



Veterans and Military Benefits and Resources



Christopher & Dana Reeve Foundation's Military and Veteran Program

www.ChristopherReeve.org/MVP

Phone: 866-962-8387 (Toll-free)

Email: Military@ChristopherReeve.org

Government Resources

U.S. Department of Veterans Affairs (VA)

<http://www.va.gov/>

810 Vermont Avenue, NW
Washington, D.C. 20420

VA: My HealthVet

<http://www.myhealth.va.gov/>

VA: Vet Center Locations

<http://www.vetcenter.va.gov/>

www.va.gov/directory/guide/vetcenter.asp

There are over 300 Vet Center locations that provide mental health counseling to veterans. Counseling service areas provided include PTSD, readjustment, bereavement, alcohol and drug assessment and referral, marital and family counseling, couples counseling, military sexual trauma, and LGBT. Counseling is provided in individual and group settings.

VA: Veterans Benefits

<http://benefits.va.gov/benefits/>

Phone: 800-827-1000 (Toll-free)

VA: Benefits Fact Sheets (English, Tagalog)

<http://www.benefits.va.gov/BENEFITS/factsheets.asp>

These fact sheets provide basic information on VA benefit programs related to service-connected disabilities, veterans with limited income, education and training, home loans, dependents and survivors' benefits, burial and memorial benefits, and insurance. Most fact sheets are only available in English, but two related to Filipino veterans are also available in Tagalog.

VA: Polytrauma/TBI System of Care

<http://www.polytrauma.va.gov>

Polytrauma care is for Veterans and returning Service members with injuries to more than one physical region or organ system, one of which may be life threatening, and which results in physical, cognitive, psychological, or psychosocial impairments and functional disability.

VA: Polytrauma/TBI System of Care – FAQs

<http://www.polytrauma.va.gov/faq.asp?FAQ>

VA: Polytrauma/TBI System of Care – Facility Locations

http://www.polytrauma.va.gov/facility_locations.asp?isFlash=1

VA: VA Facilities Locator

<https://www.va.gov/directory/guide/home.asp>

This site allows people to search for 1,917 VA facilities in the U.S., Puerto Rico, Philippines, American Samoa, Guam, and the Virgin Islands.

VA: Returning Service Members (OEF/OIF)

<http://www.oefoif.va.gov/>

This site offers information on health, education, housing, employment and other benefits for veterans who served in Operations Enduring Freedom and Iraqi Freedom (OEF/OIF).

VA: Federal Recovery Coordination Teams

<http://www.oefoif.va.gov/fedrecovery.asp>

This page has information on the Federal Recovery Coordination Program (FRCP), which provides support for the recovery, rehabilitation and reintegration of severely injured, ill or wounded service members and Veterans.

VA: Foreign Medical Program

<https://www.va.gov/COMMUNITYCARE/programs/veterans/fmp/index.asp>

For eligible veterans living or traveling abroad. Through this program, the VA will pay for health care services, medications and durable medical equipment associated with a service-connected condition and/or a service-connected condition and/or aggravated condition. Eligibility requirements vary whether you live within or outside the United States.

VA: GI Bill

<http://www.gibill.va.gov/>

This site provides information on all educational benefits offered by the VA.

VA: Post-9/11 GI Bill

<https://www.va.gov/education/about-gi-bill-benefits/post-9-11/>

The Post-9/11 GI Bill provides financial support for education and housing to individuals with at least 90 days of aggregate service on or after September 11, 2001, or individuals discharged with a service-connected disability after 30 days.

VA: Indian Health Service/Tribal Health Program

<https://www.va.gov/COMMUNITYCARE/programs/veterans/ihs/index.asp>

To improve access to care for American Indian and Alaska Native (AI/AN) veterans, VA works with the Indian Health Service (IHS) and Tribal Health Programs (THP) to reimburse the cost of care provided to eligible veterans at IHS and local THP facilities. Through reimbursement agreements between VA and IHS/THP facilities, care is provided to veterans closer to home in a culturally sensitive environment.

VA: National Call Center for Homeless Veterans

<https://www.va.gov/HOMELESS/NationalCallCenter.asp>

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

VA: Vet Success on Campus

<http://www.benefits.va.gov/vocrehab/vsoc.asp>

The VetSuccess on Campus (VSOC) program aims to help Veterans, Servicemembers, and their qualified dependents succeed and thrive through a coordinated delivery of on-campus benefits assistance and counseling, leading to completion of their education and preparing them to enter the labor market in viable careers.

VA: Vocational Rehabilitation & Employment (VR&E)

www.benefits.va.gov/vocrehab

VA: Vantage Point

<http://www.blogs.va.gov>

Blog from VA staff

After Deployment

<https://www.afterdeployment.org/>

This site offers behavioral health resources to help service members, their families, and veterans with common post-deployment challenges such as post-traumatic stress and depression. It includes a peer to peer online forum, online library books and blogs.

Military One Source

<http://www.militaryonesource.mil/>

Military One Source is a free 24/7/365 service provided by the Department of Defense for active-duty, Guard, and Reserve service members and their families to help with education, relocation, parenting, stress and other needs. Veterans who have retired within the past 180 days can also use the service.

- Stateside: CONUS: 800-342-9647 (Toll-free)
- Overseas: *OCONUS Universal Free Phone: 800-342-9647 (Toll-free)
- Collect from Overseas: OCONUS Collect: 703-253-7599
- En español llame al: 877-888-0727 (Toll-free)
- TTY/TDD: 1-866-607-6794 (Toll-free)

*Use applicable access code before dialing toll-free number.

National Archives at St. Louis: Military Personnel Records

<http://www.archives.gov/st-louis/military-personnel>

Phone: 314-801-0800

E-mail: MPR.center@nara.gov

The National Personnel Records Center, Military Personnel Records (NPRC-MPR) is the repository of millions of military personnel, health, and medical records of discharged and deceased veterans of all services during the 20th century (except pre-WWI records).

National Resource Directory

<https://nrd.gov/>

This website connects wounded warriors, service members, veterans, and their families with those who support them. It provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Visitors can find information on a variety of topics including benefits & compensation, education & training, employment, family & caregiver support, health, homeless assistance, housing, transportation & travel, volunteer opportunities and other services & resources.

Veteran Directed Care Program (formerly known as Veteran Directed Home and Community Based Services Program (VDHCBS))

<https://acl.gov/programs/veteran-directed-home-and-community-based-services/veteran-directed-home-community-based>

In 2008, the U.S. Administration for Community Living (<http://www.hhs.gov/acl/>) began a collaboration with the Veterans Health Administration (VHA) (<http://www.va.gov/health/default.asp>) to serve veterans of all ages at risk of nursing home placement through the Veteran Directed Home and Community Based Service Program (VD-HCBS). VD-HCBS is a package of services that the VA purchases from Area Agencies on Aging (AAAs) and/or SUAs on behalf of eligible veterans. The VD-HCBS program provides Veterans the opportunity to self-direct their long-term supports and services that enable them to avoid institutionalization and continue to live independently at home. Veterans enrolled in VDCP have the opportunity to manage their own flexible budgets, to decide for themselves what mix of goods and services best meet their needs, and to hire and supervise their own workers. The Aging Network provides facilitated assessment and care/service planning, arranges fiscal management services, and provides ongoing options counseling and support to veterans.

Veterans Crisis Line

<http://www.veteranscrisisline.net/>

Phone: 988, press '1' (Toll-free)

The Veterans Crisis Line connects veterans in crisis and their families and friends with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text. Confidential support is available 24 hours a day, 7 days a week, 365 days a year.

TRICARE

<https://tricare.mil/>

TRICARE is the health care program serving Uniformed Service members, retirees and their families worldwide, offering comprehensive, affordable health coverage with several health plan options, a robust pharmacy benefit, dental options, special programs and demonstrations.

