northeast Indiana**

www.easterseals.com/neindiana

4919 Coldwater Rd. Fort Wayne, IN 46825 Phone: 260-456-4534

#### Easter Seals Crossroads Rehabilitation Center

http://www.eastersealscrossroads.org/

4740 Kingsway Drive Indianapolis, IN 46205-1521

Phone: 317-466-1000

#### **Government Offices**

#### Indiana State Website

https://www.in.gov/core/

## **Indiana Family and Social Services Administration**

http://www.in.gov/fssa/

P. O. Box 7083

Indianapolis, IN 46207-7083

Phone: 317-233-4454

## Indiana Division of Disability and Rehabilitative Services

http://www.in.gov/fssa/2328.htm

#### **Indiana Vocational Rehabilitation Office**

http://www.in.gov/fssa/ddrs/2636.htm

List of Offices by Region

#### **Indiana Medicaid Office**

http://www.in.gov/fssa/2408.htm 402 W. Washington Street P.O. Box 7083 Indianapolis, IN 46207-7083

#### **Indiana SCHIP Program** (State Children's Health Insurance Program)

https://www.insurekidsnow.gov/coverage/in/index.html

Hoosier Healthwise 402 W. Washington Street P.O. Box 7083 Indianapolis, IN 46207-7083

## **Indiana Dept of Insurance: SHIP Program** (State Health Insurance Program for Seniors)

http://www.in.gov/idoi/2495.htm

Central Office below (note there are many locations throughout the state)

311 W. Washington St., Suite 300

Indianapolis, IN 46201-2787

Phone: 800-452-4800 TDD: 866-846-0139

The State Health Insurance Assistance Program (SHIP) is a free & unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. They are part of a federal network of State Health Insurance Assistance Programs located in every state. SHIP provides health insurance counseling for people with Medicare. All their services are free.

## Bureau of Developmental Disabilities, Indiana Family and Social Services

http://www.in.gov/fssa/ddrs/2644.htm

#### **Indiana Insurance Commissioner**

http://www.in.gov/idoi/ 311 W. Washington Street Suite 103 Indianapolis, IN 46204

Phone: 317-232-2395

## **Worker's Compensation Board of Indiana**

https://www.in.gov/wcb/ 402 West Washington Street Room W-196 Indianapolis, IN 46204

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/http://whoismvrepresentative.com/

#### **Indiana Long-Term Care Ombudsman Program**

https://www.in.gov/ombudsman/long-term-care-ombudsman/overview/ Office of the Long-Term Care Ombudsman 402 W. Washington St., Room W451

PO Box 7083, MS 27

Indianapolis, Indiana 46207-7083

Phone: 317-232-7134 Toll-free: 800-622-4484

Email: LongTermCareOmbudsman@ombudsman.IN.gov

The Indiana Long-Term Care Ombudsman Program advocates for residents of longterm care facilities, which includes nursing facilities and licensed assisted living facilities. Our primary purpose is to promote and protect the resident rights guaranteed

to residents under federal and state law.

## Housing

## **Housing and Urban Development (HUD)**

#### www.hud.gov

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: <a href="https://www.hud.gov/program\_offices/public\_indian\_housing/pha/contacts">https://www.hud.gov/program\_offices/public\_indian\_housing/pha/contacts</a> and choose your state from the drop down box.

#### 211

#### www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

#### Independent Living

# ILRU: State Independent Living Councils (SILCs) Indiana Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory

PO Box 801

Danville, IN 46122 Toll-free: 844-4INSILC

**Independent Living Research Utilization's** directory of Independent Living Centers

http://www.ilru.org

## **National Council on Independent Living (NCIL)**

http://www.ncil.org/

2013 H St. NW, 6<sup>th</sup> Floor Washington, DC 20006 Phone: 202-207-0334

Toll-free: 877-525-3400 TTY: 202-207-0340 Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

## **Library Services**

Indiana State Library: Talking Book & Braille Library

http://www.in.gov/library/tbbl.htm

140 North Senate Avenue Indianapolis, IN 46204-2296

Phone: 317-232-3684 Toll-free: 800-622-4970 Email: <a href="mailto:tbbl@library.in.gov">tbbl@library.in.gov</a>

#### **Neurorecovery Network (Nrn)**

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to <a href="https://www.christopherReeve.org/NRN">www.christopherReeve.org/NRN</a>.

