



# South Africa Disability Resources



## ALS/Motor Neurone

### Motor Neurone Disease/ALS Association of South Africa

<http://www.mnda.org.za/>

P.O. Box 789

Howard Place

Western Cape 7450

South Africa

Tel: +021 531 6130

Email: [mndaofsa@global.co.za](mailto:mndaofsa@global.co.za)

Their mission is to provide the best possible support for people living with Motor Neuron Disease, their families and caregivers, via a support service of both physical

assistance and psychological counselling; To loan patients the equipment required; And to publish a quarterly newsletter for patients, family members, doctors, hospices, therapists and donors.

### **ALS of South Africa**

Dr. A.H. Borowitz  
42 Victoria Street  
Oaklands 2192  
Johannesburg, South Africa

## **Brain Injury**

### **Headway Natal , Kwazulu Natal Head Injuries Association**

<https://headway.org.za/>

11 Menston Road

Dawcliffe,

Westville, 3629

Tel: 031 266 2709

Email: [manager@headway.org.za](mailto:manager@headway.org.za)

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A non-profit rehab center for acquired brain injury and stroke survivors and their families.

## **Cerebral Palsy**

### **The Western Cape Cerebral Palsy Association**

<https://wccpa.org.za/>

11 First Avenue,

Harfield Village

Claremont, 7708

Tel: 021 685 4150

Email: [info@wccpa.org.za](mailto:info@wccpa.org.za)

Their mission is to establish and maintain a non-profit based organization catering for the diagnosis, treatment, care, training and sheltered employment for persons with Cerebral Palsy, to manage clinics, care centers, residences, work centers and places of employment, to promote and assist in research into aspects of Cerebral Palsy, and to provide enlightenment and instruction to the general public on all aspects of Cerebral Palsy.

### **United Cerebral Palsy Association of South Africa**

<http://ucpa.za.org/>

8 North Street cnr Main Street,

Townsvew

Johannesburg, 2190

Tel: 011 435 0386

E-Mail: [info@ucpasa.co.za](mailto:info@ucpasa.co.za)

## Multiple Sclerosis

### Multiple Sclerosis South Africa

<http://www.multiplesclerosis.co.za/>

132 Jan van Riebeeck Crescent

Sandbaai, Hermanus 7200

Tel: (027) 82-550-5486

Email: [info@multiplesclerosis.co.za](mailto:info@multiplesclerosis.co.za)

## Muscular Dystrophy

### Muscular Dystrophy South Africa

<http://www.mdsa.org.za/>

National Office

12 Botes Street,

Florida Park, 1709

Tel: 011 472-9703

Email: [gmnational@mdsa.org.za](mailto:gmnational@mdsa.org.za)

Mission: The Muscular Dystrophy Foundation of South Africa is a non-profit organization that supports people affected by Muscular Dystrophy and Neuromuscular disorders and endeavors to improve the quality of lifestyle of its members

### Cape Branch

3 Wiener Street

Goodwood 7460

Tel: 021 592 7306

Email: [cape@mdsa.org.za](mailto:cape@mdsa.org.za)

### Gauteng Branch

12 Botes Street,

Florida Park, 1709

Tel: 011 472-9824

Email: [mdfgauteng@mdsa.org.za](mailto:mdfgauteng@mdsa.org.za)

### KZN Branch

Office 7,

24 Smotseu Road,

Durban, 4000

Tel: 031 332-0211

Email: [accountskzn@mdsa.org.za](mailto:accountskzn@mdsa.org.za)

## Neurofibromatosis

### South African NF Association

<https://disabilityconnect.co.za/south-african-neurofibromatosis-association-sanfa/>

Contact: Mannie Manim

Director, Baxter Theatre Centre

P O Box 297

Rondebosch  
7701  
Tel: 011-716-4071  
Email: [183man@muse.arts.wits.ac.za](mailto:183man@muse.arts.wits.ac.za)

## **Spinal Cord Injuries**

### **QuadPara Association of South Africa**

<http://www.qasa.co.za/>

17 Hamilton Crescent

Gillitts

Durban

KwaZulu Natal

Tel: 031 767 0352

Email: [info@qasa.co.za](mailto:info@qasa.co.za)

The Association strives to prevent spinal cord injury, as well as protect and promote the interests of people with mobility impairments by formulating a national policy and strategy, to develop and ensure the full potential and quality of their lives.