TRICARE Dental Program

<http://www.tricare.mil/dental>

Phone: 1-855-638-8371 (CONUS), 1-855-638-8372 (OCONUS)

Computer/Electronic Accommodations Program

<http://cap.mil/>

4800 Mark Center Dr., Suite 05E22

Alexandria, VA 22350

Phone: 703-614-8416

E-mail: cap@mail.mil

CAP provides accommodations for people with disabilities and wounded service members, increasing federal employment and retention of employees with disabilities. The program is dedicated to ensuring resources and assistive devices are available to assist service members in their rehabilitation process and employment search. Accommodations are available for service members with injuries that have caused dexterity impairments, vision loss, hearing loss, cognitive injuries, including traumatic brain injuries (TBI).

U.S. Air Force

<http://www.airforce.com/>

Air Force Wounded Warrior (AFW2)

<http://www.woundedwarrior.af.mil/>

Phone: 800-581-9437 (Toll-free)

E-mail: afwounded.warrior@randolph.af.mil

The AFW2 program works hand-in-hand with the Air Force Survivor Assistance Program and Airman & Family Readiness Centers to ensure Airmen receive professional support and care from the point of injury, through separation or retirement, for life.

U.S. Army

<http://www.army.mil>

Army Wounded Warrior Program

[https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Wounded-Warrior-Program-\(AW2\)](https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Wounded-Warrior-Program-(AW2))

Phone: 877-393-9058 (Toll-free)

Overseas DSN: 312-221-9113

Email: usarmy.pentagon.medcon-WTC.mbx.contact-center@mail.mil

The official U.S. Army program that assists and advocates for severely wounded, ill, and injured soldiers, veterans, and their families, wherever they are located, regardless of military status.

Wounded Soldier and Family Hotline

Phone: 800-984-8523 (Toll-free)

Overseas DSN: 312-421-3700

Email: wsfsupport@us.army.mil

Special Compensation for Assistance with Activities of Daily Living (SCAADL)

<https://www.woundedwarrior.af.mil/About/Fact-Sheets/Display/Article/1570825/special-compensation-for-assistance-with-activities-of-daily-living/>

was authorized by the Fiscal Year 2010 National Defense Authorization Act. This special monthly compensation is for service members who incur a permanent catastrophic injury or illness. SCAADL helps offset the loss of income by a primary caregiver who provides non-medical care, support and assistance for the service member thus keeping the service member out of institutional care.

U.S. Coast Guard

<http://www.uscg.mil>

Navy Safe Harbor

<http://www.safeharborfoundation.org/>

Phone: 855-628-9997

Email: navywoundedwarrior@navy.mil

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

U.S. Marine Corps

<http://www.marines.mil>

Marine for Life Network

<http://www.usmc-mccs.org/services/career/marine-for-life-network/>

Phone: 866-645-8762

Marine for Life Network connects transitioning Marines and their family members to education resources, employment opportunities, and other veterans services that aid in their career and life goals outside of military service.

Marine Wounded Warrior Regiment

<https://www.woundedwarrior.marines.mil/>

Phone: 877-487-6299 (Toll-free)

The Wounded Warrior Regiment provides and facilitates assistance to wounded, ill, and injured Marines, sailors, attached to or in support of Marines units, and their family members, throughout the phases of recovery.

U.S. Navy

<http://www.navy.mil>

Navy Safe Harbor

<http://www.safeharborfoundation.org/>

Phone: 855-628-9997

Email: navywoundedwarrior@navy.mil

Navy Safe Harbor is the Navy's organization for coordinating the non-medical care of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families. The program provides a lifetime of individually tailored assistance designed to

optimize the success of shipmates' recovery, rehabilitation, and reintegration activities.

U.S. Special Operations Command

<https://www.socom.mil/>

Other Organizations

Air Force Aid Society

<http://www.afas.org/>

Headquarters Air Force Aid Society

241 18th Street, Suite 202

Arlington, VA 22202

Phone: 703-972-2650

The official charity of the United States Air Force, incorporated in 1942 as a private, non-profit organization. The Society supports the Air Force mission by providing worldwide emergency assistance, sponsoring education assistance programs and offering an array of base community enhancement programs that improve quality of life for Airmen and their families.

American Ex-Prisoners of War

<http://www.axpow.org>

3201 East Pioneer Parkway #40

Arlington, TX 76010-5396

Phone: 817-649-2979

E-mail: hq@axpow.org

AXPOW is a membership organization open to all former prisoners of war (POWs), military and civilian, are eligible along with their family members, e.g. spouse, children, parents, siblings and grandchildren over the age 18. The organization assists former POWs (members or not) in applying for special veterans benefits.

The American Legion

<http://www.legion.org>

National Headquarters:

700 N. Pennsylvania St.

Indianapolis, IN 46206

Phone: 317-630-1200

Toll-free: 800-433-3318

The nation's largest veterans service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to fellow service members and veterans.

American Veterans Center

<http://www.americanveteranscenter.org>

1100 North Glebe Road, Suite 910

Arlington, VA 22201

Phone: 703-302-1012

Email: info@americanveteranscenter.org

The American Veterans Center's mission is to preserve and promote the stories, experiences, and lessons of American military men and women of every generation, from WWII to the present. The organization sponsors the annual National Memorial Day Parade in Washington, D.C.

AMVETS

<https://www.amvets.org/>

4647 Forbes Boulevard

Lanham, MD 20706

Phone: 877-726-8387 (Toll-free)

E-mail: amvets@amvets.org

AMVETS is a veterans service and advocacy organization. Services include free claims assistance to veterans, their dependents and survivors as well as other charitable activities. The organization publishes the magazine *American Veteran*. Membership is open to anyone who is currently serving, or has honorably served, in the U.S. Armed Forces from World War II to present, including those in the National Guard and Reserves. Membership benefits include discounts on services like car rentals and insurance.

Armed Forces Health Surveillance Center (AFHSC)

<https://www.health.mil/Military-Health-Topics/Health-Readiness/AFHSD>

503 Robert Grant Ave.

Silver Spring, MD 20410

Phone: 301-319-3240 (DSN: 285)

E-mail: dha.ncr.health-surv.mbx.afhs-webmaster@mail.mil

AFHSC performs comprehensive medical surveillance and reporting of rates of diseases and injuries among Department of Defense service members.

Armed Services YMCA

<http://www.asymca.org/>

National Headquarters

14040 Central Loop, Suite B

Woodbridge, VA 22193

Toll-free: 866-427-9622

The Armed Services YMCA provides programs for military families at branches and affiliates throughout the United States and Puerto Rico.

Bob Woodruff Foundation

<http://bobwoodrufffoundation.org/>

1350 Broadway, Suite 905

New York, NY 10018

Phone: 646-341-6864

The Bob Woodruff Foundation provides resources and support to injured service members, veterans and their families and programs that serve them. Special emphasis is placed on the "hidden signature injuries" of the wars in Iraq and Afghanistan –

traumatic brain injury (TBI) and combat stress injuries including post-traumatic stress disorder (PTSD).

Catholic War Veterans of the United States of America

<http://www.cwv.org>

237-20 92nd Rd.

Bellerose, NY 11426

Phone: 703-549-3622

The CWV provides charitable programs and services within communities and is focused on promoting the social welfare of all military veterans and their families without discrimination. Membership is made up of military veterans who individually adhere to the Catholic faith. The organization has 18 state chapters.

Defense & Veterans Center for Integrative Pain Management (DVCIPM)

<http://www.dvcipm.org/>

11300 Rockville Pike, Suite 709

Rockville, MD 20852

Phone: 301-816-4723

DVCIPM seeks to improve the management of pain in military and civilian medicine. It is a collaborative research partnership among Walter Reed National Military Medical Center, Bethesda, MD; the Philadelphia VA Medical Center and Philadelphia Research and Education Foundation, Philadelphia; and the Conemaugh Health System, Johnstown, PA.

