



# FLORIDA DISABILITY RESOURCES

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>

<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term

supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **Florida Department of Elder Affairs**

<https://elderaffairs.org/>

4040 Esplanade Way

Tallahassee, FL 32399-7000

Phone: 850-414-2000, 850-414-2001 (TDD)

Email: [information@elderaffairs.org](mailto:information@elderaffairs.org)

### **Aging and Disability Resource Centers Locator**

<https://elderaffairs.org/resource-directory/aging-and-disability-resource-centers-adrcs/>

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

### **City of Jacksonville, Senior Services Division**

<http://www.coj.net/departments/parks-and-recreation/senior-services.aspx>

City Hall at St. James

117 West Duval St

Jacksonville, FL 32202

Phone: 904-255-5400

Email: [adultsvcs@coj.net](mailto:adultsvcs@coj.net)

The Senior Services Division administers community-wide social service programs serving older adults in Jacksonville/Duval County. Services include transportation options as well as independent living services.

## **Animal-Assisted Therapy**

### **Island Dolphin Care**

<http://www.islanddolphinscare.org>

150 Lorelane Place

Key Largo, FL 33037

Phone: 305-451-5884

IDC offers dolphin-assisted therapy programs for children and their families who are dealing with developmental and/or physical disabilities, emotional challenges, and critical, chronic or terminal illness.

### **Dolphin Research Center (DRC)**

<http://www.dolphins.org>

Mailing Address:

58901 Overseas Highway

Grassy Key, FL 33050

Phone: 305-289-1121

Email: [drc@dolphins.org](mailto:drc@dolphins.org)

DRC is a non-profit education and research facility. Its Special Needs Program assists and enables people with various physical or mental challenges, chronic, or life threatening illnesses to participate in any of the public interactive programs they offer.

### **HorsePlay Therapy Center**

<https://horseplaytherapy.org/>

1925 SR 207

St Augustine, FL 32086

Phone: 904-315-8525

This center helps advance development and healing for children with special needs, and for veterans with PTSD and other life-altering injuries, through Hippotherapy and equine therapy.

## **Arts and Creativity**

### **Disabled Drummers Association**

<http://www.disableddrummers.org>

18901 NW 19 Ave

Miami Gardens, FL 33056

Phone: 305-621-9022

Email: [ddafathertime@comcast.net](mailto:ddafathertime@comcast.net)

An organization dedicated to serving drummers with disabilities and helping them to be a part of the music industry.

## **Assistive Technology**

### **Florida Alliance for Assistive Services & Technology, Inc. (FAAST)**

<http://faast.org>

2145 Delta Blvd, Suite 200

Tallahassee, FL 32303

Phone: 844-353-2278 (Toll-free), 877-506-2723 (TTY)

Email: [Info@FAASTinc.org](mailto:Info@FAASTinc.org)

### **Southeast ADA Center**

[www.adasoutheast.org](http://www.adasoutheast.org)

Burton Blatt Institute Lexington

2355 Huguenard Drive, Suite 200  
Lexington, KY 40503  
Phone: 404-541-9001, 800-949-4232 (Toll-free/TTY: Southeast Region only)  
Email: [ADAsoutheast@syr.edu](mailto:ADAsoutheast@syr.edu)  
State ADA Affiliate

### **Boley Centers Inc.**

<http://www.boleycenters.org>

Paula J. Hays Building  
445 31<sup>st</sup> St. North  
St. Petersburg, FL 33713  
Phone: 727-821-4819, 855-552-6539, 727-490-0002 (TTY)  
Email: [info@boleycenters.org](mailto:info@boleycenters.org)

### **Clinics Can Help**

[www.clinicscanhelp.org](http://www.clinicscanhelp.org)

2560 Westgate Ave.  
West Palm Beach, FL 33409  
Phone: 561-640-2995  
Email: [hello@clinicscanhelp.org](mailto:hello@clinicscanhelp.org)

A non-profit organization that collects and lends out medical equipment like walkers, canes, wheelchairs, etc.

## **Caregivers Info**

### **Florida Association of Centers for Independent Living (FACIL)**

[www.FloridaCILs.org](http://www.FloridaCILs.org)

325 John Knox Rd, Bldg. C, Suite 132  
Tallahassee, FL 32303  
Phone: 850-575-6004  
Email: [info@floridacils.org](mailto:info@floridacils.org)

FACIL administers a program called the James Patrick Memorial Work Incentive Personal Attendants Services and Employment Assistance Program (JP-PAS) which gives up to \$1,320 for personal care attendants for people living with severe disabilities who are employed. Program eligibility, the JP-PAS application, and other information can be found at <https://floridacils.org/pca-services-program/>

## **Community-Based Fitness Programs**

### **Brooks Rehabilitation: Neuro Recovery Center (NRC)**

<http://www.brooksrehab.org/outpatient-rehabilitation/neuro-recovery-center/>

3599 University Blvd. South  
Jacksonville FL 32216  
Phone: 904-345-6812

The NRC is a state-of-the-art rehab center featuring advanced equipment and technology to benefit individuals with neurological injuries or illnesses. Available equipment includes

body weight supported treadmill, FES bike, Zero G, upper extremity Bioness, and aquatic therapy.

### **Center of Recovery & Exercise (CORE)**

<http://www.coreflorida.com/>

1191 Commerce Park Drive  
Altamonte Springs, FL 32714  
Phone: 407-951-8936

CORE provides an activity-based training program to optimize health, function and independence for those living with paralysis.

### **Central Florida Dreamplex**

[www.cfldreamplex.com](http://www.cfldreamplex.com)

Clermont Location:  
2400 S Highway 27, Suite B201  
Clermont, FL 34711  
Orlando Location:  
5165 Adanson Street  
Orlando, FL 32804  
Phone: 352-394-0212  
Email: [info@cfldreamplex.com](mailto:info@cfldreamplex.com)

The Central Florida Dreamplex is a center for fitness, recreation, and sports designed specifically for individuals with physical and/or cognitive disabilities. Their programs include traditional and recreational therapies, adaptive sports, and group fitness classes for the whole family. The facility houses an accessible and adaptive fitness center, after-school care and school break camps, and social programming throughout each month. Members, patients, and visitors to the facility represent a diverse list of disabilities, including Autism Spectrum Disorder, Down Syndrome, Sensory Processing Disorder, Cerebral Palsy, muscular dystrophy, spina bifida, spinal cord injury, traumatic brain injury, amputees, visual impairments, and other learning and intellectual disabilities.