#### **Peer Support Programs**

## **Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)**

www.ChristopherReeve.org/Peer

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078 Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <a href="www.ChristopherReeve.org/qol">www.ChristopherReeve.org/qol</a> for more info on qualifying and applying.

## **Protection And Advocacy**

## Indiana Protection and Advocacy Client Assistance Program (CAP)

https://www.in.gov/idr/

Indiana Protection and Advocacy Services 4755 Kingsway Drive, Suite 100

Indianapolis, IN 46205 Phone: 317-722-5555 Toll-free: 800-622-4845 TTY: 800-838-1131

**Service Dogs** 

## Canine Companions for Independence (CCI)

http://www.cci.org

North Central Regional Center 4989 State Route 37 East Delaware. OH 43015

Phone: 740-833-3700 (voice/TTY) Toll-free: 800-572-BARK (2275)

CCI's North Central Regional Center serves several states, including Illinois.

#### **Indiana Canine Assistant Network**

www.icandog.org

5100 Charles Court, Suite 100

Zionsville, IN 46077 Phone: 317-250-6450

E-mail: icandog@icandog.org

#### **Northern Indiana Service Dogs**

https://northernindianaservicedogs.godaddysites.com/

Plymouth, IN

Phone: 574-952-1635

## **Sports And Recreation**

#### Camp PossAbility, Inc.

http://www.camppossability.org/

1221 Oak Trail Ct.

Fort Wayne, IN 46845-6120

Phone: 260-341-5732

Camp PossAbility's mission is to give young adults with physical disabilities a safe place to relax, spend time with friends, and not have to worry about adapting the world around them

## **CHAMP Camp**

http://www.champcamp.org/

1950 E. Greyhound Pass, Suite 18-357

Carmel, IN 46033-7400 Phone: 317-679-1860

Email: <a href="mailto:admin@champcamp.org">admin@champcamp.org</a>

CHAMP Camp is for children and adolescents, ages six and up, who have tracheostomies and those that require respiratory assistance, including the use of ventilators. Many campers also have unique physical challenges, including quadriplegia.

## **Indianapolis Rowing Center**

https://indyrowing.org/

Mailing Address: PO Box 53223 Indianapolis IN 46

Indianapolis, IN 46253

Director's Office: 7840 W. 56 St.

Indianapolis, IN 46254 Phone: 317-991-1829

Email: info@indyrowing.org

The Indianapolis Rowing Center (IRC) is a leading rowing organization with facilities to meet national and international competition standards and programs to meet the aspirations and needs of both competitive and recreational rowers. IRC has the membership, programming, partnerships, financing and facilities to ensure that rowers achieve their goals.

## **National Center on Accessibility**

http://ncaonline.org/

2805 E. 10th St., Suite 170 Bloomington, Indiana 47408 Phone: (812) 855-3095

Email: nca@indiana.edu

The National Center on Accessibility promotes access and inclusion for people with disabilities in parks, recreation and tourism. Based at Indiana University and established in 1992 through a cooperative agreement with the National Park Service, NCA has emerged as a leading authority on access issues unique to park and recreation programs and facilities.

## Rehabilitation Hospital of Indiana's Adaptive Sports Program

https://www.rhirehab.com/

https://www.rhirehab.com/our-programs/community-reintegration/adaptive-sports-program/

4141 Shore Dr.

Indianapolis, IN 46254 Phone: 317-329-2020 Email: <a href="mailto:rhisports@rhin.com">rhisports@rhin.com</a>

The mission of the RHI Adaptive Sports Program is to provide competitive and non-competitive athletic opportunities for individuals with physical disabilities to enhance quality of life, promote physical fitness, introduce recreational and wheelchair sports, and

challenge participants to perform at a competitive level. The Adaptive Sports Program specializes in serving youth and adults with spinal cord, orthopedic, neuromuscular, and visual impairments.

