



# TENNESSEE DISABILITY RESOURCES

## Affordable Care Act (ACA)

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

## Aging Resources

### Aging and Disability Resource Centers/ No Wrong Door

<https://www.n4a.org/adrcs>  
<https://www.acl.gov/node/413>

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS' Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (<http://www.hhs.gov/acl/index.html>) (including AoA (<http://www.aoa.gov/>) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (<http://www.cms.hhs.gov/>). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a "one-stop shops" or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the

full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

### **Tennessee Commission on Aging and Disability**

<https://www.tn.gov/aging/>

502 Deaderick Street, 9th Floor

Nashville, TN 37243-0860

Phone: 615-741-2056

Email: [tn.aging@tn.gov](mailto:tn.aging@tn.gov)

### **National Center on Elder Abuse (NCEA)**

<https://ncea.acl.gov/>

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public and provides technical assistance and training to states and to community-based organizations.

## **Arts And Creativity**

### **Borderless Arts**

<https://borderlessartstn.org/>

Borderless Arts provides opportunities for young people with disabilities to participate in and express themselves through the arts and arts education.

### **Ballet On Wheels Dance School & Company**

<http://balletonwheels.org/>

4841 Summer Ave, Suite 1

Memphis, TN 38122

Phone: 901-870-4348

## **Assistive Technology**

### **Tennessee Technology Access Project (TTAP)**

<http://www.tennessee.gov/humanservices/topic/ttap>

Citizen Plaza, 14<sup>th</sup> Floor

505 Deaderick Street

Nashville, TN 37243-1403

Phone: 615-313-5183

Toll-free: 800-732-5059 (In State)

TTY: 615-741-5695  
Email: [tn.ttap@tn.gov](mailto:tn.ttap@tn.gov)

**Southeast ADA Center**

<http://www.adasoutheast.org/>  
Burton Blatt Institute Lexington  
1525 Bull Lea Road, Suite 160  
Lexington, KY 40511  
Toll-free: 800-949-4232  
Phone: 404-541-9001  
Email: [adasoutheast@law.syr.edu](mailto:adasoutheast@law.syr.edu)

**First Presbyterian Church of Nashville**

<https://fpcnashville.org/ministry/congregational-care>

4815 Franklin Pike  
Nashville, TN 37220  
Phone: 615-383-1815

The Medical Lending Closet accepts donations of used equipment, such as wheelchairs and walkers, for use by congregation and community members who may need these items.

**UCP of Middle Tennessee: Equipment Exchange**

<https://www.ucpmidttn.org/equipment-exchange/>

1200 9<sup>th</sup> Ave. North, Suite 110  
Nashville TN 37208  
Phone: 615-242-4091 ext. 105

UCP provides durable medical and adaptive equipment throughout Tennessee regardless of diagnosis.

**Office on Aging: Loan Closets in Knoxville area**

<https://www.knoxseniors.org/ssd/loan-closets/>

**ALS Association TN Chapter**

P.O. Box 40244  
Nashville, TN 37204-0244  
Phone: 615-331-5556  
Loans used DME and assistive devices to registered members.

**Caregivers Information**

**Caregiver.com**

<https://caregiver.com/>  
3920 Riverland Road  
Fort Lauderdale, FL 33312  
Tel: (954) 893-0550, 1-800-829-2734  
Email: [info@caregiver.com](mailto:info@caregiver.com)

## Community Health Centers

### Tennessee Primary Care Association

[www.tnpca.org](http://www.tnpca.org)

710 Spence Lane

Nashville, TN 37217

Phone: 615-329-3836

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

### Health Resources and Services Administration (HRSA): Find a Health Center

<http://findahealthcenter.hrsa.gov/>

HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

## Crime Victim Assistance

### Victim Compensation

<https://treasury.tn.gov/Services/Claims-and-Risk-Management/Criminal-Injuries-Compensation>

Treasury Dept./Division of Claims Administration

600 Martin Luther King Jr. Blvd.

Nashville, TN 37243-0225

Phone: 615-741-2734

Email: [criminal.injury@tn.gov](mailto:criminal.injury@tn.gov)

### Safe Horizon's Links for General Crime Victim Resources/Issues

<http://www.safehorizon.org>

## Domestic Violence Help

**National Domestic Violence Hotline:** 1-800-799-SAFE (7233); TTY: 800-787-3224

**National Resource Center on Domestic Violence:** 800-537-2238

Statewide Hotline: 800-356-6767

## **Tennessee Coalition to End Domestic & Sexual Violence**

<http://www.tncoalition.org/>

2 International Plaza Dr., Suite 425

Nashville, TN 37217

Phone: 615-386-9406

Toll-free: 800-289-9018

## **Bridges Domestic Violence Center** \*Unable to Provide Transportation Services

<http://www.bridgesdvc.org/>

Post Office Box 1592

Franklin, TN 37065

Phone 615-599-5777

Email: [info@bridgesdvc.org](mailto:info@bridgesdvc.org)

Bridges Domestic Violence Center serves women, men, and their children affected by domestic violence, ensuring a safe transition to successful independent living through education, intervention, and case management.