### **NextStep Orlando**

<http://www.nextstepfitness.org/about-nextstep-orl/>

277 Douglas Ave., Suite 1006  
Altamonte Springs, FL 32714  
Phone: 407-571-9974  
Email: [liza@nextsteporlando.org](mailto:liza@nextsteporlando.org)

NextStep Orlando exists to provide those living with a spinal cord injury the opportunity to achieve their greatest recovery potential and an overall increased quality of life. This is achieved with an innovative, specialized exercise-based recovery program and dedicated staff in an environment filled with support, hope, and motivation.

### **Stay In Step**

[www.stayinstep.org](http://www.stayinstep.org)

13085 Telecom Pkwy N  
Temple Terrace, FL 33637  
Phone: 813-977-7999

A non-profit organization which runs an SCI recovery center.

## **Community Health Centers**

### **Florida Association of Community Health Centers**

[www.fachc.org](http://www.fachc.org)

2340 Hansen Lane

Tallahassee, FL 32301

Phone: 850-942-1822

Email: [info@fachc.org](mailto:info@fachc.org)

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

### **Health Resources and Services Administration (HRSA): Find a Health Center**

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## **Crime Victim Assistance**

### **Florida Attorney General: Crime Victims' Services**

<https://www.myfloridalegal.com/crime-victims-services/crime-victims-services>

PL-01, The Capitol

Tallahassee, FL 32399-1050

Phone: 850-414-3300, 866-966-7226 (Toll-free), 800-955-8771 (Relay/TDD)

## **Domestic Violence Help**

### **National Domestic Violence Hotline**

<http://www.thehotline.org>

Phone: 800-799-7233 (Toll-free), 800-787-3224 (TTY)

### **Florida Domestic Violence Statewide Hotline: 800-500-1119; Florida Relay 711**

<https://www.myflfamilies.com/services/abuse/domestic-violence>

### **Women in Distress of Broward County**

<http://www.womenindistress.org/>

PO Box 50187

Lighthouse Point, FL 33074

Phone: 954-760-9800, 954-761-1133 (24 hour Crisis Line), 711 (TTY/TDD)

Email: [info@womenindistress.org](mailto:info@womenindistress.org)

Women in Distress offers a 24-hour crisis line, emergency shelter program, individual counseling, and support groups to women who are victims of domestic abuse. This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

### **Florida Dept. of Children and Families: Office of Domestic Violence**

<https://www.myflfamilies.com/services/abuse/domestic-violence>

Phone: 800-500-1119

## **Easter Seals Offices**

### **Easterseals Florida**

<http://fl.easterseals.com>

2010 Crosby Way

Winter Park, FL 32792

Phone: 407-629-7881

Easterseals offers services to children and adults with disabilities and special needs. The programs Easterseals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location. Please see the site for their local offices.

### **Easterseals Southwest Florida**

<http://easterseals-swfl.org/>

350 Braden Avenue

Sarasota, FL 34243

Phone: 941-355-7637

Easterseals Southwest Florida offers the highest quality of care and services to children, youth and adults with special needs so that they can enjoy access, opportunities and increased life choices.

## **Government Offices**

### **Florida State Website**

<http://myflorida.com/>

### **Florida Endowment Foundation for Vocational Rehabilitation (Able Trust)**

<http://www.abletrust.org>

1709 Hermitage Blvd, Suite 100

Tallahassee, FL 32308

Phone: 850-224-4493

Email: [info@abletrust.org](mailto:info@abletrust.org)

### **Florida Commission on Human Relations**

<https://fchr.myflorida.com/>

4075 Esplanade Way, Room 110  
Tallahassee, FL 32399  
Phone: 850-488-7082, 800-342-8170 (Toll-free), 711 (Relay)  
Email: [fchrinfo@fchr.myflorida.com](mailto:fchrinfo@fchr.myflorida.com)

The Commission is the state agency charged with enforcing the state's civil rights laws and serves as a resource on human relations for the people of Florida.

### **Florida Division of Vocational Rehabilitation**

<http://www.rehabworks.org/>

Headquarters  
325 W. Gaines St, Suite 1144  
Tallahassee, FL 32399-0400  
Phone: 850-245-3399, 800-451-4327 (Toll-free)

### **Florida Medicaid Office**

<http://ahca.myflorida.com/Medicaid/index.shtml>

Agency for Health Care Administration of Florida  
2727 Mahan Dr  
Mail Stop #8  
Tallahassee, FL 32308  
Phone: 850-412-4000  
Email: [FLMedicaidManagedCare@ahca.myflorida.com](mailto:FLMedicaidManagedCare@ahca.myflorida.com)

### **Florida KidCare**

[www.floridakidcare.org](http://www.floridakidcare.org)

Agency for Healthcare Administration  
Phone: 888-540-5437, 800-955-8771 (TTY)  
Florida KidCare (the state's CHIP program) offers health insurance to low-income, uninsured children from birth through age 18, even if one or both parents are working.

### **Florida SHIP (State Health Insurance Assistance Program)**

#### **SHINE (Serving Health Insurance Needs of Elders)**

<http://www.floridashine.org/>

Florida Department of Elder Affairs  
4040 Esplanade Way, Suite 270  
Tallahassee, FL 32399-7000  
Phone: 800-963-5337 (Toll-free), 800-955-8770 (TDD/TTY)  
Email: [information@elderaffairs.org](mailto:information@elderaffairs.org)

SHINE is a state health insurance assistance program for elder Floridians. It provides educational materials and free unbiased insurance counseling to help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, prescription assistance, long-term care planning and insurance, and other health care issues.

### **Florida Agency for Health Care Administration**

<https://ahca.myflorida.com/>

Mailing Address:



2727 Mahan Drive

Tallahassee, FL 32308

Phone: 888-419-3456 (Toll-free), 800-955-8771 (Florida Relay Service TDD)

The Agency is responsible for the administration of the Medicaid program, for the licensure and regulation of health facilities and for providing information to Floridians about the quality of the health care they receive in Florida.

