



# Maine Disability Resources

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.usaging.org/adrcs>

<https://acl.gov/programs/connecting-people-services/aging-and-disability-resource-centers-programno-wrong-door>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<https://acl.gov/>) (including AoA (<https://acl.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<https://www.cms.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **Maine Office of Aging and Disability Services**

<http://www.maine.gov/dhhs/oads/>

11 State House Station

41 Anthony Avenue

Augusta, ME 04333

Phone: 207-287-9200

Toll-free: 800-262-2232

TTY: Maine Relay Services 711

Hotline: 888-568-1112 (Developmental Disability – Crisis Services)

Email: [OADS@maine.gov](mailto:OADS@maine.gov)

### **Maine Association of Area Agencies on Aging**

<http://www.maine4a.org/>

A non-profit organization comprised of the 5 Area Agencies on Aging in Maine.

### **Maine’s Aging and Disability Resource Centers**

<http://www.maine4a.org/resources.html>

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/home#gsc.tab=0>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

## **Arts And Creativity**

### **Maine Arts Commission: Arts Accessibility**

<https://mainearts.maine.gov/Pages/services/Arts-Accessibility>

193 State Street

25 State House Station

Augusta, Maine 04333-0025

Phone: 207-287-2724

## **Assistive Technology**

### **Maine Community Inclusion through Technology (CITE)**

<http://www.maine cite.org>

University of Maine-Augusta

46 University Dr.

Augusta, ME 04330

Phone: 207-621-3195

E-mail: [info@mainecite.org](mailto:info@mainecite.org)

Maine CITE is a statewide program helping people with disabilities increase their independence in all areas of life through assistive technology.

## **Community Health Centers**

### **Maine Primary Care Association**

[www.mepca.org](http://www.mepca.org)

PO Box 5137

Augusta, ME 04332

Phone: 207-621-0677

Email: [info@mepca.org](mailto:info@mepca.org)

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

### **Health Resources and Services Administration (HRSA): Find a Health Center**

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## **Crime Victim Assistance**

### **Maine Crime Victims' Compensation Program**

[http://www.maine.gov/ag/crime/victims\\_compensation/index.shtml](http://www.maine.gov/ag/crime/victims_compensation/index.shtml)

Maine Office of the Attorney General

6 State House Station

Augusta, Maine 04333-0006

Phone: 207-624-7882, 800-903-7882 (Toll-free)

### **Maine Victim Services**

<https://www.maine.gov/corrections/victimservices>

Phone: 207-287-4385

Toll-free: 800-968-6909

## Domestic Violence Help

### National Domestic Violence Hotline

<http://www.thehotline.org/>

Phone: 800-799-7233 (Toll-free)

**Statewide Hotline:** 866-834-4357 (Toll-free)

### National Resource Center on Domestic Violence (NRCDV)

<http://www.nrcdv.org/>

Phone: 800-537-2238

E-mail: [NRCDV@nrcdv.org](mailto:NRCDV@nrcdv.org)

The NRCDV provides a wide range of free, comprehensive, and individualized technical assistance, training, and specialized resource materials and key initiatives designed to enhance current domestic violence intervention and prevention strategies.

## Easterseals Offices

### Easterseals

<https://www.easterseals.com/>

National Office:

141 W Jackson Blvd, Suite 1400A

Chicago, IL 60604

Phone: 312-726-6200 (voice), 800-221-6827 (toll-free)

Email: [info@easterseals.com](mailto:info@easterseals.com)

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, medical rehabilitation, employment, veterans services and more. Services may vary by location.

## Government Agencies And Program

### Maine State Website

<https://www.maine.gov/portal/index.html>

### Maine Human Rights Commission

<http://www.maine.gov/mhrc/>

#51 State House Station

Augusta, ME 04333

Phone: 207-624-6290

TTY: Maine Relay 711

### Maine Accessibility Policies

<http://www.maine.gov/portal/accessibility.html>

### Maine Disability Determination Services

<https://www.maine.gov/dhhs/ofi/programs-services/disability-determination>

### Maine Bureau of Rehabilitation Services

<https://www.maine.gov/rehab/>

150 State House Station  
Augusta, ME 04333-0150  
Phone: 207-623-6799; Maine Relay 711 (TTY)

### **Maine Department of Labor, Division of Vocational Rehabilitation**

<http://www.maine.gov/rehab/dvr/>

### **Consumer Handbook for Vocational Rehabilitation Services**

<https://www.maine.gov/rehab/docs/2020/dvr/ConsumerGuide.docx>

### **Medicare**

<http://www.medicare.gov>

Medicare is a federal program; this site is included for convenience.