Disabled American Veterans (DAV)

<http://www.dav.org>

3725 Alexandria Pike

Cold Spring, KY 41076

Phone: 877-426-2838 (Toll-free)

DAV is a nonprofit organization dedicated to building better lives for America's disabled veterans and their families. Free services include benefits assistance, information seminars, counseling and community outreach.

Easter Seals

<http://www.easterseals.com>

141 W. Jackson Blvd., Suite 1400A

Chicago, IL 60604

Phone: 800-221-6827 (Toll-free)

Easter Seals provides services, education, outreach, and advocacy for people living with autism and other disabilities.

Easter Seals: Military and Veterans Initiative

<http://www.easterseals.com/our-programs/military-veterans/>

This page provides information on resources for service members and veterans with disabilities, including caregiver training. <http://www.easterseals.com>

Easter Seals: Community OneSource

<http://www.easterseals.com/our-programs/military-veterans/community-onesource.html>

Phone: 866-423-4981

Email: veterans@easterseals.com

Easter Seals affiliates have a variety of assistance programs for service members and veterans including employment services, adult day care, child care, camping, assistive technology assessments and training, respite for caregivers, and initiatives to connect veterans and their families to other services meeting their medical, social, emotional and financial needs.

Fallen Patriot Fund

<http://www.fallenpatriotfund.org/>

c/o Bank of America Private Bank

TX1-492-19-09

P.O. Box 832409

Dallas, TX 75283-2409

Phone: 214-748-3900

E-mail: info@fallenpatriotfund.org

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

Give an Hour

<http://www.giveanhour.org>

Barbara Van Dahlen, Ph.D

Founder and President

c/o Give an Hour

P.O. Box 5918

Bethesda, MD 20824-5918

E-mail: info@giveanhour.org

A non-profit organization that gives free mental health care to US military personnel who served or are serving in Iraq and Afghanistan as well as their families.

A Guide to Resources for Severely Wounded Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) Veterans

<http://www.istl.org/07-fall/internet2.html>

This Fall 2007 article identifies helpful resources for healthcare professionals, veterans, and their families to help with issues such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), amputation, spinal cord injuries, burns, and blindness and eye injuries.

Help Heal Veterans, Inc. (formerly known as Help Hospitalized Veterans)

<https://www.healvets.org>

36585 Penfield Lane

Winchester, CA 92596

Phone: 951-926-4500

Email: info@healvets.org

Help Heal Veterans' primary mission is to provide veterans with therapeutic craft kits while at Department of Veterans Affairs (VA) medical centers, military hospitals and state veterans homes or in their own homes.

Infinite Hero

<https://www.infinitehero.org/>

22365 El Toro Rd. #275

Lake Forest, CA 92630

Email: info@infinitehero.org

Infinite Hero exists to connect military, veterans and military family members with innovative and effective treatment programs for service-related injuries. Since its inception in 2012, Infinite Hero Foundation has awarded more than \$3.8 million dollars in funding and support to 28 different veteran service organizations offering innovative and effective programs or treatments for service-related mental and physical injuries.

Iraq and Afghanistan Veterans of America (IAVA)

<http://iava.org/>

80 M Street SE, FI 2

Washington, DC 20003

Phone: 202-544-7692

Email: info@iava.org

IAVA, the country's first and largest nonprofit, nonpartisan organization for veterans of the wars in Iraq and Afghanistan, works on advocacy, awareness, and assistance. Programs include Smart Job Fairs, a GI Bill calculator and a veterans only social network.

Jewish War Veterans of the U.S.A.

<http://www.jwv.org>

1811 R Street NW

Washington, DC 20009

Phone: 202-265-6280

Email: jwv@jwv.org

The JWV is a membership organization which works on behalf of veterans and their families. Part of the organization's mission is to foster the education of ex-servicemen and ex-servicewomen.

Korean War Veterans Association

<http://www.kwva.org/>

3 Black Skimmer Ct.

Beaufort, SC 29907

Phone: 843-379-3993

E-mail: headquarters@kwva.us

The KWVA/USA states that their mission is to "defend our nation, care for our veterans, perpetuate our legacy, remember our missing and fallen, maintain our Memorial, and support a free Korea."

MedlinePlus: Military and Veterans Health

<http://www.nlm.nih.gov/medlineplus/veteransandmilitaryhealth.html>

This page provides information on physical and mental health problems often faced by veterans, tutorials on specific conditions, as well as links to other resources.

Military.com

<http://www.military.com/>

This site has information and resources for members of all service branches, their families, and veterans.

Military.com: Combat Related Special Compensation

<http://www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation.html>

This page has information on eligibility and the application process for combat-related special compensation, a monthly entitlement that allows eligible military retirees to recover some or all of their retired pay that was offset by their Department of Veterans Affairs (VA) disability compensation.

Military.com: Combat Related Special Compensation - Frequently Asked Questions

<http://www.military.com/benefits/military-pay/special-pay/combat-related-special-compensation-cpsc-faqs.html?comp=7000023431425&rank=2>

This page has answers to frequently asked questions about combat-related special compensation.

The Military Family Network

<http://www.emilitary.org/>

This site provides information on programs, services, and resources for members of the military community, including service members, veterans, and their families.

Military Order of the Purple Heart

<http://www.purpleheart.org/>

5413-A, B & C Backlick Rd.

Springfield, VA 22151-3960

Phone: 703-354-2140

Toll-free: 888-668-1656

E-mail: memberships@purpleheart.org

The mission of the Military Order of the Purple Heart is to foster an environment of goodwill and camaraderie among combat wounded veterans, promote patriotism, support necessary legislative initiatives, and to provide service to all veterans and their families.

Military Veteran Project

<https://www.militaryveteranproject.org/>

3615 SW 29th Street Suite 201

Topeka KS 66614

Phone: 785-409-1310

Email: contact@militaryveteranproject.org

MVP is a non-profit organization that assists military members and their families. Founded by Melissa Jarboe.

The Mission Continues

<http://www.missioncontinues.org>

1141 South 7th Street

St. Louis, MO 63104

Phone: 314-588-8805

Email: info@missioncontinues.org

The Mission Continues awards community service fellowships to post-9/11 veterans, empowering them to transform their own lives by serving others and directly impact their communities. Mission Continues Fellows serve for six months at a local nonprofit organization addressing key educational, environmental or social issues.

Modern Military Association of America

<https://modernmilitary.org/>

1725 I Street NW, Suite 300

Washington DC 20006

Phone: 202-328-3244

Email: info@modernmilitary.org

Formed through the merger of the American Military Partner Association and OutServe-SLDN, the Modern Military Association of America is the nation's largest non-profit organization dedicated to advancing fairness and equality for the LGBTQ military and veteran community.

National Association of American Veterans (NAAV)

<http://www.naavets.org>

1725 I Street, NW. Ste 300, 3rd floor

Washington, DC 20006

Phone: 202-465-3296

Email: info@naavets.org

The NAAV is a provider of health care information, emergency assistance and advocacy, counseling, housing coordination, and educational programs for all service members, with an emphasis on the severely wounded and single parent service members, military caregivers, veterans, and their families at risk of not returning to normalcy after serving in a war and residing in underserved areas nationwide.

National Military Family Association

<http://www.militaryfamily.org/>

2800 Eisenhower Ave., Suite 250

Alexandria, VA 22314

Phone: 703-931-6632

Email: info@militaryfamily.org

This site has information on deployment, disaster preparedness, mental health care, spouse education, supporting children and families. There are also links to articles and resources organized by relation to service member (i.e. spouses, children, survivors, etc.).