### **Florida Division of Workers' Compensation**

<http://www.myfloridacfo.com/division/wc/>

200 East Gaines Street

Tallahassee, FL 32399-4220

Phone: 800-342-1741

Email: [Workers.CompService@myfloridacfo.com](mailto:Workers.CompService@myfloridacfo.com)

### **Florida Office of Insurance Regulation**

<https://floir.com/home>

200 East Gaines Street

Tallahassee, FL 32399

Phone: 850-413-3140 (Consumer Helpline)

Email: [Consumer.Services@Myfloridacfo.com](mailto:Consumer.Services@Myfloridacfo.com)

### **Florida Insurance Consumer Advocate**

<https://www.myfloridacfo.com/division/ica/>

200 East Gaines St

Tallahassee, FL 32399

Phone: 850-413-5923, 877-693-5236 (In-State Consumer Helpline)

Email: [YourFLVoice@MyFloridaCFO.com](mailto:YourFLVoice@MyFloridaCFO.com)

### **Florida Commission for the Transportation Disadvantaged**

[www.dot.state.fl.us/ctd](http://www.dot.state.fl.us/ctd)

605 Suwannee St, MS-49

Tallahassee, FL 32399

Phone: 850-410-5700, 800-983-2435 (Toll-free)

Email: [CTDOmbudsman@dot.state.fl.us](mailto:CTDOmbudsman@dot.state.fl.us)

Assists people with disabilities with transportation issues.

### **SunPass Prepaid Toll Program**

<http://www.sunpass.com/>

Physical Location:

Boca Raton Walk-In Center

7941 Glades Rd

Boca Raton, FL 33434

Mailing Address:

Florida Department of Transportation/SunPass

PO Box 447

Ocoee, FL 34761

Phone: 888-865-5352

A program that assists the disabled to pay the tolls on Florida highways which accept SunPass. Applications may be obtained from the Florida Commission for the Transportation Disadvantaged.

### **State Long-Term Care (LTC) Ombudsman Program**

<https://ombudsman.elderaffairs.org/>

4040 Esplanade Way, Suite 380

Tallahassee, FL 32399-7000

Phone: 850-414-2323, 888-831-0404 (Toll-free)

Email: [LTCOPinformer@elderaffairs.org](mailto:LTCOPinformer@elderaffairs.org)

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

### **City of Jacksonville, Disabled Services Division**

<http://www.coj.net/departments/parks-and-recreation/disabled-services>

117 W. Duval St, Suite 205

Jacksonville, FL 32202

Phone: 904-255-5466, 904-255-5475 (TTY)

Email: [DisabledServices@coj.net](mailto:DisabledServices@coj.net)

DSD offers services such as monitoring of the ADA, disabled parking enforcement, and sensitivity training as well as resources and information on local transportation, employment and recreation.

## **Housing**

### **U.S. Dept. of Housing and Urban Development (HUD)**

[www.hud.gov](http://www.hud.gov)

451 7th Street, S.W.

Washington, DC 20410

Phone: 202-708-1112, 202-708-1455 (TTY)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here:

[https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

### **Florida Health Finder**

<http://www.floridahealthfinder.gov/LandingPages/NursingHomeGuide.aspx>

Florida Nursing Home Guide - Facility Search

### **211**

[www.211.org](http://www.211.org)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

## **Independent Living**

### **ILRU: State Independent Living Councils (SILCs)**

#### **Florida State Independent Living Council**

<http://www.ilru.org/projects/silc-net/silc-directory>

<http://www.floridasilc.org/>

1882 Capital Circle NE

Suite 202

Tallahassee, FL 32308

Phone: 850-488-5624, 877-822-1993 (Toll-free), 850-488-5624 (TTY)

Email: [info@floridasilc.org](mailto:info@floridasilc.org)

### **Independent Living Research Utilization's Directory of Independent Living Centers**

<http://www.ilru.org>

### **National Council on Independent Living (NCIL)**

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334, 844-778-7961(Toll-free)

Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

### **Disability Achievement Center for Independent Living**

<http://www.mydacil.org/>

12552 Belcher Rd S.

Largo, FL 33773

Phone: 727-539-7550

Email: [info@mydacil.org](mailto:info@mydacil.org)

Since 1992, Disability Achievement Center for Independent Living has been serving people of all ages with disabilities in Pinellas and Pasco Counties. They are a not for profit, non-residential resource center that serves people with all types of disabilities and their families at all stages of life. They provide information & referral, independent living skills, peer mentoring, advocacy and transition services as well as durable medical equipment and home modifications.

### **Self-Reliance, Inc. Center for Independent Living**

<http://self-reliance.org/>

8901 N. Armenia Ave

Tampa, FL 33604

Phone: 813-375-3965, 813-402-0330 (Videophone)

Email: [gmartoccio@self-reliance.org](mailto:gmartoccio@self-reliance.org)

Self Reliance, Inc. Center for Independent Living (CIL) is a nonprofit 501(c)(3) organization established in 1978. Our mission is to promote independence through empowering persons with disabilities and improving the communities in which we live. Self Reliance is a cross disability agency providing services to both children and adults with disabilities (regardless of age and type of disability) to identify and overcome barriers to independence in their lives. Self Reliance is one of 16 Centers for Independent Living (CILs) statewide and is a member of the Florida Association of Centers for Independent Living (FACIL).

### **Library Services**

#### **Florida Division of Blind Services: Bureau of Braille and Talking Books Library\**

<http://dbs.myflorida.com/Library/index.html>

Physical Address:

325 West Gaines Street

Turlington Building, Suite 1114

Tallahassee, FL 32399-0400

Mailing Address:

421 Platt Street

Daytona Beach, FL 32114-2803

Phone: 800-226-6075 (Toll-free), 386-239-6000

Email: [OPAC\\_librarian@dbs.fl DOE.org](mailto:OPAC_librarian@dbs.fl DOE.org)

Materials can be used by those with physical disabilities also.

### **NeuroRecovery Network (NRN)**

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

## Peer Support Programs

### **Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)**

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: [Peer@ChristopherReeve.org](mailto:Peer@ChristopherReeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## Protection and Advocacy

### **Disability Rights Florida**

<http://www.disabilityrightsflorida.org/>

Mailing Address:

2473 Care Drive, Suite 200

Tallahassee, FL 32308

Phone: 850-488-9071, 800-342-0823 (Toll-free), 800-346-4127 (TDD)

### **Legal Services of North Florida**

<http://lsnf.org/>

2119 Delta Blvd

Tallahassee, FL 32303

Phone: 850-385-9007

LSNF offers direct representation, telephone advice programs, and legal clinics for income-eligible people.