### **Maine: Health Insurance**

[https://www.maine.gov/portal/residents/health\\_safety/health\\_insurance.html](https://www.maine.gov/portal/residents/health_safety/health_insurance.html)

### **Office of MaineCare Services (Medicaid)**

<http://www.maine.gov/dhhs/oms/>

Department of Health and Human Services

109 Capitol Street

11 State House Station

Augusta, ME 04333

Phone: 800-977-6740 (Member Services), 711 (TTY)

MaineCare provides free or low-cost health insurance and other health benefits to Mainers who meet certain requirements, usually based on income, disability or age.

### **MaineCare (State Children's Health Insurance Program)**

<https://www.maine.gov/dhhs/oms/mainecare-options/children>

Phone: 855-797-4357

MaineCare provides free health insurance, other health benefits, and assistance to children and young adults under age 21 who meet income guidelines or disability criteria.

### **Maine Bureau of Insurance**

<https://www.maine.gov/pfr/insurance/home>

Mailing Address:

Department of Professional & Financial Regulation

Bureau of Insurance

#34 State House Station

Augusta, ME 04333-0034

Physical Address:

76 Northern Ave.

Gardiner, ME 04345

Phone: 207-624-8475, 800-300-5000 (Toll-free), Maine Relay 711 (TTY)

E-mail: [insurance.pfr@maine.gov](mailto:insurance.pfr@maine.gov)

### **Maine Workers' Compensation Board**

<https://www.maine.gov/wcb/>

Mailing Address (Central Office):

27 State House Station  
Augusta, ME 04333-0027

Physical Address (Central Office):

442 Civic Center Dr., Suite 100  
Augusta, ME 04330-8572

Phone: 207-287-3751, 888-801-9087 (Toll-free in Maine), 711 (TTY))

### **State Workforce Board: Commission on Disability and Employment**

[https://www.maine.gov/swb/committees/disability\\_employment/index.shtml](https://www.maine.gov/swb/committees/disability_employment/index.shtml)

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<https://www.house.gov/representatives/find-your-representative>

<http://whoismyrepresentative.com/>

### **Maine Long-Term Care Ombudsman Program**

<http://www.maineombudsman.org/>

61 Winthrop St.

Augusta, ME 04330

Phone: 207-621-1079, 800-499-0229 (Toll-free)

E-mail: [mltcop@maineombudsman.org](mailto:mltcop@maineombudsman.org)

The Maine Long-Term Care Ombudsman Program advocates for quality of life and care for long term care consumers. The program serves residents of nursing homes, assisted housing programs including residential care and assisted living, consumers receiving home care services including homemaker, adult day and hospice.

## **Housing**

### **Housing and Urban Development (HUD) in Maine**

<https://www.hud.gov/states/maine>

Bangor Field Office

202 Harlow St., Suite D2000

Bangor, ME 04401-4901

Phone: 207-262-0310, 711 (TTY)

### **HUD**

[www.hud.gov](http://www.hud.gov)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of

housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

## **211**

[www.211.org](http://www.211.org)

211 provides information and referrals to social services and other assistance for any needs, such as housing, food, transportation, and health care.

## **Independent Living**

### **ILRU: Statewide Independent Living Councils (SILCs)**

<http://www.ilru.org/projects/silc-net/silc-directory>

#### **Maine Statewide Independent Living Council**

<http://mainesilc.org/>

Maine SILC

Phone: 207-313-7022

Email: [execdirector@mainesilc.org](mailto:execdirector@mainesilc.org)

### **Independent Living Research Utilization’s Directory of Centers for Independent Living and Associations**

<https://www.ilru.org/projects/cil-net/cil-center-and-association-directory>

### **National Council on Independent Living (NCIL)**

<http://www.ncil.org/>

PO Box 31260

Washington, DC 20030

Phone: 202-207-0334

Toll-free: 844-778-7961

Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

## **Library Services**

### **Maine State Library: Outreach Services**

<http://www.maine.gov/msl/outreach/index.shtml>

64 State House Station

Augusta, ME 04333

Phone: 207-287-5650, 800-762-7106 (Toll-free)