Navy-Marine Corps Relief Society

<http://www.nmcrs.org/>

875 N. Randolph St., Suite 225

Arlington, VA 22203

Toll-free: 800-654-8364

The Navy-Marine Corps Relief Society provides, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need. The Society has 73 locations in 23 states and Washington, DC.

Navy Safe Harbor Foundation

<http://www.safeharborfoundation.org/>

2961-A Hunter Mill Rd., Suite 644

Oakton, VA 221244

E-mail: info@safeharborfoundation.org

The Navy Safe Harbor Foundation is dedicated to supporting the recovery of seriously wounded, ill, and injured Sailors, Coast Guardsmen, and their families by assisting them with resources not currently provided by government or community resources. The Foundation is a non-profit organization not affiliated with the United States Navy, Coast Guard or Department of Defense.

Navy SEAL Foundation

<http://www.navysealfoundation.org/>

1619 D Street

Virginia Beach, VA 23459

Phone: 757-744-5326

E-mail: info@navysealfoundation.org

The Navy SEAL Foundation's mission is to provide immediate and ongoing support and assistance to active-duty Naval Special Warfare personnel, their families, and the families of the fallen. The foundation provides health and welfare programs, educational scholarships, among other programs.

Operation Gratitude

<https://www.operationgratitude.com>

Street Address:

9409 Owensmouth Avenue

Chatsworth, CA 91311

Mailing Address:

P.O. Box 260257

Encino, CA 91426-0257

Phone: 818-960-7878

E-mail: info@operationgratitude.com

Operation Gratitude sends care packages containing food, hygiene products, entertainment items and personal letters of appreciation to deployed service members, to their children, and to Wounded Warriors recuperating in Transition Units.

Paralyzed Veterans of America (PVA)

<http://www.pva.org>

PVA National Headquarters

1875 Eye Street NW, Suite 1100

Washington, DC 20006

Phone: 800-424-8200 (Toll-free)

Benefits Help Line: 866-734-0857 (Toll-free), 800-795-4327 (TTY)

E-mail: info@pva.org

The PVA is dedicated to veterans service, medical research and civil rights for people with disabilities. Its national offices and 34 chapters represent thousands of veterans in all 50 states, the District of Columbia and Puerto Rico.

The Veterans Benefits Department provides free, comprehensive benefits assistance and advocacy. The Legislation Program advocates for benefits and quality health care for veterans, their dependents and survivors. The Veterans Resources page has links to resources for spinal cord injury, multiple sclerosis, ALS, spina bifida, caregivers and more.

Semper Fi Fund

<https://thefund.org/>

715 Broadway Street

Quantico, VA 22134

Phone: 760-725-3680

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with perpetuating needs.

Shepherd Center: Care for U.S. Service Members

<http://www.shepherd.org/patient-care/care-for-us-service-members>

Nancy Phillips

SHARE Military Initiative Admissions Liaison

2020 Peachtree Rd, NW

Atlanta, GA 30309

Phone: 404-352-2020

Shepherd Center specializes in medical treatment, research and rehabilitation for people with spinal cord injury and brain injury. Its SHARE Military Initiative is a comprehensive rehabilitation program that focuses on assessment and treatment for service men and women who have sustained a mild to moderate traumatic brain injury and PTSD from the Afghanistan and Iraqi conflicts. The Initiative provides assistance, support, and education to service members and their families during their recovery treatment and beyond.

Soldiers' Angels

<http://www.soldiersangels.org/>

2895 NE Loop 410, Suite 107

San Antonio, TX 78218

Phone: 210-629-0020

Soldiers' Angels volunteers provide aid and comfort to service members, veterans and their families.

Stop Soldier Suicide

<https://stopsoldiersuicide.org/>

P.O. Box 110605

Durham, NC 27709

Phone: 844-889-5610

A non-profit organization that provides support and resources to all past and present military personnel and their families. They do not provide direct clinical services or therapy and are not a crisis center. They provide info on mental health, PTSD, TBI referrals, emergency financial aid, housing assistance, alternative therapies, retreats for military personnel and their families, and education.

The Retired Enlisted Association (TREA)

<https://www.trea.org/>

12200 E. Briarwood, Suite 250

Centennial, CO 80112

Phone: 303-752-0660

Mission is to protect and enhance the earned benefits of uniformed service members, retirees, veterans, and their families and survivors.

USA Cares

<http://usacares.org/>

11760 Commonwealth Dr.

Louisville, KY 40299

Phone: 800-773-0387 (Toll-free)

USA Cares provides free financial and advocacy assistance to post 9/11 active duty US military service personnel, veterans and their families. Services include help with employment and housing, basic needs, and the Warrior Treatment Today program, which removes financial barriers to treatment for service members suffering from post-traumatic stress disorder (PTSD) and/or traumatic brain injury (TBI).

USO (United Service Organizations)

<http://www.uso.org>

P.O. Box 96860

Washington, DC 20090-7677

Phone: 888-484-3876 (Toll-free)

The USO provides entertainment to servicemen overseas as well as many other programs to help them and their families. The USO provides programs, entertainment and services at more than **200 USO locations worldwide**, including Afghanistan, Djibouti, Kuwait, United Arab Emirates, Germany, Italy, Japan, Iraq, South Korea and the United States.

Vacations for Veterans

<http://www.vacationsforveterans.org>

9435 Lorton Market Street # 105

Lorton, VA 22079

Phone: 800-831-8803 (Toll-free)

Email: info@vacationsforveterans.org

This non-profit organization offers vacation accommodations for those vets who received a Purple Heart while serving in Afghanistan or Iraq.

VetTix

<https://www.vettix.org/>

VetTix secures tickets to sporting events, concerts, performing arts, educational and family activities across the nation. User of VetTix sign up online. Vet Tix verifies their military service. VetTix users request tickets to events that interest them, then pay a small delivery fee to receive their free tickets.

Veterans Airlift Command (VAC)

<http://www.veteransairlift.org>

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

Email: info@veteransairlift.org

The VAC helps military families visit their wounded family members while they receive medical care. Priority is given to those serving in Iraq and Afghanistan.

Veterans of Foreign Wars (VFW)

<http://www.vfw.org>

National Headquarters

406 West 34th Street

Kansas City, MO 64111

Phone: 816-756-3390

The VFW's mission is to foster camaraderie among United States veterans of overseas conflicts; to serve veterans, the military, and communities; and to advocate on behalf of all veterans.

VetsFirst

<http://www.vetsfirst.org>

A non-profit organization established by United Spinal Association. In addition to providing individual support and counseling services, United Spinal's VetsFirst program offers timely news and information across the spectrum of issues presently impacting veterans, including guides on self-help, state benefits, separating from the military; exclusive feature stories on military health care, and VA funding and compensation.

Vietnam Veterans of America

<http://www.vva.org>

8719 Colesville Road, Suite 100

Silver Spring, MD 20910

Phone: 800-882-1316 (Toll-free) or 301-585-4000

The VVA's goals are to promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans.

World War II U.S. Veterans

<http://ww2.vet.org/>

This site is a collective effort dedicated to preserving the memory of World War II veterans. There is a discussion forum and opportunities for people to share stories and memorabilia.

The Wounded Warrior Project (WWP)

<http://www.woundedwarriorproject.org/>

4899 Belfort Road Suite 300

Jacksonville, FL 32256

Phone: 904-296-7350

Toll-free: 877-832-6997

The WWP provides free programs uniquely structured to nurture the mind and body, and encourage economic empowerment and engagement, to veterans with service-connected wounds, injuries, or illnesses incurred on or after September 11, 2001. The organization has offices in 8 cities.

