

OHIO DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to <u>https://www.healthcare.gov/</u> to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door https://www.n4a.org/adrcs

https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<u>http://www.hhs.gov/acl/index.html)</u> (including AoA (<u>http://www.aoa.gov/</u>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<u>http://www.cms.hhs.gov/</u>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling

and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

Ohio Department of Aging

http://aging.ohio.gov Mailing Address: 30 E Broad St, 22nd Floor Columbus, OH 43215-3414 Phone: 800-266-4346, 614-466-5500 (TTY)

Ohio Association of Area Agencies on Aging

http://ohioaging.org/ 250 East Broad St, Suite 220 Columbus, OH 43215 Phone: 614-481-3511

National Center on Elder Abuse (NCEA)

https://ncea.acl.gov/ C/O University of Southern California Keck School of Medicine Department of Family Medicine and Geriatrics 1000 South Fremont Avenue, Unit 22, Building A-6 Alhambra, CA 91803 Phone: 855-500-3537 Email: ncea-info@acl.hhs.gov

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

Arts And Creativity

Art Possible Ohio

https://artpossibleohio.org/ The Vern Riffe Center for Government and the Arts 77 South High Street, Floor 2 Columbus, OH 43215 Phone: 380-799-6253 Email: info@artpossibleohio.org

Dancing Wheels Company & School

http://www.dancingwheels.org/

3030 Euclid Ave, Suite 100 Cleveland, OH 44115 Phone: 216-432-0306 Email: info@dancingwheels.org

Assistive Technology

Assistive Technology of Ohio

https://atohio.org/ Area 200 1314 Kinnear Road Columbus, OH 43212 Phone: 614-292-2390, 800-784-3425 (Toll-free) Email: <u>atohio@osu.edu</u>

Great Lakes ADA Center (covers Ohio)

http://www.adagreatlakes.org/ Mailing Address: University of Illinois at Chicago Institute on Disability & Human Development (MC 728) 1640 W Roosevelt Rd, Room 405 Chicago, IL 60608 Phone: 312-413-1407 (V/TTY), 800-949-4232 (Toll-free), 312-767-0377 (Video)

Linking Employment, Abilities and Potential (LEAP)

http://www.leapinfo.org/ 2545 Lorain Ave Cleveland, OH 44113 Phone: 216-696-2716 LEAP's mission is to advance a society of equal opportunity for all persons, regardless of disability.

Community Health Centers

Ohio Association of Community Health Centers

www.ohiochc.org
2109 Stella Court
Columbus, OH 43215
Phone: 614-884-3101, 888-884-3101 (Toll-free)
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Getting Back Up

https://www.gettingbackup.org/

Mailing Address: 2720 Horseshoe Blvd Westlake, OH 44145

Email: info@gettingbackup.org

We provide qualified and selected individuals with funding for participation in EXERCISE-BASED RECOVERY PROGRAMS and the purchase of ADAPTABLE PRODUCTS. These programs and products have been proven to greatly improve the physical and emotional well-being of the injured individual.

Health Resources and Services Administration (HRSA): Find a Health Center http://findahealthcenter.hrsa.gov/

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

Ohio Crime Victim Compensation Program

http://www.ohioattorneygeneral.gov/Individuals-and-Families/Victims Phone: 800-282-0515 (Attorney General), 614-466-5610, 877-584-2846 (Toll-free)

Office for Victims of Crime: Directory of Crime Victim Services

http://ovc.ncjrs.gov/findvictimservices/search.asp Choose Your State and the Type of Assistance you are looking for

Safe Horizon's Links for General Crime Victim Resources/Issues

http://www.safehorizon.org Phone: 800-621-4673 (24 Hour Hotline)

Domestic Violence Help

National Domestic Violence Hotline

https://www.thehotline.org/ Phone: 800-799-7233

National Resource Center on Domestic Violence

https://www.nrcdv.org/ Phone: 800-537-2238 Email: NRCDV@nrcdv.org

Statewide Hotline: 1-800-934-9840

The Ohio Domestic Violence Network

http://www.odvn.org/ 174 E Long Street, #200 Columbus, OH 43215 Phone: 800-934-9840, 614-781-9651