## Peer Support Programs

### **Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)**

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: [Peer@Reeve.org](mailto:Peer@Reeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support as well as local and national information and resources to people living with paralysis and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## Protection And Advocacy

### **Disability Rights Maine**

<http://www.drme.org>

160 Capitol Street, Suite 4

Augusta, ME 04330

Phone: 207-626-2774 (voice/TTY), 800-452-1948 (voice/TTY)

Email: [Advocate@drme.org](mailto:Advocate@drme.org)

## Service Dogs

### **NEADS World Class Service Dogs**

<http://www.neads.org>

Mailing address:

P.O. Box 1100

Princeton, MA 01541

Physical address:

305 Redemption Rock Trail South

Princeton, MA 01541

Phone: 978-422-9064 (Voice or TDD)

### **Canine Companions**

<https://canine.org/>

Northeast Training Center

Miller Family Campus

286 Middle Island Road

Medford, NY 11763

Phone: 631-561-0200, 800-572-2275 (Toll-free)



Canine Companions' Northeast Training Center serves several states, including Maine.

## **Sports And Recreation**

### **Central Maine Adaptive Sports**

<http://centralmaineadaptivesports.org/>

Phone: 207-705-3353

Email: [CMASports1@gmail.com](mailto:CMASports1@gmail.com)

### **Maine Adaptive Sports & Recreation**

<http://www.maineadaptive.org/>

Physical Address:

2 Main St.

Bethel, Maine 04217

Mailing Address:

PO Box 853

Bethel, ME 04217

Phone: 207-824-2440

E-mail: [info@maineadaptive.org](mailto:info@maineadaptive.org)

Programs offered: paddling, golf, cycling, tennis, pickleball, climbing, mountain biking, alpine skiing, snowboarding, Nordic skiing, and snowshoeing.

### **Maine Accessible Hunting and Fishing**

<https://www.maine.gov/ifw/hunting-trapping/disabilities.html>

### **Pine Tree Camp**

<https://pinetreesociety.org/camp-home/>

114 Pine Tree Camp Rd.

Rome, Maine 04963

Phone: 207-386-5990

Pine Tree Society runs the Pine Tree Camp for children and adults with developmental and physical disabilities.

### **Adaptive Sports New England**

<http://adaptivesportsne.org/>

89 South St, Suite 603

Boston, MA 02111

Phone: 617-690-9103

Adaptive Sports New England is a Massachusetts non-profit organization dedicated to increasing participation in sports among New England youth and adults who have visual or mobility impairments.

## **United Way Offices**

### **United Way**

<http://www.unitedway.org/>

United Way Worldwide

701 N. Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

Enter your zip code to find an office in your area.

United Way works with partners to fuel solutions that build stronger, more equitable communities. They improve education, strengthen economic mobility and make communities healthier.

## Veterans Benefits

### U.S. Department of Veterans Affairs: VA Facility Locator

<https://www.va.gov/find-locations/>

Enter your zip code to find a facility in your area.

### Togus Regional Office

<http://www.benefits.va.gov/togus/index.asp>

1 VA Center

Augusta, ME 04330

Phone: 800-827-1000 (Toll-free)

### New England PVA Chapter (includes Maine)

<https://www.pvanewengland.org/>

1208 VFW Parkway, Suite 301

West Roxbury, MA 02132

Phone: 617-942-8678, 800-660-1181 (Toll-free)

## ALS

### ALS Association Maine Chapter

<https://www.als.org/support/states/maine#contact>

Phone: 866-257-6663

E-mail: [infoME@als.org](mailto:infoME@als.org)

## Brain Injury

### Brain Injury Association of America - Maine Chapter (BIAA-ME)

<https://www.biausa.org/find-bia/maine>

126 Western Avenue, Suite 261

Augusta, ME 04330

Phone: 1-800-444-6443

## Cerebral Palsy

### UCP of Maine

<http://www.ucpofmaine.org/>

700 Mt. Hope Avenue, Suite 320

Bangor, ME 04401

Phone: 207-941-2952

E-mail: [office@ucpofmaine.org](mailto:office@ucpofmaine.org)

## Friedreich's Ataxia

### National Ataxia Foundation (NAF)

<http://www.ataxia.org>

National Office

Mailing Address

PO Box 27986

Golden Valley, MN 55427

Physical Address

600 Highway 169 South, Ste 1725

Minneapolis, MN 55426

Phone: 763-553-0020

## Guillain-Barré Syndrome / Cidp

### GBS/CIDP Foundation International

<http://gbs-cidp.org/>

375 East Elm St., Suite 101

Conshohocken, PA 19428

Phone: 866-224-3301

Call for information in your area.