Yellow Ribbon Fund

<http://www.yellowribbonfund.org/>

P.O. Box 4048

Bethesda, MD 20824

Phone: 240-223-1180

E-mail: email@yellowribbonfund.org

The Yellow Ribbon Fund assists injured service members and their families while they recuperate at the Walter Reed Army Medical Center and the National Naval Medical Center by providing free lodging and transportation for service members and their families, as well as free tickets to sporting and cultural events. There is a job mentoring program and a family caregiver program.

ALS

ALS Association: Military Veterans

<http://www.alsa.org/als-care/veterans/>

Phone: 800-782-4747 (Toll-free)

E-mail: alsinfo@alsa-national.org

This site is designed specifically for veterans with ALS, their families and survivors. It has information on available VA benefits, applying for benefits, and links to resources and tools veterans can use to take part in advocacy efforts.

Brain Injury

Traumatic Brain Injury Center of Excellence (formerly known as Defense and Veterans Brain Injury Center (DVBIC))

<https://health.mil/Military-Health-Topics/Centers-of-Excellence/Traumatic-Brain-Injury-Center-of-Excellence>

Washington, DC area

Phone: 310-295-3257; 800-510-7897 (Toll-free)

TBICoE promotes state-of-the-science traumatic brain injury care from point-of-injury to reintegration for service members, veterans and their families. Our goal is to help the Defense Health Agency provide optimal patient outcomes, leading to a medically ready and a ready medical force.

VA: Polytrauma/TBI System of Care

<http://www.polytrauma.va.gov/>

Caregiving

Veteran CareGiver

<http://www.veterancaregiver.com/>

c/o WiseHealth, Inc.

504 Ritchie Hwy, Ste 202

Severna Park, MD 21146

Phone: 410-777-5214

E-mail: info@wisehealth.com

VeteranCaregiver provides peer-to-peer support and nationwide networking and resources for caregivers of veterans.

Caregivers and Veterans Omnibus Health Services Act of 2010

<http://www.govtrack.us/congress/bill.xpd?bill=s111-1963>

This site provides information on S. 1963, signed into law May 5, 2010, including the full text and summary of the bill. The law provides support services to family and other caregivers of veterans including: education sessions for improved caregiving, counseling and mental health services, respite care, healthcare and a stipend for caregivers living with severely wounded veterans of Iraq and Afghanistan.

Military and Veteran Caregiver Experience Map

<https://caregiverjourney.elizabethdolefoundation.org>

The Elizabeth Dole Foundation and the Department of Veterans Affairs launched a website that changes the way family members tap into support throughout the caregiving journey and timeline.

Education

Sentinels of Freedom

www.sentinelsoffreedom.org

Phone: 925-380-6342

Email: info@sentinelsoffreedom.org

Provides educational scholarships to severely wounded post-9/11 veterans.

Employment

Defense Health Agency: Civilian Medical Jobs

<https://civilianmedicaljobs.com/>

The DHA offers opportunities for health care professionals to work in military facilities across the United States, Europe and Asia. This may be a source of employment for military spouses.

Employer Support of the Guard and Reserve (ESGR)

<https://www.esgr.mil/>

4800 Mark Center Dr., Suite 03E25

Arlington, VA 22350-1200

Phone: 800-336-4590 (Toll-free)

ESGR promotes cooperation and understanding between Reserve component members and their civilian employers and assists in the resolution of conflicts arising from an employee's military commitment.

Farmer Veteran Coalition

<http://www.farmvetco.org/>

1516 Austin Ave #2

Waco, TX 76701

Phone: 530-756-1395

E-mail: info@farmvetco.org

This organization provides vocational training in the agricultural and farming industry to servicemen and women returning from the Iraq and Afghanistan wars.

Feds Hire Vets

<http://www.fedshirevets.gov/>

Feds Hire Vets is a one-stop resource for Federal employment information for veterans, transitioning military service members, their families, and Federal hiring officials.

Helmets to Hardhats

<https://www.helmetstohardhats.org>

Phone: 866-741-6210 (Toll-free)

Helmets to Hardhats connects veterans to careers in the construction industry.

Hire Heroes USA (HHUSA)

<https://www.hireheroesusa.org/>

13010 Morris Rd, Suite 175

Alpharetta, GA 30004

Phone: 844-634-1520

HHUSA offers free transition assistance, job search assistance, and job placement services to veterans and their spouses, prioritizing those statistically most likely to be unemployed: OEF/OIF veterans and veterans that are wounded or disabled.

Military.com: Spouse – Career Advancement

<http://www.military.com/spouse/career-advancement>

This page has career resources including information on state licensing and certification requirements for a variety of professions, self-employment, and job search tips.

Military.com: Veteran Jobs

<http://www.military.com/veteran-jobs>

This site offers employment resources including a job search engine, military skills translator, and networking with other veterans.

Military.com: Career Center for Wounded Warriors and Disabled Veterans

<http://www.military.com/support>

This site offers employment resources including a job search engine and military skills translator, as well as links to other resources for veterans.

Military Spouse Jobs

<https://militaryspousejobs.org/>

5445 Murrell Road, Suite 102-177

Viera, FL 32955

Phone: 877-696-7226

Email: president@casy-msccn.org

MSJ is a 501 (c)(3) nonprofit that provides employment referral and job placement solutions to military spouses, war wounded, and caregivers of war wounded at no cost to them. The MSJ has partnered with all branches of the Armed Forces via Memoranda of Understanding with the Army, Navy, Marine Corps, Air Force, and Coast Guard. The MSJ operates with a world class user-friendly Internet Gateway available to the job seeker and partnered employers. The MSJ Team is comprised of military spouses, caregivers to war wounded, and retired military who specialize in vocational training, employment workshops, job search seminars, and individualized assistance. Funding of the MSJ is provided via employers, organizations via grants, and individual contributions – at no cost to the military spouses, war wounded, caregivers of war wounded, and veterans.

Paralyzed Veterans of America: Veterans Career Program formerly called Operation PAVE (Paving Access for Veterans Employment)

<http://www.pva.org/>

www.operationpave.org

Phone: 202-416-7795

E-mail: shellys@pva.org

PVA's Veterans Career Program provides one-on-one vocational assistance and support to all veterans and their families as well as assistance to employers committed to hiring veterans.

Project: Return to Work

<http://www.return2work.org>

P.O. Box 19381

Boulder, CO 80308

Phone: (720) 359-1541

Project: Return to Work, Inc. provides career counseling services to Americans with disabilities interested in returning to the workforce.

U.S. Department of Labor: Veterans' Employment and Training Service (VETS)

<http://www.dol.gov/VETS/index.htm>

VETS provides resources and expertise to assist and prepare veterans and service members to obtain meaningful careers, maximize their employment opportunities, and protect their employment rights.

U.S. Department of Veterans Affairs: Jobs

<http://www.va.gov/jobs>

The VA's recruitment website has information on VA jobs, job benefits, and the hiring process.

U.S. Department of Veterans Affairs: VA OSDBU

www.va.gov/osdbu

E-mail verificationfollowup@va.gov

Phone: 866-584-2344

The principal purposes of this site are to provide information about the VIP verification process; to assist veteran business owners in registering their business in the Secretary's Database of veteran-owned small businesses (VOSBs) and to enable VA contracting officers to easily identify service-disabled veteran-owned small businesses (SDVOSBs) and VOSBs eligible for procurement opportunities.

U.S. Department of Veterans Affairs: Vocational Rehabilitation & Employment Program (VR&E)

<http://www.vba.va.gov/bln/vre/>

This site presents information about the services that the VR&E program provides to veterans with service-connected disabilities.

U.S. Office of Personnel Management

<http://www.opm.gov/staffingPortal/Vetguide.asp> (VetGuide)

1900 E Street NW

Washington, DC 20415

Phone: 202-606-1800

This Guide has information on the preference given to veterans in Federal hiring.