Center For Independent Living Options

http://www.cilo.net/ 2368 Victory Parkway, Suite 501 Cincinnati, OH 45206 Phone: 513-241-2600 Email: <u>cilo@cilo.net</u>

Open Arms Domestic Violence and Rape Crisis Services

https://openarmsfindlay.com/

401 West Sandusky St.

Findlay, OH 45840

Phone: 419-422-4766 (24-Hour Crisis Hotline), 419-420-9261 (Administrative office) Serving individuals affected by domestic violence and sexual assault through crisis intervention, emergency shelter, outreach, advocacy, prevention, and education. This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

My Sister's Place

https://www.mspathens.org/ Phone: 800-443-3402 (Hotline), 740-593-7125 (Administrative office) Email: info@mspathens.org

MSP believes that all persons have a right to a violence-free life. MSP is committed to advocating for those policies and practices that promote safety and self-determination for persons who are battered and/or abused. Recognizing the link between domestic violence and other forms of oppression, MSP remains committed to collectively working toward equality and justice.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

Easterseals Offices

Easterseals Central & Southeast Ohio

http://www.easterseals.com/centralohio/

3830 Trueman Court Hilliard, OH 43026 Phone: 614-228-5523

Easterseals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices

Ohio State Website

http://ohio.gov/

Opportunities for Ohioans with Disabilities (OOD)

www.ood.ohio.gov
150 E Campus View Blvd, Suite 300
Columbus, OH 43235
Phone: 800-282-4536 (Toll-free), 614-438-1200
OOD is the state agency that serves Ohioans with disabilities to achieve quality employment, independence and Social Security disability determination outcomes through its Bureau of Vocational Rehabilitation (BVR), Bureau of Services for the Visually Impaired (BSVI) and Bureau of Disability Determination (BDD).

Division of Disability Determination

https://ood.ohio.gov/information-for-individuals/services Opportunities for Ohioans with Disabilities 150 E Campus View Blvd Columbus, OH 43235 Phone: 800-282-2695 Ext 0, 614-438-1200

Ohio Department of Medicaid

http://medicaid.ohio.gov/ 50 West Town St, Suite 400 Columbus, OH 43215 Phone: 800-324-8680 (Consumer Hotline)

Children's Health Insurance Program (CHIP)

https://medicaid.ohio.gov/about-us/medicaid-state-plan/medicaid-state-plan Ohio Department of Medicaid 50 West Town St, Suite 400 Columbus, OH 43215 Phone: 800-324-8680 (Consumer Hotline)

Ohio Senior Health Insurance Information Program (OSHIIP)

https://insurance.ohio.gov/consumers/medicare/01-oshiip

Ohio Department of Insurance 50 W Town St, Suite 300 Columbus, OH 43215 Phone: 800-686-1578 (OSHIIP hotline), 614-644-2658 Email: <u>oshiipmail@insurance.ohio.gov</u>

Ohio Dept. of Insurance

https://insurance.ohio.gov/consumers 50 W Town Street, Suite 300 Columbus, Ohio 43215 Phone: 614-644-2658; 800-686-1526

Ohio Bureau of Workers' Compensation

https://bwc.ohio.gov Mailing Address: 30 W Spring Street Columbus, OH 43215-2256 Phone: 800-335-0996 (Ombuds Office) Email: ombudsperson@bwc.state.oh.us

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.house.gov/representatives/find/ http://whoismyrepresentative.com/

Ohio State LTC Ombudsman

http://www.aging.ohio.gov/home/ Ohio Department of Aging Mailing Address: 30 E Broad St, 22nd Floor Columbus, OH 43215-3414 Phone: 800-282-1206 (Hotline), 800-266-4346, 614-466-5500 (TTY) Email: <u>OhioOmbudsman@age.ohio.gov</u>

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

U.S. Department of Housing and Urban Development (HUD)

www.hud.gov 451 7th Street, SW

Washington, DC 20410

Phone: 202-708-1112, 202-708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: <u>https://www.hud.gov/program_offices/public_indian_housing/pha/contacts</u> and choose your state from the drop down box.