## Multiple Sclerosis

### National Multiple Sclerosis Society

<http://www.nationalmssociety.org>

Phone: 800-344-4867

### National Multiple Sclerosis Society: Find a Chapter

<https://www.nationalmssociety.org/resources/get-connected/in-your-area>

Search for chapter by zip code.

### National Multiple Sclerosis Society, Greater New England Chapter

<https://www.nationalmssociety.org/resources/get-connected/in-your-area/mam>

*(Serving Maine, Massachusetts, Vermont & New Hampshire)*

Physical Address:

465 Waverley Oaks Road, Suite 202

Waltham, MA 02452

Mailing Address:

P.O. Box 289

Canton, MA 02021

Phone: 800-344-4867

## Muscular Dystrophy

### Muscular Dystrophy Association (MDA)

<https://www.mda.org/>

National Headquarters

1016 W Jackson Blvd #1073  
Chicago, Illinois 60607  
Phone: 800-572-1717 (Toll-free)  
Email: [ResourceCenter@mdausa.org](mailto:ResourceCenter@mdausa.org)  
To find MDA Care Centers, go to <https://www.mda.org/care/mda-care-centers>.

## Post-Polio Syndrome

### Post-Polio Health International

<http://www.post-polio.org>  
50 Crestwood Executive Center  
Suite 440  
Saint Louis, MO 63126  
Phone: 314-534-0475  
<https://post-polio.org/wp-content/uploads/2024/08/PDIR-2024.pdf>  
Directory lists providers, support groups and resources by state.

## Spina Bifida

### Spina Bifida Association

<http://www.spinabifidaassociation.org>  
1600 Wilson Blvd, Suite 800  
Arlington, VA 22209  
Phone: 800-621-3141  
Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)  
Please contact them for info in your area

### Spina Bifida Association of Greater New England (covers Maine)

<https://sbagreaterne.org/>  
P.O. Box 681  
Natick, MA 01760  
Phone: 888-479-1900

### Spina Bifida Clinics:

Maine Medical Partners Pediatric Neurology  
<https://www.mainehealth.org/maine-medical-center/care-services/neurology-care/pediatric-neurology>  
49 Spring Street #2  
Scarborough, ME 04074  
Phone: 207-396-7337

## Spinal Cord Injury

### Brain and Spinal Cord lists spinal cord support groups:

<https://brainandspinalcord.org/support-groups-spinal-cord-injury-maine/>  
Maine General Medical Center

30 Chase Ave.  
Waterville, Maine 04901  
Phone: 207-872-4400 (Kate Donovan)  
E-mail: [Kathleen.Donovan@MaineGeneral.org](mailto:Kathleen.Donovan@MaineGeneral.org)

## **Stroke**

### **American Stroke Association**

<https://www.stroke.org/>  
National Center  
7272 Greenville Avenue  
Dallas, TX 75231  
Phone: 888-478-7653 (Stroke Family Warmline)  
Call for resources in your area.

### **Stroke Centers and Rehabilitation Facilities**

<https://www.stroke.org/en/life-after-stroke/stroke-rehab/choosing-the-right-stroke-rehab-facility>  
Find accredited rehabilitation facilities near you.

### **Maine: Heart Safe Communities**

<https://www.maine.gov/ems/about/partners>  
HeartSafe Communities is a recognition program based on the "Chain of Survival," which has been implemented in other states and countries to help improve outcomes associated with cardiovascular events. Its purpose is to recognize the excellent work being done by Emergency Medical Services (EMS) programs throughout Maine and to provide further opportunities to enhance community partnerships, resources, and services to improve cardiovascular health and decrease deaths due to cardiovascular-related events, including sudden cardiac arrest, heart attack, and stroke.