## Service Dogs

### **Canine Companions: Southeast Training Center**

<https://canine.org/>

8150 Clarcona Ocoee Rd

Orlando, FL 32818

Phone: 407-522-3300, 800-572-2275 (Toll-free)

Service, Hearing, Social/Therapy Dogs

### **K9s for Warriors**

<http://www.k9sforwarriors.org/>

114 Camp K9 Rd  
Ponte Vedra, FL 32081  
Phone: 904-686-1956, 888-819-0112 (Toll-Free)  
Email: [info@k9sforwarriors.org](mailto:info@k9sforwarriors.org)

K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

### **New Horizons Service Dogs, Inc**

<http://www.newhorizonsservicedogs.org/>

1590 Laurel Park Ct.  
Orange City, FL 32763  
Phone: 386-456-0408  
Email: [info@nhsvdi.org](mailto:info@nhsvdi.org)

Dogs trained: Service, Mobility Assistance

## **Sports and Recreation**

### **8 Flags Playscapes, Inc**

<http://8flagsplayscapes.org/>

Mailing Address:

PO Box 15158  
Fernandina Beach, FL 32035  
Email: [8flagsplayscapes@gmail.com](mailto:8flagsplayscapes@gmail.com)

8 Flags Playscapes, Inc is dedicated to building places that are fun for everyone in the form of accessible playgrounds.

### **Access the Sea**

<https://www.accessthesea.org/>

10231 Hunt Club Lane  
Palm Beach Gardens, FL 33418  
Email: [accessthesea2@gmail.com](mailto:accessthesea2@gmail.com)

Access the Sea takes people with disabilities out on the intracoastal waterways in an accessible catamaran for a four-hour boat trip with fishing included.

### **Active Disabled Americans**

<https://activedisabledamericans.org/>

81576 Overseas Highway  
Islamorada, Florida 33037  
Phone: 305-451-2102

Active Disabled Americans is a charter, tour, and cruise operation that caters to people with disabilities.

### **Brooks Rehabilitation Adaptive Sports and Recreation Program**

<https://brooksadaptivesportsandrecreation.com>

3599 University Blvd South, Suite 1103  
Jacksonville, FL 32216

Phone: 904-345-7314

Email: [adaptivesports@brooksrehab.org](mailto:adaptivesports@brooksrehab.org)

The program provides a variety of weekly activities as well as sponsoring educational clinics and sporting event competitions with athletes holding national and world champion titles and Paralympic status. All ages and abilities welcome. Individuals may choose to participate at a recreational or competitive level.

### **Broward County Parks and Recreation Division**

[www.broward.org/parks](http://www.broward.org/parks)

950 NW 38<sup>th</sup> St

Oakland Park, FL 33309

Phone: 954-357-8100 ext. 0, 954-357-8170

Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)

See the Special Populations Section.

### **Endless Possibilities for the Disabled, Inc**

<https://endlesspossibilitiespbc.org/>

CMAA Lake Worth Therapeutic Recreation Complex

2728 Lake Worth Road

Lake Worth, FL 33461

Phone: 561-966-7088

Email: [endlesspossibilitiesPBC@gmail.com](mailto:endlesspossibilitiesPBC@gmail.com)

Endless Possibilities for the Disabled, Inc is a 501(c)(3) organization that provide adapted sports and recreation for persons with physical disabilities. Their goal is to improve the physical and emotional health and lives of persons with physical disabilities by providing social experiences through sports and recreation. Recreation provides members with opportunities for socialization, teamwork and a sense of pride. Belonging and accomplishment helps improve morale and a sense of well-being. The physical training involved with recreation help to maintain or improve health of those individuals with a physical disability.

### **SportsAbility Alliance (Formerly Florida Disabled Outdoors Association)**

<http://www.fdoa.org/>

3035 Eliza Road

Tallahassee, FL 32308

Phone: 850-201-2944

SportsAbility Alliance is a non-profit organization whose mission is to enrich lives through accessible inclusive recreation for all.

### **Goodwill Industries of Southwest Florida, Inc**

<https://goodwillswfl.org/>

Goodwill Opportunity Center

5100 Tice St.

Ft. Myers, Florida 33905

Phone: 239-995-2106

Goodwill Industries of Southwest Florida's Mission is to provide programs and services for people with disabilities and other barriers to employment. Trailways Camp provides

camping experiences for adults with disabilities in Southwest Florida. Goodwill Industries of Southwest Florida, Inc. has been the service provider for the Trailways Camps since October 2012 and serves 60 campers annually at our overnight camping sessions. Campers enjoy fishing, canoeing, arts and crafts, swimming, campfires, nature walks, and much more at Trailways Camp.

### **Lee County Parks and Recreation**

<http://www.leeparks.org/>

Terry Park

3410 Palm Beach Blvd

Fort Myers, FL 33916

Phone: 239-533-7275

Email: [leeparks@leegov.com](mailto:leeparks@leegov.com)

Click on Programs, then ADA Accessibility or Special Needs Camps

### **Miracle League of Palm Beach County**

<http://miracleleaguepalmbeachcounty.com/>

Mailing Address:

PO Box 7211

Delray Beach, FL 33482

Phone: 561-414-4441

Email: [coachkadel@gmail.com](mailto:coachkadel@gmail.com)

The Miracle League's mission is to provide opportunities for all children to play baseball regardless of their ability. For over 10 years, the Miracle League Association has made it possible for children all over the country with physical and mental disabilities to achieve the same dream as their healthy peers - to play ball.

### **Hillsborough County Parks & Recreation**

<https://www.hillsboroughcounty.org/en/government/departments/parks>

HC Adaptive Sports Program

6105 E Sligh Ave

Tampa, FL 33617

Phone: 813-744-5595, 813-416-0467

HC Adaptive Sports provides year-round sports and recreation programs that promote physical activity, healthy lifestyles, and recreational and competitive sports opportunities for area children and adults with physical disabilities.

### **Sabrina Cohen Foundation (SCF)**

<https://sabinacohenfoundation.org/>

Phone: 305-968-8024

Email: [Sabrina@sabinacohenfoundation.org](mailto:Sabrina@sabinacohenfoundation.org)

Today, SCF's mission revolves around the foundation's largest undertaking to date – a partnership with the City of Miami Beach that includes multiple initiatives to provide disabled individuals, veterans, children with special needs and the elderly the same perks of living in South Florida as everyone else – Access to the beach and ocean.