211 www.211.org

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs) Ohio State Independent Living Council

http://www.ilru.org/projects/silc-net/silc-directory http://www.ohiosilc.org/ 670 Morrison Road, Suite 200 Gahanna, OH 43230 Phone: 614-892-0390 (TTY), 800-566-7788 (Toll-free)

Independent Living Research Utilization's Directory of Independent Living Centers http://www.ilru.org

National Council on Independent Living (NCIL)

http://www.ncil.org/ Mailing Address: PO Box 31260 Washington, DC 20030 Phone: 202-207-0334, 844-778-7961 (Toll-free) Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national crossdisability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Access Center for Independent Living

http://www.acils.com/ 165 E Helena Street Dayton, OH 45404 Phone: 937-341-5202 Email: info@acils.com

Independent living is about having the right to make choices, to make one's own mistakes, and to learn from them in the same way that people without disabilities can. People with disabilities must be empowered to take control over their own lives.

Southeastern Ohio Center for Independent Living

https://www.socil.org/ 418 South Broad Street Lancaster, Ohio 43130 Phone: 740-689-1494

SOCIL believes that people with disabilities have the right to choices and opportunities in society that support and maximize their empowerment, inclusion, leadership, independence and full participation in community life.

Library Services

Ohio Library for the Blind and Print Disabled

https://cpl.org/aboutthelibrary/ohio-library-for-the-blind-print-disabled/ Cleveland Public Library 17121 Lake Shore Blvd Cleveland, OH 44110-4006 Phone: 216-623-2911, 800-362-1262 Email: olbpd@cpl.org

Peer Support Programs

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

www.ChristopherReeve.org/Peer 636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078 Phone: 800-539-7309 Email: Peer@Reeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-topeer mentoring program. The goal of PFSP is to provide critical emotional support, as well as local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: <u>www.ChristopherReeve.org/qol</u> for more info on qualifying and applying.

Protection and Advocacy

Disability Rights Ohio

http://disabilityrightsohio.org Mailing Address: 200 Civic Center Drive, Suite 300 Columbus, OH 43215-4234 Phone: 800-282-9181 (Toll-free), 614-466-7264, 614-728-2553 (TTY) Disability Rights Ohio is a non-profit corporation with a mission to advocate for the human, civil, and legal rights of people with disabilities in Ohio.

Service Dogs

Canine Companions

https://canine.org/

North Central Training Center 7480 New Albany-Condit Rd New Albany, OH 43054 Phone: 614-699-5900, 800-572-2275 (Toll-free)

The Ability Center: Assistance Dogs Program

https://abilitycenter.org/ 5605 Monroe St Sylvania, OH 43560 Phone: 419-885-5733, 866-885-5733 (Toll-free)

4 Paws for Ability

http://4pawsforability.org 207 Dayton Ave Xenia, OH 45385 Phone: 937-374-0385 Email: info@4pawsforability.org

Circle Tail, Inc.

http://www.circletail.org/ 8834 Carey Lane Pleasant Plain, OH 45162 Phone: 513-877-3325 Email: info@circletail.org

Sports and Recreation

Adaptive Sports Connection

https://adaptivesportsconnection.org/ 6000 Harriott Drive Powell, OH 43065 Phone: 614-389-3921 Email: <u>info@adaptivesportsconnection.org</u> Provides adaptive sailing, paddling, cycling, alpine skiing

Adaptive Sports Ohio

http://adaptivesportsohio.org/ 2148 Eagle Pass, Suite C Wooster, Ohio 44691 Phone: 330-601-1400 Email: info@adaptivesportsohio.org

The Adaptive Sports Ohio is an organization established to promote the health and wellness of individuals with physical disabilities by providing competitive and recreational adaptive sport opportunities throughout the State of Ohio.