U.S. Tech Vets

www.ustechvets.org

Offers a free online community facilitating veteran transitions to civilian careers within the technology industry and connecting employers across the country with veteran and military spouse candidates. USTechVets.org is a collaborative effort of the, Consumer Technology Association (CTA), Northern Virginia Technology Council (NVTC) and its' Veterans Employment Initiative, Monster.com and Military.com focused on reducing Veteran and military spouse unemployment and giving technology industry companies improved access to American's veteran workforce.

Veteran and Military Business Owners Association (VAMBOA)

<http://www.vamboa.org/>

VAMBOA is a non-profit veteran business trade association that promotes and assists veteran business owners, service disabled veteran owned businesses (SDVOB) and military business owners.

Military Employment Center

<http://www.military.com/veteran-jobs>

This partnership with Monster.com offers veterans, active duty troops, and Guard and Reserve members a place to search for thousands of jobs for veterans from employers who value military experience. It includes a special section for security clearance jobs.

VetJobs

<http://vetjobs.com/>

VetJobs is a niche job board for transitioning military personnel, National Guard and Reserve members, and their family members. The site has a newsletter, the Veteran Eagle

Family Assistance

Army Reserve Family Programs

<https://www.usar.army.mil/ARFP/>

This site has information on programs for Army Reserve members and their families during deployment and community reintegration.

Career One Stop: Military Spouse Resources

<http://www.careeronestop.org/militaryspouse/>

This site has information on resources for military spouses, including information on employment, education and training, and relocation.

Caring for Military Families: The Elizabeth Dole Foundation

<https://www.elizabethdolefoundation.org/>

Their approach is to assist the organizations and agencies that serve caregivers — spouses, parents, and others — responsible for an injured military member. Their efforts are designed to better align lifeline services for wounded warriors, promote synergy between the public, private, and nonprofit communities, and raise awareness about the critical needs facing caregivers today.

Children of Fallen Soldiers Relief Fund (CFSRF)

<http://www.cfsrf.org>

PO Box 22056

Sarasota, FL 34276

Phone: 301-685-3421

Toll-free: 888-805-7383

CFSRF provides college grants and financial assistance to children and spouses of U.S. servicemen and women who lost their lives in the Iraq or Afghanistan wars.

Fisher House

<http://www.fisherhouse.org/>

12300 Twinbrook Parkway, Suite 410

Rockville, MD 20852
Phone: 888-294-8560 (Toll-free)
Email: info@fisherhouse.org

Fisher House donates "comfort homes," built on the grounds of major military and VA medical centers, to enable hospitalized military members to have family close by. The organization also provides free air transportation for the families of wounded soldiers who must travel between home and the hospital.

Gold Star Wives of America

<http://www.goldstarwives.org/>

P.O. Box 279
Kimberly, AL 35091
Phone: 888-751-6350 (Toll-free)
E-mail: info@goldstarwives.org

GSW is a non-profit organization composed of widows and widowers whose spouses died while on active duty in the military service or a connected cause. Members provide service, support and friendship to other military widows and widowers.

Military Child Education Coalition

<http://www.militarychild.org/>

909 Mountain Lion Circle
Harker Heights, TX 76548
Phone: 254-953-1923

MCEC is focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition.

Military.com: Spouse

<http://www.military.com/spouse>

This page has many resources for military spouses related to such topics as relocation, relationships, benefits, careers and education.

National Military Family Association (NMFA)

<http://www.militaryfamily.org/>

2800 Eisenhower Avenue, Suite 250
Alexandria, VA 22314
Phone: 703-931-6632

Email: info@militaryfamily.org

NMFA provides resources for deployed servicemen and their families such as educational grants for military spouses.

Operation Homefront's Veteran Caregiver Support program

<https://operationhomefront.org/veteran-caregiver-support/>

17319 San Pedro Avenue, Suite 505
San Antonio, TX 78232
Phone: (210) 659-7756

Operation Homefront Veteran Caregiver Support is a network of people caring for wounded, ill or injured service members and veterans, created and maintained by

Operation Homefront. They seek to support caregivers by facilitating online groups that provide social connection to other caregivers in similar situations, fostering support groups by location to encourage resource sharing and friendships, and sponsoring annual retreats to provide education on relevant issues.

Special Operations Warrior Foundation

<http://www.specialops.org>

1137 Marbella Plaza Dr.

Tampa, FL 33619

Phone: 813-805-9400

Email: warrior@specialops.org

The Special Operations Warrior Foundation provides full scholarship grants and educational and family counseling to the surviving children of special operations personnel who die in operational or training missions and immediate financial assistance to severely wounded special operations personnel and their families.

Tragedy Assistance Program for Survivors (TAPS)

<http://www.taps.org/>

National Headquarters

3033 Wilson Boulevard, Third Floor

Arlington, VA 22201

Phone: 202-588-8277, 800-959-8277 (Toll-free)

Email: info@taps.org

TAPS is a 24/7 tragedy assistance resource for anyone who has suffered the loss of a military loved one, regardless of the relationship to the deceased or the circumstance of the death. The program provides comfort and care through comprehensive services and programs including peer-based emotional support, case work assistance, crisis intervention, and grief and trauma resources.

VA: Polytrauma System of Care – Family Support

http://www.polytrauma.va.gov/family_support.asp

This page has information on the logistical, clinical, and emotional support the VA provides to families and friends of polytrauma patients.

Veterans' Families United Foundation (VFU)

<http://www.veteransfamiliesunited.org/>

P.O. Box 14355

Oklahoma City, OK 73113

Phone: 405-535-1925

VFU provides support and resources to families with military relatives who are recovering from post-traumatic stress disorder.

Grants/Financial Assistance

Coalition to Salute America's Heroes

<http://www.saluteheroes.org/>

1769 Jamestown Road Suite 109

Williamsburg, VA 23185

Phone: 703-291-4605, 888-447-2588 (Toll-free)

Email: info@saluteheroes.org

The Coalition to Salute America's Heroes provides direct financial relief and support services to disabled American veterans from the wars in Iraq and Afghanistan.

Fallen Patriot Fund

<http://www.fallenpatriotfund.org/>

c/o Bank of America Private Bank

TX1-492-19-09

P.O. Box 832409

Dallas, TX 75283-2409

Phone: 214-658-7125

E-mail: through webpage

The Fallen Patriot Fund of The Mark Cuban Foundation was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom.

HelpHOPELive

<https://helphopelive.org/>

Two Radnor Corporate Center

100 Matsonford Rd, Ste 100

Radnor, PA 19087

Phone: 800-642-8399 (Toll-free)

HelpHOPELive (formerly the National Transplant Assistance Fund) empowers patient families to mobilize their communities to fundraise for uninsured expenses related to catastrophic injury, including, but not limited to, home and vehicle modifications, rehabilitation therapy and home health care.

The Independence Fund

<http://www.independencefund.org/>

412 Louise Ave.

Charlotte, NC 28204

Phone: 888-851-7996

Email: info@independencefund.org

The Independence Fund was founded in August 2007 with a mission statement of providing veterans injured in the Global War on Terror with the tools, therapies, and guidance that they otherwise may not be receiving. Currently, the Independence Fund provides funding for adaptive bikes only for veterans with mobility injuries.

Operation Family Fund (OFF)

<http://www.operationfamilyfund.org/>

P.O. Box 837

Ridgecrest, CA 93556

Phone: 760-793-0053

E-mail: support@operationfamilyfund.org

OFF assists the injured and families of those who have been injured or killed as a part of the Global War on Terrorism, whether domestic or abroad, military or civilian, with financial grants for transitioning to their new circumstances and achieving financial self-sufficiency.