### **Shake-A-Leg Miami**



[www.shakealegmiami.org](http://www.shakealegmiami.org)

2620 South Bayshore Drive

Coconut Grove, FL

Phone: 305-858-5550

Shake a Leg Miami's mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

### **ThumbsUp International**

[www.ThumbsUpIntl.org](http://www.ThumbsUpIntl.org)

Email: [thumbsupintl@gmail.com](mailto:thumbsupintl@gmail.com)

ThumbsUp pairs able bodied volunteers with wheelchair racers so that they can participate in races.

### **UCanSki 2**

<http://ucanski2.com/>

A water skiing program for people with disabilities.

### **Walk on Water Ministries**

<http://walkonwaterhorses.com>

3330 Perkinson Lane

Merritt Island, FL 32953

Phone: 321-412-8057

Email: [praisedancer.bryan426@gmail.com](mailto:praisedancer.bryan426@gmail.com)

Our mission is to provide a place where individuals with special needs, at risk individuals, veterans, and their families can come to gain the health benefits of interacting with horses and other animals, develop responsibilities through encouragement, and heal through serving.

### **USA Adaptive Water Ski & Wake Sports Inc**

<https://www.usaadaptivewaterski.org/>

Phone: 863-324-4341

Email: [memberservices@usawaterski.org](mailto:memberservices@usawaterski.org)

### **W.A.V.E.S. (Wheelchairs and Veterans Enjoying Summer, Inc)**

<http://www.kipsboat.org>

Phone: 631-495-6105

Email: [kipsboat@msn.com](mailto:kipsboat@msn.com)

Offers free fishing and boating to children and adults with physical and mental challenges. They operate in in Stuart, FL from November to May.

## **United Way Offices**

### **United Way National Headquarters**

<http://www.unitedway.org>

Mailing Address:

United Way Worldwide

701 North Fairfax Street  
Alexandria, VA 22314  
Phone: 703-836-7112

Enter postal code for a United Way office in your area  
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

## **Veterans Benefits**

### **US Department of Veterans Affairs VA Facility Locator**

<https://www.va.gov/directory/guide/home.asp>

Click on state of Florida.

### **Wounded Warriors Abilities Ranch**

<https://woundedwarriorsabilitiesranch.org/>

P.O. Box 1035  
Pinellas Park, FL 33780  
Phone: 727-234-5709

Email: [wwaranch@gmail.com](mailto:wwaranch@gmail.com)

This non-profit provides veterans a safe and accessible environment for various recreational activities. Some of these activities include fishing, basketball, softball, rugby, music events, and more.

## **VA National Service Offices:**

### **Miami VA Healthcare System**

Bruce W Carter Dept of VA Medical Center  
1201 NW 16<sup>th</sup> St  
Miami, FL 33125-1624  
Phone: 305-575-7000

### **Lake City VA Medical Center**

619 S. Marion Ave  
Lake City, FL 32025-5808  
Phone: 386-755-3016

### **Orlando VA Medical System**

13800 Veterans Way  
Orlando, FL 32827-5812  
Phone: 407-631-1000

### **James A. Haley Veterans' Hospital**

13000 Bruce B. Downs Blvd  
Tampa, FL 33612-4745  
Phone: 813-972-2000

## **Paralyzed Veterans of America offices – Florida**

<https://pva.org>

### **Florida Chapter**

<http://www.pvaf.org>

3799 N. Andrews Avenue

Oakland Park, FL 33309

Phone: 754-702-4199

Newsletter: The Sunshine Spokesman

### **Central Florida Chapter**

<https://pvacf.org/>

2711 South Design Court

Sanford, FL 32773

Phone: 407-328-7041

Email: [office@pvacf.org](mailto:office@pvacf.org)

### **Florida Gulf Coast Chapter**

<https://floridagulfcoastpva.org/>

15435 N. Florida Ave

Tampa, FL 33613

Phone: 813-264-1111

## **ALS**

### **ALS Association Florida Chapter**

[http://webfl.alsa.org/site/PageServer?pagename=FL\\_homepage](http://webfl.alsa.org/site/PageServer?pagename=FL_homepage)

501 E. Kennedy Blvd, Suite 1400

Tampa, FL 33602

Phone: 813-637-9000, 888-257-1717 (Toll-free)

Email: [infofl@als.org](mailto:infofl@als.org)

*Contact for Support Groups in your area*

### **ALS Recovery Fund**

[www.alsrecovery.org](http://www.alsrecovery.org)

Mailing Address:

One Grove Isle Drive, #1602

Coconut Grove, FL 33133

Phone: 305-971-5416

Email: [info@alsrecovery.org](mailto:info@alsrecovery.org)

The ALS Recovery Fund is a 501(c)(3) non-profit charitable organization that is committed to creating public awareness, promoting research and education, and raising funds for patient care and research in order to find a cure for this life threatening disease. The ALS Recovery Fund seeks to aid families impacted by ALS by providing financial assistance to those in need of equipment and/or supplies. The Patient Care Fund is available to all residents of Miami-Dade, Broward, Monroe and Palm Beach County diagnosed with ALS.

## **ALS Center at the University of Miami**

<http://miami-als.org/>

Professional Arts Center Building

Medical Campus

1150 NW 14th Street, Suite 609

Miami, FL 33136

Phone: 800-690-2571 (Toll-free), 305-243-7400

Email: [ALSClinic@med.miami.edu](mailto:ALSClinic@med.miami.edu)

## **Brain Injury**

### **Brain Injury Florida**

<https://www.braininjuryfl.org/>

19321 US HWY 19 North, Suite 307

Clearwater, FL 33764

Phone: 703-761-0750, 800-444-6443 (Brain injury Info Line)

Email: [info@braininjuryfl.org](mailto:info@braininjuryfl.org)

### **Miami Jewish Health**

<https://www.miamijewishhealth.org/>

5200 NE 2<sup>nd</sup> Ave

Miami, FL 33137

Phone: 305-751-8626

MJHH has been designated by the state of Florida as its first brain and spinal cord injury ventilator dependent rehabilitation program. The Brucker Biofeedback Center treats patients with damage to their central nervous system including people with spinal cord injury, brain injury and stroke.

### **WellFlorida Council**

<http://www.wellflorida.org>

1785 NW 80th Blvd

Gainesville, FL 32606

Phone: 352-313-6500

Email: [info@WellFlorida.org](mailto:info@WellFlorida.org)

Has a state-wide project on traumatic brain injury.