Cincinnati Recreation Commission: Division of Therapeutic Recreation

http://www.cincinnati-oh.gov/recreation/programs/therapeutic-recreation/

LeBlond Recreation Center 2335 Riverside Drive Cincinnati, Ohio 45202 Phone: 513-352-4945, 513-352-4013 Email: <u>leblond@cincinnati-oh.gov</u>

The City of Columbus Recreation and Parks: Therapeutic Recreation Program

https://columbusrecparks.com/ Franklin Park Adventure Center 1755 E Broad St Columbus, OH 43203 Phone: 614-645-5648

Ohio Department of Natural Resources: Accessible Activities and Facilities https://ohiodnr.gov/go-and-do/outdoor/accessible-activities-facilities

Recreation Unlimited

www.recreationunlimited.org 7700 Piper Rd Ashley, OH 43003 Phone: 740-548-7006 Email: info@recreationunlimited.org

Three Trackers of Ohio

http://www.3trackers.org 6909 Engle Rd, Suite 19 Middleburg Heights, OH 44130 Phone: 440-476-9905 Email: md1053@aol.com A chapter of Disabled Sports USA. 3 Trackers offers adaptive cycling, kayaking, water skiing and snow skiing.

United Way Offices

United Way National Headquarters

http://www.unitedway.org/ Mailing Address: 701 North Fairfax Street Alexandria, VA 22314 Phone: 703-836-7112 Enter postal code for a United Way office in your area United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veteran Benefits

U.S. Dept. of Veterans Affairs: Facility Locator

http://www.va.gov/directory/guide/home.asp?isflash=1

Cleveland Regional Office

https://www.benefits.va.gov/cleveland/ AJ Celebrezze Federal Building 1240 East 9th Street Cleveland, OH 44199 Phone: 800-827-1000

Veterans Integrated Service Network (VISN) 10: VA Healthcare System of Ohio

http://www.visn10.va.gov/ 4605 Duke Drive, Suite 800 Mason, OH 45040 Phone: 513-247-4610

Chillicothe VA Medical Center

https://www.va.gov/chillicothe-health-care/

17273 State Route 104 Chillicothe, OH 45601-9718 Phone: 740-773-1141, 800-358-8262 (Toll-free)

Cincinnati VA Medical Center

https://www.va.gov/cincinnati-health-care/

3200 Vine Street Cincinnati, OH 45220-2213 Phone: 513-861-3100

Louis Stokes Cleveland Dept. of Veterans Affairs Medical Center

https://www.va.gov/northeast-ohio-health-care/ 10701 East Boulevard Cleveland, OH 44106-1702

Phone: 216-791-3800; 877-838-8262 (Toll-free)

Dayton VA Medical Center

https://www.va.gov/dayton-health-care/ 4100 W 3rd Street Dayton, OH 45428-9000 Phone: 937-268-6511

Paralyzed Veterans of America (PVA): Buckeye Chapter

www.buckeyepva.org 2775 Bishop Rd, Suite B Willoughby Hills, OH 44092 Phone: 216-731-1017, 800-248-2548 (Toll-free) Email: info@buckeyepva.org

ALS Association: Ohio Chapter

https://www.als.org/support/states/ohio 6133 Rockside Road, Suite 301 Independence, OH 44131 Phone: 216-592-2572, 888-592-2572 (Toll-free) Email: infooh@als.org

ALS Association Certified Clinic at Ohio State University Wexner Medical Center

https://www.als.org/support/certified-centers-clinics/ohio-state-university-wexnermedical-center-alsmotor-neuron ALS/Motor Neuron Disease Clinic 2050 Kenny Rd Pavilion 3rd Floor, Suite 3100 Columbus, OH 43221 Phone: 614-293-4969 Email: <u>NeuroSpecialtyClinics@osumc.edu</u>

Brain Injury

Brain Injury Association of Ohio

http://www.biaoh.org PO Box 21325 Columbus, OH 43221 Phone: 614-481-7100, 833-783-1495 (Helpline) Email: help@biaoh.org

Ohio Regional Traumatic Brain Injury Model System

https://wexnermedical.osu.edu/neurological-institute/neuroscience-researchinstitute/research-centers/ohio-valley-center-for-brain-injury-prevention-andrehabilitation Ohio Valley Center for Brain Injury Prevention and Rehabilitation 2118 Dodd Hall 480 Medical Center Drive Columbus, OH 43210 Phone: 614-293-3802, 614-293-8879, 711 (TTY) Ohio Valley Center for Brain Injury Prevention and Rehabilitation, part of The Ohio State University Wexner Medical Center's Neurological Institute, conducts research, provides education and develops programs to improve the quality of life of persons who experience traumatic brain injury (TBI). The center serves individuals, families and professionals throughout North America, both as a TBI Model System and as the designated lead agency for the Ohio Brain Injury Program and the Star Behavioral Health Providers program.