## **United Way Offices**

#### **United Way**

https://www.unitedway.org/ National Headquarters 701 North Fairfax Street Alexandria. VA 22314

Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

#### **Veteran Benefits**

## **US Department of Veterans Affairs VA Hospital Locator**

https://www.va.gov/directory/guide/state.asp?STATE=IN&dnum=ALL

List Indiana offices

## Paralyzed Veterans of America Indiana Service Office

http://www.pva.org

VARO, Indianapolis

Phone: 317-916-3626-6296 Toll-free: 800-795-3601

#### **PVA's Kentucky/Indiana Chapter Office**

http://www.pva.org

4801 Paoli Pike, Suite 200 Floyds Knobs, IN 47119

Phone: 502-635-6539, 800-242-4782 (KY & IN only)

Email: vlincks@kipva.org

#### **ALS**

#### The ALS Association Indiana Chapter

http://webin.alsa.org/site/PageServer?pagename=IN\_homepage

7202 E. 87th St., Suite 102 Indianapolis, IN 46256 Toll-free: 888-508-3232 Phone: 317-915-9888

Email: info@alsaindiana.org

## **Brain Injury**

## **Brain Injury Association of Indiana**

http://biaindiana.org/ 10293 N. Meridian Street

Suite 375

Indianapolis, Indiana 46290

Phone: 317-410-3532 Helpline: 800-444-6443

Email: biassociationofindiana@gmail.com

## **Cerebral Palsy**

#### **UCP National**

http://ucp.org/ 8401 Old Courthouse Rd. Vienna, VA 22182

Phone: (800) 872-5827 Email: <u>info@ucp.org</u>

#### **Stepping Stones/UCP of Greater Cincinnati**

http://steppingstonesohio.org

5650 Given Road Cincinnati, OH 45243 Phone: (513) 831-4660

#### Friedreich's Ataxia

## **National Ataxia Foundation (NAF) National Office**

http://www.ataxia.org/

600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Phone: 763-553-0020

Please contact them for local info.

#### **Guillain-Barré Syndrome / CIDP**

## Guillain-Barré Syndrome / CIDP Foundation International

http://gbs-cidp.org/

375 East Elm St.

Conshohocken, PA 19428 Phone: 610-667-0131 Toll-free: 866-224-3301 Email: info@gbsfi.com

Call for information in your area

#### **Multiple Sclerosis**

## **National Multiple Sclerosis Society**

http://www.nationalmssociety.org

#### National Multiple Sclerosis Society—Indiana State Chapter

http://www.nationalmssociety.org/Chapters?chapters=6523,6525

3500 Depauw Blvd., Suite 1040

Indianapolis, IN 46268 Phone: 317-870-2500 Email: indiana@nmss.org

## National Multiple Sclerosis Society—Kentucky/Southeast Indiana Chapter

1201 Story Ave., Suite 200

Louisville, KY 40206 Phone: 502-451-0014 Email: kyw@nmss.org

#### Multiple Sclerosis Association of America's Midwest Regional Office

http://www.mymsaa.org/about-msaa/regional/

(Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, Ohio, West Virginia, Wisconsin)

1507 E. 53rd Street, Suite 284

Chicago, IL 60615

Phone: 800-532-7667 extension 150

E-mail: Midwest@mymsaa.org

## **Muscular Dystrophy**

#### **Muscular Dystrophy Association**

https://www.mda.org

**National Office** 

1016 W Jackson Blvd #1073

Chicago, Illinois 60607 Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Enter your state or region in the "MDA Care Center Network" section of the website for

MD clinics in your area.

#### **Post-Polio Syndrome**

#### Post-Polio Health International (PHI)

https://post-polio.org/

50 Crestwood Executive Center #440

Saint Louis, MO 63126 Phone: 314-534-0475 Email: info@post-polio.org

https://post-polio.org/wp-content/uploads/2021/09/PDIR-2021Hsec.pdf

Lists Health Professionals, Clinics, and Support Groups.

#### Spina Bifida

## **Spina Bifida Association of America**

http://www.spinabifidaassociation.org

1600 Wilson Blvd., Suite 800

Arlington, VA 22209 Phone: 800-621-3141 Email: sbaa@sbaa.org

Please contact them for info in your area

#### **Spina Bifida Indiana**

https://www.sbind.org/

PO Box 40558

Indianapolis, IN 46240 Phone: 317-744-2670

Email: <u>sbindoffice@sbind.org</u>

#### **SBAA Indiana Clinics:**

https://www.spinabifidaassociation.org/clinics/

#### **Riley Hospital for Children**

#### http://iuhealth.org/riley/

Myelomeningocele Program (pediatric-will refer adults) 705 Riley Hospital Drive, RI 1610