## **Cerebral Palsy**

### **United Cerebral Palsy National Headquarters**

<http://www.ucp.org/>

8401 Old Courthouse Rd

Vienna, VA 22182

Phone: 202-776-0406, 800-872-5827

Email: [info@ucp.org](mailto:info@ucp.org)

## **UCP chapters in Florida**

### **UCP of Central Florida**

<https://www.ucpcf.org>

4780 Data Court

Orlando, FL 32817

Phone: 407-852-3300

Email: [info@ucpcf.com](mailto:info@ucpcf.com)

### **United Community Options of South Florida**

<http://www.unitedcommunityoptionssfl.org/>

2700 W. 81<sup>st</sup> Street

Hialeah, FL 33016

Phone: 786-785-4706

Email: [ucoinfo@uco-ucpsfl.org](mailto:ucoinfo@uco-ucpsfl.org)

### **Friedreich's Ataxia**

#### **National Ataxia Foundation (NAF) National Office**

<http://www.ataxia.org/>

Physical Address:

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Mailing Address:

PO Box 27986

Golden Valley, MN 55427

Phone: 763-553-0020

Email: [naf@ataxia.org](mailto:naf@ataxia.org)

#### **Central Florida Ataxia Support Group**

<https://www.facebook.com/groups/267918490537236/>

#### **Greater Jax Support Group**

Becky Farinella

Email: [fourfarinellas@comcast.net](mailto:fourfarinellas@comcast.net)

Wendy Everts

Email: [wendyeverts28@gmail.com](mailto:wendyeverts28@gmail.com)

#### **Tampa Bay Support Group**

Darlene Harris

Tampa, FL

Phone: 813-431-2859

Email: [Msdee004@gmail.com](mailto:Msdee004@gmail.com)

Janet Colon

Tampa Bay, FL

Email: [colonjanet@yahoo.com](mailto:colonjanet@yahoo.com)

#### **Treasure Coast Support Group**

Lisa Cole

Port St. Lucie, FL

Phone: 772-370-3041  
Email: [lisacoleataxia@gmail.com](mailto:lisacoleataxia@gmail.com)

## **Florida Birth-Related Neurological Injury Compensation Association (NICA)**

<http://www.nica.com/>

Mailing Address:

Post Office Box 14567

Tallahassee, FL 32317-4567

Phone: 850-488-8191, 800-398-2129 (Toll-free)

Email: [info@nica.com](mailto:info@nica.com)

NICA was created by the Florida Legislature in 1988. NICA is a statutory organization that manages the Florida Birth Related Neurological Injury Compensation Plan ("Plan") used to pay for the care of infants born with certain neurological injuries. This Plan is available to eligible families statewide without litigation. Cerebral palsy is among one of the conditions that NICA may cover.

## **Guillain-Barré Syndrome / CIDP**

### **Guillain-Barré Syndrome/CIDP Foundation International**

<http://gbs-cidp.org/>

375 East Elm St, Suite 101

Conshohocken, PA 19428

Phone: 610-667-0131, 866-224-3301 (Toll-free North America)

Call for information in your area

## **Multiple Sclerosis**

### **National Multiple Sclerosis Society chapters:**

#### **Mid-South Florida National MS Society Chapter**

<http://www.nationalmssociety.org/flc>

Physical Address:

3250 W. Commercial Blvd

Suite 340

Fort Lauderdale, FL 33309

Mailing Address:

PO Box 289

Canton, MA 02021

Phone: 800-344-4867 (Toll-Free)

#### **North Florida National MS Society Chapter**

<http://www.nationalmssociety.org/FLN>

Physical Address:

8940 Western Way, Suite 16

Jacksonville, FL 32256

Mailing Address:

PO Box 289

Canton, MA 02021  
Phone: 800-344-4867 (Toll-Free)

### **Multiple Sclerosis Association of America**

<http://www.mymsaa.org/>

National Headquarters  
375 Kings Highway North, Suite B  
Cherry Hill, NJ 08034  
Phone: 800-532-7667  
Email: [msaa@mymsaa.org](mailto:msaa@mymsaa.org)

### **MSAA Southeast Regional Office**

<https://mymsaa.org/publications/improving-lives/offices/>

Phone: 800-532-7667, ext. 160  
Email: [southeast@mymsaa.org](mailto:southeast@mymsaa.org)

## **Muscular Dystrophy**

### **Muscular Dystrophy Association**

<https://www.mda.org>

1016 W Jackson Blvd #1073

Chicago, IL 60607

Phone: 800-572-1717

Email: [resourcecenter@mdausa.org](mailto:resourcecenter@mdausa.org)

Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

## **Post-Polio Syndrome**

### **Post-Polio Health International (PHI)**

[www.post-polio.org](http://www.post-polio.org)

50 Crestwood Executive Center, Suite 440

Saint Louis, MO 63126

Phone: 314-534-0475

Directory lists Health Professionals, Clinics, and Support Groups by state:

<https://post-polio.org/wp-content/uploads/2023/09/PDIR-2023.pdf>

## **Spina Bifida**

### **Spina Bifida Association**

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd, Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

Please contact them for info in your area

## Florida SBA Clinics

### Johns Hopkins All Children's Hospital

<https://www.hopkinsmedicine.org/all-childrens-hospital/services/institute-brain-protection-sciences/programs-and-services/pediatric-neurosurgery/spina-bifida-clinic>

Institute for Brain Protection Sciences

501 6<sup>th</sup> Avenue South St.

Petersburg, FL 33701

Phone: 727-898-7451, 800-456-4543 (Toll Free)

### Nemours Children's Hospital

<http://www.nemours.org/welcome.html>

6535 Nemours Parkway

Orlando, FL 32827

Phone: 407-650-7715

### Arnold Palmer Hospital for Children

<https://www.arnoldpalmerhospital.com/>

60 W. Gore Street

Orlando, FL 32806

Phone: 407-649-9111

### UHealth Jackson: Children's Care

<https://pediatrics.jacksonhealth.org/service/comprehensive-spina-bifida/>

Jackson Memorial Hospital

1080 N.W. 19<sup>th</sup> St.

Batchelor Center of Urology

Central Building, Suite 150

Miami, FL 33136

Phone: 305-585-3627

Email: [holtz.spinabifida@jhsmiami.org](mailto:holtz.spinabifida@jhsmiami.org)

## Florida SBA Chapters:

### SBA of Central Florida

<http://www.sbacentralflorida.org>

1001 N. Orange Ave

Orlando, FL 32801

Phone: 407-248-9210

Email: [CONTACT@SBACENTRALFLORIDA.ORG](mailto:CONTACT@SBACENTRALFLORIDA.ORG)