Cerebral Palsy

United Cerebral Palsy (UCP)

www.ucp.org 8401 Old Courthouse Road Vienna, VA 22182 Phone: 800-872-5872, 866-827-1692 (Info and Referral) Email: info@ucp.org

Stepping Stones

https://steppingstonesohio.org/ 5650 Given Rd Cincinnati, OH 45243 Phone: 513-831-4660

UCP of Greater Cleveland

http://www.ucpcleveland.org/ Iris S. and Bert L. Wolstein Center 10011 Euclid Avenue Cleveland, OH 44106-4701 Phone: 216-791-8363 Email: info@ucpcleveland.org

Friedreich's Ataxia

National Ataxia Foundation (NAF)

http://www.ataxia.org/ Physical Address: 600 Hwy 169 S, Ste 1725 Minneapolis, MN 55426 Mailing Address: PO Box 27986 Golden Valley, MN 55427 Phone: 763-553-0020 Email: naf@ataxia.org

Central Ohio Area Ataxia Support Group

Sue Moore Phone: 614-395-9933 Email: <u>susanlmoore1@gmail.com</u>

Cincinnati Area Ataxia Support Group

William Vetter Phone: 513-310-7530 Email: <u>wjuniorvet@gmail.com</u> Co-Leader: Maggie Harris Email: <u>fabmaggie@gmail.com</u>

Guillain-Barré Syndrome/CIDP

Guillain-Barré Syndrome/CIDP Foundation International

http://gbs-cidp.org/ Mailing Address: 375 E Elm St Conshohocken, PA 19428 Phone: 610-667-0131, 866-224-3301 (Toll-free) Please contact them for information in your area

Multiple Sclerosis

National Multiple Sclerosis Society (NMSS)

https://www.nationalmssociety.org/ Phone: 800-344-4867

National Multiple Sclerosis Society: Ohio Chapter

https://www.nationalmssociety.org/resources/get-connected/in-your-area/oha Physical Address: Rockside Square II 6133 Rockside Rd, Suite 208 Independence, OH 44131 Mailing Address: PO Box 88540 Carol Stream, IL 60188 Phone: 800-344-4867

Fountain Pointe I 4665 Cornell Rd, Suite 170 Cincinnati, OH 45241

Multiple Sclerosis Association of America: Midwest Regional Office

https://mymsaa.org/publications/improving-lives/offices/ Phone: 800-532-7667 ext 150 Email: Midwest@mymsaa.org

Muscular Dystrophy

Muscular Dystrophy Association

https://www.mda.org/ National Office 1016 W Jackson Blvd, # 1073 Chicago, IL 60607 Phone: 800-572-1717 Email: <u>ResourceCenter@mdausa.org</u> Enter your postal code in the "Find your local MDA" section of the website for MD clinics

in your area.

Post-Polio Syndrome

Post-Polio Health International (PHI)

http://www.post-polio.org 50 Crestwood Executive Center, Suite 440 Saint Louis, MO 63126 Phone: 314-534-0475 https://post-polio.org/wp-content/uploads/2023/09/PDIR-2023.pdf Directory lists Health Professionals, Clinics, and Support Groups by state.

Ohio Polio Network

www.ohiopolionetwork.org Marietta, Ohio Phone: 740-374-0538

Spina Bifida

Spina Bifida Association

http://www.spinabifidaassociation.org 1600 Wilson Blvd, Suite 800 Arlington, VA 22209 Phone: 800-621-3141 Email: <u>sbaa@sbaa.org</u> Please contact them for info in your area

Spina Bifida Association of Northwest Ohio

https://www.facebook.com/groups/65667567525/

Spina Bifida Coalition

https://www.sb-coalition.org/ PO Box 9852 Cincinnati, OH 45209 Phone: 513-923-1378

SBAA Ohio Clinics

www.spinabifidaassociation.org/clinics

Spinal Cord Injury

New Perspective Foundation

https://newperspective.org/ 12850 Highway 9 Suite 600-239 Alpharetta, GA 30004 Email: support@newperspective.org

New Perspective Foundation is a registered 501(c)(3) non-profit organization that helps individuals in Florida, Georgia, or Ohio who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting family and friends with airfare, gasoline, and or

lodging expenses, so they can travel to support the hospitalized individual in his or her time of need.