Indianapolis, IN 46202 Phone: 317-944-4846 Email: kconvers@iu.edu

#### **Spinal Cord Injury**

#### **Elkhart County SCI Support Group**

Contact: Sue or Ron Pletcher at 574-831-2329

#### **Northwest Indiana Spinal Cord Injury Group**

http://nwiscig.blogspot.com/ Email: nwiscig@gmail.com

#### Stroke

#### **American Stroke Association**

https://www.stroke.org/

National Center 7272 Greenville Avenue Dallas, TX 75231

Phone: 1-888-478-7653

Call them for the stroke support group in your area

# Primary Stroke Centers accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO):

www.jointcommission.org

#### **Columbus Regional Hospital**

http://www.crh.org

2400 East 17th Street Columbus, IN 47201 Phone: 800-841-4938 Email: msitterdin@crh.org

**Deaconess Hospital** 

https://www.deaconess.com/

600 Mary Street Evansville, IN 47747 Phone: 812-450-5000

Email: <a href="mailto:christa\_wolf@deaconess.com">christa\_wolf@deaconess.com</a>

Parkview Hospital, Inc.

http://www.parkview.com 2200 Randallia Drive Fort Wayne, IN 46805 Phone: 260-373-4000

## Syringomyelia/Chiari Malformation

## **American Syringomyelia Alliance Project**

http://www.asap.org/

PO Box 1586

Longview, TX 75606-1586 Phone: 903-236-7079 Toll-free: 800-ASAP-282

Email: info@ASAP.org

#### **Transverse Myelitis**

#### **Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)**

www.wearesrna.org

1787 Sutter Parkway Powell, OH 43065-8806

Phone: 614-317-4884 Toll-free: 855-380-3330

Please contact them for info in your area.

#### **General Disability Resources**

## **Indiana Yellow Pages for Kids with Disabilities**

http://www.yellowpagesforkids.com/help/in.htm

## **Indiana Chapter of the American Occupational Therapy Association**

http://www.inota.com/

Indiana Occupational Therapy Association

P.O. Box 47803

Indianapolis, IN 46247 Phone: 317-671-4284 Toll-free: 866-653-7429 Email: inota@inota.com

## **Indiana Chapter of the American Physical Therapy Association**

http://www.inapta.org/

140B Purcellville Gateway Dr., Suite 120

Purcellville, VA 20132 Phone: 317-505-1556

Toll-free: 800-999-2782 ext 3144

Email: info@inapta.org

## Indiana chapter of Association of People Supporting EmploymentFirst

http://www.inapse.org/

PO Box 672

Indianapolis, IN 46206 Phone: 812-332-2168

Email: bdewees@stonebelt.org

#### First Call 2-1-1

<u>http://www.211.org/</u> Put Indiana in state search box

Phone: 211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Hint: Can only be dialed from a land line. If you dial 211 or your state's 211 800 number and you are not connected, this service has not yet been provided to your area.

#### **Indiana AgrAbility Project**

https://engineering.purdue.edu/~bng/

225 S. University St. West Lafayette, IN 47907

Toll Free: 1-800-825-4264

AgrAbility is a USDA-sponsored program that assists farmers, ranchers, and other agricultural workers with disabilities.

## Indiana Institute on Disability and Community at Indiana University, Bloomington

http://www.iidc.indiana.edu/

2810 E Discovery Parkway

Bloomington, IN 47408 Phone: 812-855-6508 Email: <u>iidc@indian.edu</u>

#### **Community Health Network Foundation**

https://www.ecommunity.com/community-foundation

7330 Shadeland Station, Suite 150

Indianapolis, IN 46256

Phone: 317-355-GIVE (4483)

Toll-free: 800-777-7775

Email: give@eCommunity.com

The Community Health Network Foundation supports Community Health Network's

commitment to improve the health of the communities they serve.

#### **Turnstone**

http://turnstone.org/

3320 North Clinton Street Fort Wayne, IN 46805 Phone: 260-483-2100 Toll-free: 866-483-1278

Email: kenna@turnstone.org

Turnstone's mission is to provide therapeutic, educational, wellness and recreational programs to empower people with disabilities. Turnstone is the only not-for-profit organization within northeast Indiana that provides a full range of rehabilitative, educational, wellness, athletic and recreational programs and facilities to persons with physical disabilities and their families.

#### Wheelchair Help

www.WheelchairHelp.org

515 East St. Elkhart IN 46516 Phone: 574-295-2230

Wheelchair Help is a non-profit organization that helps people who are uninsured or underinsured to get wheelchairs. Wheelchair Help is a community supported organization and services are limited to 50 miles from Elkhart, Indiana.

## ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org

1801 N. Mill St., Suite F Naperville IL 60563 Phone: 630-691-1400 Toll-free: 800-THINK56

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance

of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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