### SBA of Jacksonville

<http://spinabifidajax.org>

2970 Mercury Road

Jacksonville, FL 32207

Phone: 904-699-9886



## Spinal Cord Injury

### **Brain and Spinal Cord Injury Program Resource Center**

<http://bscipresourcecenter.org/>

Mailing Address:

3491 Gandy Blvd, Suite 209

Pinellas Park, FL 33781

Phone: 866-313-2940 (Toll-Free), 813-574-5091, 813-574-5092

Email: [BSCIPResourceCenter@flhealth.gov](mailto:BSCIPResourceCenter@flhealth.gov)

### **Miami Project to Cure Paralysis**

<https://www.themiamiproject.org/>

1095 NW 14<sup>th</sup> Terrace

Lois Pope LIFE Center

Miami, FL 33136

Phone: 305-243-6001, 800-782-6387

Email: [miamiproject@miami.edu](mailto:miamiproject@miami.edu)

The Miami Project is the world's largest comprehensive spinal cord injury research center, dedicated to finding more effective treatments and a cure for paralysis.

### **South Florida Spinal Cord Injury Model System**

<http://scimiami.med.miami.edu/>

South Florida SCI Model Systems

### **Florida Department of Health: Brain and Spinal Cord Injury Program**

<https://www.floridahealth.gov/provider-and-partner-resources/brain-and-spinal-cord-injury-program/index.html>

Mailing Address:

4052 Bald Cypress Way, Bin C25

Tallahassee, FL 32399

Phone: 850-245-4045, 800-342-0778 (Toll-Free)

Email: [DEMO.BSCIP@flhealth.gov](mailto:DEMO.BSCIP@flhealth.gov)

### **United Spinal Association: Chapter Finder**

<http://www.spinalcord.org/chapters/directory/>

### **United Spinal Association's Greater Orlando Chapter**

<https://unitedspinal.org/chapter/greater-orlando-chapter-of-united-spinal-association/>

Mailing Address:

1070 Montgomery Rd, #2116

Altamonte Springs, FL 32714

Phone: 888-265-4890

Email: [info@goscin.org](mailto:info@goscin.org)

### **Other Regional Support Groups:**

#### **Greater Orlando Spinal Cord Injury Network**

<https://goscin.org/>

**Mailing Address:**

1070 Montgomery Road, #2116

Altamonte Springs, FL 32714

Phone: 888-265-4890

Email: [info@goscin.org](mailto:info@goscin.org)

Meetings are held at different locations. GOSCIN is a group for persons with SCI in the Orlando area. Their mission is to serve the needs of people with SCIs in employment, adaptive sports, recreation, social functions, networking, outreach, SCI prevention, and guest speakers for the group.

**WellFlorida Council**

<http://www.wellflorida.org/>

1785 NW 80<sup>th</sup> Blvd

Gainesville, FL 32606

Phone: 352-313-6500

Email: [info@WellFlorida.org](mailto:info@WellFlorida.org)

Click on Resources to see report on spinal cord injury in Florida

**New Perspective Foundation**

<https://newperspective.org>

12850 Highway 9

Suite 600-239

Alpharetta, GA 30004

Email: [support@newperspective.org](mailto:support@newperspective.org)

New Perspective Foundation is a registered 501 (c) (3) non-profit organization that helps individuals in Georgia, Ohio and Florida who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting their family and friends with airfare, gasoline, and or lodging expenses, so they can travel to support them in their time of need.

**Memorial Rehabilitation Institute**

<https://www.mhs.net/services/rehabilitation/conditions/spinal-cord>

3600 Washington St.

Hollywood, FL 33021

Phone: 954-518-5725

Memorial Rehabilitation Institute offers a world-class, comprehensive inpatient rehabilitation program close to home and under one roof at Memorial Regional Hospital South. For adult and pediatric patients who need therapy but don't require hospitalization, there are several outpatient rehabilitation locations.

**Spinal Cord Injury Support Group of South Florida: Broward Chapter**

<http://www.scisg.org/broward-chapter>

Encompass Health Rehabilitation Center

4399 Nob Hill Road

Sunrise, FL 33351

Contact: Ryan Gebauer

Phone: 954-696-7204

### **Spinal Cord Injury Support Group of South Florida: Miami Chapter**

<http://www.scisg.org/miami-chapter>

Christine E. Lynn Rehabilitation Center

1611 NW 12<sup>th</sup> Ave

Miami, FL 33136

Contact: Anson James

Phone: 407-637-7774

### **Spinal Cord Injury Support Group of South Florida: Palm Beach Chapter**

<http://www.scisg.org/palmbeach-chapter>

Contact: Peggy Domitz

Phone: 954-471-8844

### **West Florida SCI Support Group**

<https://unitedspinal.org/group/west-florida-sci-support-group/>

West Florida Rehab Institute

8383 N. Davis Highway

Pensacola, FL 32514

Contact: Rinda Gray-Astley

Phone: 850-494-6195

Email: [rinda.grayastley@hcahealthcare.com](mailto:rinda.grayastley@hcahealthcare.com)

Spinal cord injury support group in Pensacola, FL. The group meets every second Tuesday of the month from 2:30 – 3:30 PM in Community Rooms A&B.

## **Stroke**

### **Florida Dept of Health's Info on Stroke**

<https://www.floridahealth.gov/diseases-and-conditions/stroke/index.html>

### **American Stroke Association**

<https://www.stroke.org/>

National Center

7272 Greenville Avenue

Dallas, TX 75231

Telephone: 888-478-7653

Call for the stroke support group in your area

### **Stroke Support Group – St. Augustine**

65 Silver Lane

St. Augustine, FL 32084

Contact: Meg Foster, DPT

Email: [meg.foster@encompasshealth.com](mailto:meg.foster@encompasshealth.com)

Meetings are held 2<sup>nd</sup> Tuesday of every month from 4:00 PM to 5:00 PM Eastern Time for caregivers and survivors.

## **Transverse Myelitis**

### **Siegel Rare Neuroimmune Association**

[www.wearesrna.org](http://www.wearesrna.org)

Physical Address:

1787 Sutter Parkway

Powell, OH 43065-8806

Mailing Address:

PO Box 826962

Philadelphia, PA 19182-6962

Phone: 855-380-3330

Please contact them for local info.