## **Syringomyelia/Chiari Malformation**

### **American Syringomyelia & Chiari Alliance Project (ASAP)**

<http://www.asap.org/>  
P.O. Box 1586  
Longview, TX 75606-1586  
Phone: 903-236-7079, 800-272-7282 (Toll-free)  
E-mail: [info@asap.org](mailto:info@asap.org)  
Please call them for local info

## **Transverse Myelitis**

### **Siegel Rare Neuroimmune Association**

<https://wearesrna.org/>  
Mailing address:  
PO Box 826962  
Philadelphia PA 19182-6962

Physical address:  
1787 Sutter Parkway  
Powell, OH 43065-8806  
Phone: 855-380-3330

## General Disability Resources

### **Maine Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/me.htm>

### **Maine Developmental Disabilities Council**

<http://www.maineddc.org/>

Physical address:  
526 Western Avenue, Unit 2  
Augusta, ME 04330  
Mailing address:  
139 State House Station  
Augusta, ME 04333  
Phone: 207-480-1478, 833-713-2618 (Toll-free)

### **Maine Occupational Therapy Association**

<https://maineot.org/>

### **APTA Maine: A Chapter of the American Physical Therapy Association**

<http://www.maineapta.org>

Phone: 800-444-3982, ext. 2070

### **Association of People Supporting Employment First (APSE): Maine Chapter**

<http://www.apse.org>

<https://apse.org/chapter/maine/>

National Office  
7361 Calhoun Place, Suite 680  
Rockville, MD 20855  
Phone: 301-279-0060  
Email: [meapse@apse.org](mailto:meapse@apse.org) (Maine Chapter)

### **Ability Maine**

<http://www.abilitymaine.org>

PO Box 2444

Augusta, ME 04338

Ability Maine is a place for collecting and sharing information and opinions about living with disabilities.

### **DiDonato Paralysis Foundation**

<https://www.didonatofoundation.org/>

40 Carriage Hill Road

Gorham, ME 04038

Phone: 207-222-2015

Email: [thedpf@hotmail.com](mailto:thedpf@hotmail.com)

Offers grants to individuals who are living with paralysis and other neurological disorders and are Maine and New Hampshire residents. Grants are provided to individuals who need assistance with home modifications or adaptive equipment. Grants are given quarterly and for a maximum of \$2,500.

### **Pine Tree Society**

<http://www.pinetreesociety.org/>

149 Front Street

Bath, ME 04530

Phone: 207-443-3341 (voice/tty)

Pine Tree Society provides Maine children and adults with disabilities the opportunities and the means to create better lives for themselves and their families.

### **Maine Volunteer Lawyers Project**

<https://vlp.org/>

Phone: 800-442-4293 (Southern Maine), 888-956-4276 (Northern Maine)

Email: [intake@vlp.org](mailto:intake@vlp.org)

The Maine Volunteer Lawyers Project provides free legal assistance for eligible low income Mainers. They connect dedicated volunteer attorneys with individuals needing legal assistance with civil matters, ensuring equal access to justice statewide.

### **MobilityWorks**

[https://www.mobilityworks.com/about/ride-away/?utm\\_source=ride-away.com&utm\\_medium=forwardlocations.php](https://www.mobilityworks.com/about/ride-away/?utm_source=ride-away.com&utm_medium=forwardlocations.php)

Phone: 877-275-4907

### **University of Southern Maine: Cutler Institute's Disability and Aging Program**

<https://digitalcommons.usm.maine.edu/aging/>

P.O. Box 9300

Portland, ME 04104

The Cutler Institute's Disability and Aging program is a team of multi-disciplinary professionals with extensive experience working in close collaboration with states to provide technical assistance, conduct evaluations, identify best practices, and perform policy analysis work.

### **Black Bear Medical**

<http://www.blackbearmedical.com/>

275 Marginal Way

Portland, ME 04101

Phone: 207-871-0008, 800-577-1365 (Toll-Free)

Black Bear provides medical equipment, supplies and services.

### **New England Rehabilitation Hospital of Portland**

<https://encompasshealth.com/locations/nerhp>

335 Brighton Avenue, Unit 201

Portland, ME 04102

Phone: 207-775-4000

New England Rehabilitation Hospital treats stroke, brain injury, and spinal cord injury among other conditions.

### **ThinkFirst National Injury Prevention Foundation**

<http://www.thinkfirst.org>

ThinkFirst serves the public by developing and distributing effective injury prevention educational materials; supporting injury prevention-related research and public policy initiatives; providing evidence-based programming; and collaborating with various stakeholders and the disability community to prevent injuries.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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