Operation Homefront

<https://operationhomefront.org/>

17319 San Pedro Avenue, Suite 505

San Antonio, TX 78232

Phone: 210-659-7756

Toll-free: 800-722-6098

Operation Homefront offers a variety of financial assistance services to families of deployed service members and injured veterans particularly around housing and caregiving.

Semper Fi Fund

<https://thefund.org/>

P.O. Box 555193

Camp Pendleton, CA 92055-5193

Phone: 760-725-3680

The Injured Marine Semper Fi Fund is a non-profit organization that provides immediate financial support for injured and critically ill members of the U.S. Armed Forces and their families. The Semper Fi Fund (SFF) provides relief for financial needs that arise during hospitalization and recovery as well as assistance for those with ongoing needs such as adaptive equipment, housing, and transportation.

Home Modifications/Housing Help/Homelessness

Building Homes for Heroes

<http://buildinghomesforheroes.org/>

4584 Austin Park Blvd.

Island Park, NY 11558

Phone: 516-684-9220

E-mail: info@buildinghomesforheroes.org

Building Homes for Heroes provides mortgage-free homes to those who have returned home from the wars in Iraq or Afghanistan with severe wounds and disabilities, building homes from the ground up or modifying existing homes.

Homes for Our Troops

<https://www.hfotusa.org/>

6 Main Street

Taunton, MA 02780

Phone: 866-787-6677 (Toll-free)

Email: info@hfotusa.org

Homes for Our Troops builds specially adapted homes for severely disabled post 9/11 soldiers and their families.

Granting Freedom: Virginia's Military Home Modification Grant Program

<https://www.vhda.com/Programs/Pages/GrantingFreedom.aspx#.WmD5Ka6nGUk>

Phone: 804-782-1986, 877-843-2123 (Toll-free)

This page has information on the Virginia Housing Development Authority's grants for home modifications available to Virginia veterans injured during service.

National Coalition for Homeless Veterans

<http://www.nchv.org>

1001 Connecticut Avenue, NW Ste. 840

Washington, DC 20036

Phone: 202-546-1969, 800-838-4357 (Toll-free)

E-mail: info@nchv.org

The NCHV is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

Paralyzed Veterans of America – Architecture Program

<http://www.pva.org>

Phone: 800-424-8200

Paralyzed Veterans of America is the only veterans organization with on-staff architects that provide design assistance to veterans. Paralyzed Veterans' architects are specialized in accessible design and have extensive experience. With their unique design knowledge many public buildings, stadiums, courthouses, memorials, and other structures are made more accessible and enjoyable by the public.

PVA Architecture does not provide private home architectural services at this time. However, for more information regarding home alterations, people can purchase their *Accessible Home Design: Architectural Solutions for the Wheelchair User* book at www.pva.org. This book contains a comprehensive discussion of accessible homes as well as methods for designing, financing, and constructing residential projects. The scope of projects ranges from small homeowner additions to large multi-family communities.

U.S. Department of Veterans Affairs: National Call Center for Homeless Veterans

<https://www.va.gov/HOMELESS/NationalCallCenter.asp>

Phone: 877-424-3838 (Toll-free)

The National Call Center for Homeless Veterans hotline provides homeless Veterans and Veterans at-risk for homelessness with free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

U.S. Department of Veterans Affairs: Specially Adapted Housing Program

<https://www.benefits.va.gov/homeloans/adaptedhousing.asp>

Phone: 877-827-3702

Email: sahinfo@vbaco@va.gov

This page has information on VA grants to veterans or service members with specific service-connected disabilities for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs.

USA Cares

<http://usacares.org/>

11760 Commonwealth Dr.

Louisville, KY 40299

Phone: 800-773-0387 (Toll-free)

Email: through website

USA Cares works with Fannie Mae and the Homeownership Preservation Foundation to prevent military families from losing their homes through eviction and/or foreclosure.

The Homeownership Preservation Foundation's website is <http://www.995hope.org/>; their toll-free phone number is 888-995-4673.

Multiple Sclerosis

VA: Multiple Sclerosis Center of Excellence

<http://www.va.gov/ms/>

The MS Centers of Excellence are dedicated to furthering understanding of the disease, its impact on veterans, and effective treatments to help manage MS symptoms. This site has general information on MS, diagnosis, symptom management and treatments, as well as VA benefits and services and provider directories.

No Wrong Door (NWD) Programs

The NWD System was developed and supported through a partnership between the Administration for Community Living, the Centers for Medicare and Medicaid Services, and the Veterans Health Administration. The NWD System makes it easier for people of all ages, disabilities, and income levels to learn about and access the services and supports they need.

No Wrong Door

<https://nwd.acl.gov/serving-veterans.html#Services>

No Wrong Door's Veteran Directed Care Program

<https://nwd.acl.gov/vdc.html>

No Wrong Door's Connecting Older Veterans (Especially Rural) to Community or Veteran Eligible Resources (COVER to COVER) Program

<https://nwd.acl.gov/cover-to-cover.html>

No Wrong Door's Ask the Question Initiative

<https://nwd.acl.gov/ask-the-question.html>

Post-Traumatic Stress Disorder (PTSD)

VA: National Center for PTSD

<http://www.ptsd.va.gov/>

Phone: 802-296-6300

Email: ncptsd@va.gov

The National Center for PTSD is the center of excellence for research and education on the prevention, understanding, and treatment of PTSD. The Center does not provide direct clinical care, but conducts research to improve the well-being and understanding of veterans.

VA: Women's Trauma Recovery Program (WTRP)

<https://www.paloalto.va.gov/services/wtrp.asp>

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active-duty service members, National Guard, and Reservists with PTSD.

Service Dogs

America's VetDogs

<http://www.vetdogs.org/>

371 East Jericho Turnpike

Smithtown, New York 11787-2976

Phone: 866-838-3647 (Toll-free)

E-mail: info@vetdogs.org

America's VetDogs provides assistance dogs and training to disabled veterans and active service members at no cost.

Canines for Service/Canines for Veterans program

www.caninesforservice.org

221 Old Dairy Rd., Unit 1

Wilmington, NC 28405

Phone: 910-362-8181

Canines for Service provides veterans with disabilities with quality trained service dogs for mobility, TBI and PTSD and teaches military prisoners how to train service dogs.

K9s for Warriors

<http://www.k9sforwarriors.org/>

114 Camp K9 Rd.

Ponte Vedra, FL 32081

Phone: 904-686-1956

K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

Puppies Behind Bars

<http://www.puppiesbehindbars.com>

263 West 38th St, 4th Floor
New York, NY 10018
Phone: 212-680-9562

E-mail: programs@puppiesbehindbars.com

Puppies Behind Bars trains inmates to raise puppies to become service dogs for the disabled and explosive detection canines. The Dog Tags: Service Dogs for Those Who've Served Us program provides service dogs to veterans returning home from Iraq (OIF) and Afghanistan (OEF) who have suffered a physical injury, traumatic brain injury (TBI) or exhibit post-traumatic stress disorder (PTSD).

Spinal Cord Injury

United Spinal Association

<http://www.unitedspinal.org/>

120-34 Queens Blvd #320

Kew Gardens, NY 11415

Phone: 718-803-3782, 800-404-2898 (Toll-free)

Email: info@unitedspinal.org

United Spinal Association's mission is to improve the quality of life of all people living with spinal cord injuries and disorders (SCI/D). The organization is committed to providing active-lifestyle information, peer support and advocacy that empower individuals to achieve their highest potential in all facets of life.

Sports and Recreation

C.A.M.O. (Challenge Aspen Military Opportunities)

<http://challengeaspen.org/military/>

PO Box 6639

Snowmass Village, CO 81615

Phone: 970-923-0578

E-mail: dylan@challengeaspen.com

C.A.M.O. provides recreational and cultural experiences for wounded warriors with cognitive or physical disabilities. The program encourages family and friends to share in these experiences.