Northeast Ohio Regional Spinal Cord Injury System

https://msktc.org/sci/model-system-centers/northeast-ohio-regional-spinal-cord-injurysystem 4229 Pearl Road Cleveland, OH 44109 Phone: 216-957-3562

Dodd SCI Peer Support Group

https://unitedspinal.org/group/dodd-sci-peer-support-group/ Dodd Rehabilitation Hospital 480 Medical Center Drive Blue Room Columbus, OH 43210 Phone: 614-408-0085 (Peter Nowell) Email: pnowell264@gmail.com The Dodd SCI Peer Support Group meets on the first Thursday of every month at 4:00 PM.

United Spinal Association: Northeast Ohio Chapter

https://usaneo.org/ Mailing Address: PO Box 44203 Cleveland, OH 44144 Phone: 330-464-9852 Email: <u>unitedspinalneo@gmail.com</u>

United Spinal Association: Northwest Ohio Chapter

www.spinalrap.com 13745 Archbold Whitehouse Rd Swanton, OH Phone: 419-265-2303 (Hank); 419-277-0875 (Cathi) Email: <u>spinalrap@gmail.com</u>

They sustain a supportive community that offers opportunities for individuals with spinal cord injuries and related neurological diseases. They provide emotional support and educational opportunities for individuals with spinal cord injuries and related neurological diseases. They also promote awareness within the medical community about how spinal cord injuries affect patients.

Stroke

American Stroke Association

https://www.stroke.org/

National Center 7272 Greenville Avenue Dallas, TX 75231 Phone: 888-478-7653 Please contact them for the stroke support group in your area

Syringomyelia/Chiari Malformation

American Syringomyelia & Chiari Alliance Project

<u>www.asap.org</u> PO Box 1586 Longview, TX 75606-1586 Phone: 903-236-7079, 800-272-7282 (Toll-free) Email: <u>info@ASAP.org</u>

Transverse Myelitis

Siegel Rare Neuroimmune Association

www.wearesrna.org Physical Address: 1787 Sutter Parkway Powell, OH 43065-8806 Mailing Address: PO Box 826962 Philadelphia, PA 19182-6962 Phone: 855-380-3330 (EST)

General Disability Resources

The Ability Center of Greater Toledo

http://www.abilitycenter.org/ 5605 Monroe Street Sylvania, OH 43560 Phone: 419-885-5733, 866-885-5733 (Toll-free) The Ability Center provides resources for living with disabilities and a variety of programs for assistance such as assistance dogs, housing resources, as well as outreach and education.

Ohio Yellow Pages for Kids with Disabilities

http://www.yellowpagesforkids.com/help/oh.htm

Ohio Developmental Disabilities Council

http://ddc.ohio.gov/ 1810 Sullivant Ave Columbus, OH 43222 Phone: 614-466-5205, 800-766-7426 (Toll-free) Email: ddcinfo@dodd.ohio.gov

Ohio Occupational Therapy Association

http://www.oota.org 4057 Waterford Way Cincinnati, Ohio 45245 Email: <u>ootacert@gmail.com</u>

Ohio Physical Therapy Association

http://www.ohiopt.org/ 128 County Line Rd W, Suite C Westerville, OH 43082-7222 Phone: 614-855-4109 Email: opt@ohiopt.org

Ohio Chapter of Association of People Supporting Employment First

www.apse.org http://www.apse.org/chapters/ohio Email: ohapse@apse.org

Healthboards.com

http://www.healthboards.com/boards/index.php Message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

Sara's Garden

www.sarasgarden.org 620 West Leggett St PO Box 150 Wauseon, OH 43567 Phone: 419-335-7272 Email: <u>info@sarasgarden.org</u> Provides Hyperbaric Oxygenation Therapy

Ohio AIRS

http://www.211ohio.net/ PO Box 46 Youngstown, OH 44501 Phone: 211 An information and referral service.

ThinkFirst National Injury Prevention Foundation

www.thinkfirst.org Phone: 630-961-1400 Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the "Chapter Site" tab. The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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