### **QuadPara Association of Gauteng South**

NG Church, Brackenhurst, Alberton, 1147

Phone: 011 782 7511

Email: [quadgs@icon.co.za](mailto:quadgs@icon.co.za)

### **QuadPara Association of Gauteng North**

10 Bloem St, Pretoria Central, 0002

Phone: 086 219 0263

Email: [manager@qagn.co.za](mailto:manager@qagn.co.za)

### **QuadPara Association of Western Cape**

5 Newhaven St, Durbanville, 7550

Phone: 021 975 6078

Email: [info@qawc.org](mailto:info@qawc.org)

### **QuadPara Association of North West Providence**

18 Yusuf Dadoo, Wilkoppies,

Klerksdorp, 2571

Phone: 018 468 8303

Email: [huisservaas@telkomsa.net](mailto:huisservaas@telkomsa.net)

### **South African Spinal Cord Association**

<http://www.sasca.org.za/>

Postnet Suite 208,

Private Bag X25723,

Monument Park,

0105

Email: [info@sasca.org.za](mailto:info@sasca.org.za)

The aim of SASCA is the study of all problems concerning traumatic and non-traumatic afflictions of the spinal cord and more particularly the advancement in medical and surgical intervention, rehabilitation and social reintegration of the spinal cord paralyzed.

### **Transverse Myelitis**

**Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Association)** Located in the USA, please contact them for TM Support Group in South Africa

[www.wearesrna.org](http://www.wearesrna.org)

### **Amputees**

**South African Orthotic and Prosthetic Association (SAOPA)**

<http://www.saopa.co.za/>

PO Box 27011

Greenacres

Port Elizabeth 6057

Tel.: +27 66 201 3727

Email: [office@saopa.co.za](mailto:office@saopa.co.za)

Orthotists and Prosthetists assist amputees in designing and fitting limbs.

### **Cross Disability**

**Association for the Physically Disabled (Greater Johannesburg)**

<http://apdjhb.co.za/>

Association for the Physically Disabled

On the grounds of Hope School

36 Pallinghurst Road, Westcliff, Johannesburg, 2193

Tel: (011) 646-8331

Email: [comservicesmanager@apdjhb.co.za](mailto:comservicesmanager@apdjhb.co.za)

The Association for the Physically Disabled (APD) is a registered non-profit organization helping people with most forms of physical disability

**Centre for Augmentative and Alternative Communication (CACC)**

<https://www.up.ac.za/centre-for-augmentative-alternative-communication>

University of Pretoria

Private bag X20

Hatfield, 0028

Tel: 012 420 2001

Email: [saak@up.ac.za](mailto:saak@up.ac.za)

Augmentative and alternative communication (AAC) strategies describe the way people supplement their communication when they cannot speak clearly enough to be understood by those around them. These strategies include a wide range of

communication methods ranging from gestures and communication boards to assistive communication device.

### **Endeavor Safaris**

<http://www.endeavour-safaris.com/>

BOTSWANA

Private Bag 206

Maun

Botswana

Tel: +267 6860887

Mobile : +267 71769099

Email: [info@endeavour-safaris.com](mailto:info@endeavour-safaris.com)

Provides tours and safaris for the physically disabled.

### **Epic Enabled**

<http://www.epic-enabled.com/>

PO Box 1991, Sun Valley

Cape Town, 7985, SOUTH AFRICA

Tel: +27 (0)82 460 4733

Mobile: +27 (0)84 229 3230

Email: [info@epic-enabled.com](mailto:info@epic-enabled.com)

Their aim is to provide independent, barrier free and accessible safaris for everybody.