Challenged Athletes Foundation (CAF)

<https://www.challengedathletes.org/>

<https://www.challengedathletes.org/programs/operation-rebound/>

CAF offers "Operation Rebound" which is a program for veterans that offers grants for adaptive sports equipment.

Healing America's Heroes

<https://healingamericasheroes.org>

250 Black Jack Pershing Rd.

Fort Stanton, NM 88323

Phone: 575-244-3700

Email: debbie@healingamericasheroes.org

Healing America's Heroes (HAH) specializes in equine and piscatorial (fly fishing and fly tying) recreational therapy sessions for veterans (individuals and couples) and first responders which include three or five day sessions at no cost to the participants. Travel expenses are not included in the sessions.

Honoring Our Veterans

www.HonorVets.org

7950 Cowboy Way

Jackson, WY 83001

Phone: 307-413-3951

Email: honorvets00@gmail.com

Located in Jackson Hole, Wyoming, Honor Vets is a non-profit organization that provides recreational opportunities to combat-wounded veterans.

Independence Fund

www.independencefund.org

International Equine Services for Heroes (a program of PATH International)

<https://pathintl.org/programs/veterans/>

PATH International Equine Services for Heroes

P.O. Box 33150

Denver, CO 80233

Phone: 303-452-1212, 800-369-7433 (Toll-free)

Horses for Heroes assists military veterans through services provided by members of PATH (the Professional Association of Therapeutic Horsemanship) and by providing leadership and guidance for equine assisted activities and therapies.

Jimmy Miller Memorial Foundation: Wounded Warriors Program

<http://jimmymillerfoundation.org/>

2711 Sepulveda Blvd. #331

Manhattan Beach, CA 90266

Phone: 310-721-3806

E-mail: info@jimmymillerfoundation.org

The Foundation currently serves Marines of the Wounded Warrior Battalions at Camp Pendleton and 29 Palms with unique, year-round ocean therapy sessions. The adaptive surfing sessions are held on base at Camp Pendleton.

National Veterans Golden Age Games

<https://www.blogs.va.gov/nvspse/national-veterans-golden-age-games>

National Veterans Summer Sports Clinic

<https://www.blogs.va.gov/nvspse/national-veterans-summer-sports-clinic>

National Veterans Wheelchair Games

<https://www.wheelchairgames.org>

National Veterans Winter Sports Clinic

<https://www.wintersportsclinic.org>

Oscar Mike Foundation

<https://www.oscarmike.org>

Project Healing Waters Fly Fishing

<http://www.projecthealingwaters.org/>

P.O. Box 695

LaPlata, MD 20646

E-mail: admin@projecthealingwaters.org

This organization assists in the physical and emotional rehabilitation of disabled active military service personnel and veterans through fly fishing and fly tying education and outings.

Salmon for Soldiers

www.salmonforsoldiers.com

41 E. Rhododendron Lane

Union WA 98592

Phone: 425-330-0415

Email: cabincreekadventures@yahoo.com

A non-profit organization that offers fishing to disabled veterans.

Soldier Ride

<https://www.woundedwarriorproject.org/programs/soldier-ride>

Wounded Warrior Project

4899 Belfort Road, Suite 300

Jacksonville, FL 32256

Phone: 877-832-6997 (Toll-free)

Soldier Ride is a Wounded Warrior Project initiative that provides adaptive cycling opportunities across the country to help wounded warriors restore their physical and emotional well-being. Wounded Warrior Project provides free equipment and support to participating injured service members.

U.S. Paralympic Team: Military and Veteran Programs

<https://www.teamusa.org/Team-USA-Athlete-Services/Paralympic-Sport-Development/Programs-and-Events/Military>

The U.S. Olympic Committee (USOC) Paralympic Military & Veteran Programs provide post-rehabilitation support and mentoring to American servicemen and women who've sustained physical injuries such as traumatic brain injury, spinal cord injury, amputation, visual impairment/blindness and stroke. Veterans are introduced to adaptive sport techniques and opportunities through clinics and camps and are also connected with ongoing Paralympic sport programs in their hometowns.

Veterans and Athletes United

<http://www.vetsau.com/>

2536 Falkirk Dr

Northern Chesterfield VA 23236

James Howard, Executive Director
Phone: 540-597-3186
Email: howard82nd@yahoo.com
Offers recreational opportunities and retreats to veterans.

WAVES (Wheelchairs and Veterans Enjoying Summer) Inc.

<http://www.kipsboat.org/index.html>

754 Shore Walk

Lindenhurst, NY 11757

Phone: 631-957-1838

Email: kipsboat@msn.com

WAVES offers free fishing and boating to children and adults with physical and mental challenges, including all disabled veterans. They operate in Long Island, NY from May to November and in Stuart, FL from November to May.

Wounded Warrior Independence Program

<https://www.woundedwarriorproject.org/programs/independence-program>

Transportation

Veterans Airlift Command (VAC)

<http://www.veteransairlift.org/>

5775 Wayzata Boulevard, Suite 700

St. Louis Park, MN 55416

Phone: 952-582-2911

E-mail: info@veteransairlift.org

The VAC provides free air transportation to wounded veterans and their families for medical and other purposes through a national network of volunteer aircraft owners and pilots. Priority is given to veterans of the wars in Iraq and Afghanistan.

Women

VA: Center for Women Veterans

<http://www.va.gov/womenvet/>

The Center for Women Veterans monitors and coordinates VA's administration of health care and benefits services, and programs for women veterans.

VA: Women's Trauma Recovery Program (WTRP)

<https://www.paloalto.va.gov/services/wtrp.asp>

795 Willow Rd

Menlo Park, CA 94025

Phone: 650-493-5000 x27166

The WTRP is an intensive 60-day residential program in Menlo Park, CA, designed to treat women veterans, active duty service members, National Guard, and Reservists with PTSD.

Abbreviations

<http://www.research.va.gov/programs/pride/resources/Acronyms.pdf>

AW2- Wounded Warrior

BDD: Benefits Delivery at Discharge

CAP: Combined Assessment Program

CBOC: Community Based Outpatient Clinic

CIO: Chief Information Officer

DOD: Department of Defense

GWOT- Global War on Terror

MTF: Military Treatment Facility

OEF: Operation Enduring Freedom (Afghanistan)

OIF: Operation Iraqi Freedom (Iraq)

PTSD: Post Traumatic Stress Disorder

SFAC- Soldier Family Assistance Center

SFMS - AW2 Soldier Family Management Specialists

VAMC: VA Medical Center

VARO: VA Regional Office

VBA: Veterans Benefits Administration

VETSNET: Veterans Services Network

VHA: Veterans Health Administration

VISN: Veterans Integrated Service Network

WTU- Warrior Transition Unit

Magazines

PN: Paraplegia News

<https://pnonline.com/subscribe/>

A monthly publication from the Paralyzed Veterans of America available online or in print.

Electronic Books

The following booklets are available for free download from PVA. Go to www.pva.org, click on *Publications* at the top, then click on *Guidelines and Publications* on the left, then click *Download CPGs and Consumer Guides*, and then click *For Your Health* (for PVA Guide to Federal Health Programs) or *Advocacy & Accessibility Publications* (for Wheelchairs – Your Options & Rights).

- **PVA Guide to Federal Health Programs.** Washington, DC: Paralyzed Veterans of America.
Covers Medicare, Medicaid, VA, TRICARE/Champus.
- **Wheelchairs – Your Options & Rights: A Guide to Department of Veterans Affairs Eligibility.** Washington, DC: Paralyzed Veterans of America, 1997. 2nd edition.

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