## General Disability Resources

### Association of People Supporting Employment First: Florida chapter

[www.apse.org](http://www.apse.org)

<https://apse.org/chapter/florida/>

Email: [flapse@apse.org](mailto:flapse@apse.org)

### Ability1<sup>st</sup>

[www.ability1st.info](http://www.ability1st.info)

1823 Buford Court

Tallahassee, FL 32308

Phone: 850-575-9621

Email: [contact@ability1st.info](mailto:contact@ability1st.info)

Provides independent living, information and referral, etc.

### Able Trust

[www.abletrust.org](http://www.abletrust.org)

1709 Hermitage Blvd, Suite 100

Tallahassee, FL 32308

Phone: 850-224-4493

Email: [info@abletrust.org](mailto:info@abletrust.org)

The Able Trust, also known as the Florida Endowment Foundation for Vocational Rehabilitation, is a 501(c)(3) public-private partnership foundation established by the Florida legislature in 1990. Its programs provide vocational rehabilitation to enable people with disabilities prepare for employment.

### Brooks Rehabilitation Hospital

<http://www.brooksrehab.org/>

3599 University Blvd S

Jacksonville, FL 32216

Phone: 904-345-7600

Provides the most advanced therapy and medical care, along with the compassion, motivation, and hope to help people reach their highest level of recovery.

### Children's Medical Services (CMS)

<http://www.cms-kids.com>

Phone: 850-245-4200

CMS has various programs and services for eligible children with special needs. Offices are located throughout the state.

### **Florida Alliance of Information and Referral Services (FLAIRS)**

[www.FLAIRS.org](http://www.FLAIRS.org)

Mailing Address:

PO Box 1321

Tallahassee, FL 32302

Phone: 211

FLAIRS' mission to strengthen the health and human service information and referral provider network in the state of Florida through advocacy, coordination and education.

See <https://flairs.org/current-members/> for links to information and referral services.

### **Florida Association of Rehabilitation Facilities, Inc**

[www.floridaarf.org](http://www.floridaarf.org)

1113 East Tennessee Street, Suite 100

Tallahassee, FL 32308

Phone: 850-877-4816

Email: [info@floridaarf.org](mailto:info@floridaarf.org)

### **Florida Occupational Therapy Association**

<https://www.flota.org>

Mailing Address:

1133 Bal Harbor Blvd, Suite 1139

PMB 200

Punta Gorda, FL 33950-6574

### **Florida Physical Therapy Association**

<http://www.fpta.org/>

800 N Calhoun St, #1A

Tallahassee, FL 32303

Phone: 850-222-1243

Email: [info@fpta.org](mailto:info@fpta.org)

### **Florida Self-Advocates Network'D (FLSAND)**

[www.flsand.org](http://www.flsand.org)

FLSAND is a statewide association of self-advocates led by self-advocates that exists to support advocacy efforts at the local, grassroots level and to provide a united voice for statewide issues and topics that are important to self-advocates and all persons with disabilities in Florida.

### **Florida Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/fl.htm>

### **Holy Cross Health**

<https://www.holy-cross.com>

4725 N Federal Hwy

Fort Lauderdale, FL 33308

Phone: 954-771-8000

The hospital's Outpatient Rehabilitation Center has various unique rehab equipment such as a balance and gait treadmill, a mobility trainer, a balance system, FES bike, and a robotic exoskeleton.

### **Leeds Endowment**

<https://www.leedsendowment.org/>

Phone: 561-596-7666 (Susan Ford's cell)

Email: [leedsendowment@gmail.com](mailto:leedsendowment@gmail.com)

The Leeds Endowment, is a non-profit organization, dedicated to improving the lives of the disabled in Palm Beach County, FL. They assist people with disabilities with money for service dogs, wheelchairs, medical equipment, and other items at no cost to the person with disability.

### **Lift Disability Network**

<https://liftdisability.net/>

Mailing Address:

PO Box 770607

Winter Garden, FL 34777

Physical Address:

611 Business Park Blvd, Suite 105

Winter Garden, FL 34777

Phone: 407-228-8343

The Lift Family Network aids the disability family with a suite of programs that include camps, social services, mentoring, mental health & family counseling, social events, and spiritual development.

### **Stand Among Friends**

[www.standamongfriends.org](http://www.standamongfriends.org)

777 Glades Road

Building NU84, Suite 120

Boca Raton, FL 33431

Phone: 561-297-4400

Email: [info@standamongfriends.org](mailto:info@standamongfriends.org)

Stand Among Friends is a 501(c)3 nonprofit organization that helps college students and adults with disabilities prepare for, seek and secure employment.

## **Wheelchair Accessible Taxicabs Available In Miami-Dade County:**

### **Central Cab**

740 Alton Road

Miami Beach, FL 33139

Phone: 305-532-5555

### **Crown Taxi**

4141 N Miami Avenue, #201

Miami, FL 33127  
Phone: 305-445-5555

**Super Yellow Cab**  
3109 NW 27th Avenue  
Miami, FL 33142  
Phone: 305-888-7777

**Transportation Sunshine**  
4218 SW 9th Street  
Miami, FL 33134  
Phone: 305-445-3333

**Yellow Cab**  
3775 NW 36th Street  
Miami, FL 33142  
Phone: 305-444-4444

For additional information, to file a complaint or to record a compliment, call 305-891-3131.

**Wheelchairs 4 Kids**  
[www.wheelchairs4kids.org](http://www.wheelchairs4kids.org)  
1200 S. Pinellas Ave, Suite 3  
Tarpon Springs, FL 34689  
Phone: 727-946-0963

Email: [info@wheelchairs4kids.org](mailto:info@wheelchairs4kids.org)

Wheelchairs4Kids is a non-profit that assists children in getting wheelchairs, home modifications, assistive devices, and vehicle modifications at no charge to them.

**Wheels of Success**  
<https://www.wheelsofsuccess.org/>  
Hillsborough County Address:  
13116 N Florida Ave  
Tampa, FL 33612  
Phone: 813-498-0105, 813-417-1090  
Email: [info@wheelsofsuccess.org](mailto:info@wheelsofsuccess.org)

Wheels of Success is Tampa Bay's only 501(c)3 nonprofit organization providing a full range of transportation solutions, including vehicle replacement; car repair; and licensing, car payment and down payment assistance to low- and moderate-income working families.

**ThinkFirst National Injury Prevention Foundation**  
[www.thinkfirst.org](http://www.thinkfirst.org)  
1801 N. Mill St, Suite F  
Naperville, IL 60563  
Phone: 630-961-1400  
Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$10,000,000 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.