### **Occupational Therapy Association of South Africa**

<http://www.otasa.org.za/>

Hatfield Bridge Office

313 Richard Street,

Hatfield, Pretoria, 0083

Tel: + 27 (0)12 362 5457

Email: [otoffice@otoffice.co.za](mailto:otoffice@otoffice.co.za)

The mission of the Occupational Therapy Association of South Africa is “to be recognized as the organization that represents occupational therapy in South Africa and is committed to the support and development of its members, as well as ensuring that occupational therapy is provided for all those who need the service.”

### **National Council of and for Persons with Disabilities**

<https://ncpd.org.za/>

82 Andries Pretorius Road

Edenvale, Johannesburg, 1609

Tel: +27 11 452 2774

Email: [david@ncpd.org.za](mailto:david@ncpd.org.za)

Their mission is to serve as a pro-active forum for the advancement of persons with physical disabilities and people with hearing loss later in life, to assist them in attaining their maximum level of independence and integration into the community as well as the prevention of the occurrence of disablement.

### **Rachel Swart Fund**

<http://www.rachelswart.org.za/>

116 Van Riebeeck Road

Kuilsriver, 7580

Cape Town, South Africa

Phone: +27 (0)72 158 8543

Email: [info@rachelswart.org.za](mailto:info@rachelswart.org.za)

Provides wheelchairs and devices for specialized postural support.

### **Southern Africa Neurological Rehabilitation Association**

<http://www.sanra.org/>

Email: [sanracommittee@gmail.com](mailto:sanracommittee@gmail.com)

### **Service Dogs**

### **South African Guide-Dogs Association (SAGA)**

<http://www.guidedog.org.za/>

The Gladys Evans Training Centre

126 Wroxham Road, Paulsholf, Sandton, 2191

P.O. Box 67585, Bryanston, 2021

Email: [info@guidedog.org.za](mailto:info@guidedog.org.za) or [fundraising@guidedog.org.za](mailto:fundraising@guidedog.org.za)

SAGA's mission is to enhance the mobility, independence and dignity of blind and partially sighted people and to advocate the recognition and protection of the rights of all persons with disabilities.

### **Riding/Driving**

### **South African Riding for the Disabled Association—Highveld Branch**

<http://www.sarda.co.za/>

SARDA Centre

Brommersvlei Road, Constantia Heights,

Cape Town, 7806

Tel: +27 21 794 4393

Email: [capetown@sarda.co.za](mailto:capetown@sarda.co.za)

### **Sports**

### **South African Disabled Golf Association**

<http://www.sadga.co.za/>

King David Golf Club

80, Palotti Road Montana Cape Town South Africa

Tel.: +27 87 702 1023

Email: [info@sadga.co.za](mailto:info@sadga.co.za)

Their Mission is to encourage every South African with a permanent disability to play golf, promote golf as a viable form of rehabilitation and recreation for the disabled, bring together able and disabled golfers to share their love for the game, in the spirit of friendship and competition, and create public awareness of challenges facing disabled golfers, and to highlight their achievements.

## **South African Sports Association for the Physically Disabled**

<http://www.sasapd.org.za/>

Mandeville Sports Centre

10th Street

Bezuidenhout Valley, JHB

Tel: 087-980-0303

Email: [admin@sasapd.org.za](mailto:admin@sasapd.org.za)

Their mission is to adopt and maintain a professional approach towards the provision of the sporting needs for persons with physical and visual disabilities in South Africa.

### **Magazines**

**Rolling Inspiration**, a quarterly magazine published by the Quadriplegic Association of South Africa.

<http://www.rollinginspiration.co.za/>

6 Du Preeze Road, Elmapark, Edenvale,

Germiston, South Africa, 1609

Email: [rollinginspiration@qasa.co.za](mailto:rollinginspiration@qasa.co.za)

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