This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

## **Easter Seals Offices**

### **Tennessee Easter Seals**

<http://www.easterseals.com/connect-locally/?state=TN>

[http://tn.easterseals.com/site/PageServer?pagename=TNDR\\_homepage](http://tn.easterseals.com/site/PageServer?pagename=TNDR_homepage)

500 Wilson Pike Circle, Suite 228

Brentwood, TN 37027

Phone: 615-292-6640

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

## **Government Offices**

### **Tennessee.gov: Official Website of the State of Tennessee**

[www.tn.gov](http://www.tn.gov)

### **Disability Resources for the State of Tennessee**

<http://www.tn.gov/humanservices/section/disability-services>

### **Tennessee Human Rights Commission**

<https://www.tn.gov/humanrights/>

312 Rosa L Parks Ave, 23<sup>rd</sup> Floor

Nashville, Tennessee 37243

Phone: 615-741-5825

Toll-free: 800-251-3589

Email: [ask.thrc@tn.gov](mailto:ask.thrc@tn.gov)

The Commission is an independent state agency responsible for enforcing the state's anti-discrimination laws which prohibit discrimination in housing, employment, and public accommodation on the basis of race, color, creed, national origin, religion, sex, disability, familial status and age.

### **Vocational Rehabilitation Services**

<http://www.tn.gov/humanservices/topic/vocational-rehabilitation>

James K. Polk State Office Building, 15<sup>th</sup> Floor  
505 Deaderick Street  
Nashville, TN 37243-1403  
Telephone: 615-313-4891  
TTY: 615-313-5695  
TTY (Long Distance): 1-800-270-1349

### **Tennessee Department of Health and Human Services**

<http://www.tn.gov/humanservices/>

505 Deaderick St.  
Nashville, TN 37243-1403  
Phone: 615- 313-4700  
Email: [DHS.customerservice@tn.gov](mailto:DHS.customerservice@tn.gov)

### **Tennessee SCHIP Program** (State Children's Health Insurance Program)

<http://www.tn.gov/tenncare/section/tenncare-kids>

TennCare Kids  
310 Great Circle Rd.  
Nashville, TN 37243  
Toll-free: 800-342-3145  
Email: [Tenn.Care@tn.gov](mailto:Tenn.Care@tn.gov)  
TennCare Kids covers children who qualify from birth to age 21.

### **Tennessee State Health Insurance Assistance Program (TN SHIP) - for Seniors**

<https://www.tn.gov/disability-and-aging/disability-aging-programs/tn-ship.html>

Phone: 877-801-0044  
Email: [dda.ship@tn.gov](mailto:dda.ship@tn.gov)

### **Tennessee Bureau of Workers' Compensation**

<https://www.tn.gov/workforce/injuries-at-work/available-resources/redirect-available-resources/a-beginner-s-guide-to-tn-workers--comp.html>

The Bureau of Workers' Compensation has an Ombudsman program to assist injured employees in navigating the benefits process. They can be contacted at 800-332-2667. Stakeholders can verify coverage through the Bureau's Coverage Verification Service at <https://www.ewccv.com/cvs/?ref=http%3A%2F%2Ftn.gov%2Fworkforce%2Ftopic%2Freport-workers-comp-fraud>

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most

have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

<http://www.house.gov/representatives/find/>

<http://whoismyrepresentative.com/>

### **Tennessee Committee for Employment of People with Disabilities**

[www.tennessee.gov/humanservices](http://www.tennessee.gov/humanservices)

Division of Rehabilitation Services

Citizens Plaza Building

400 Deaderick Street

Nashville, TN 37243-1403

Phone: 615-313-4700

Email: [dhs.customerservice@tn.gov](mailto:dhs.customerservice@tn.gov)

### **State Long-Term Care Ombudsman**

<https://www.tn.gov/disability-and-aging/disability-aging-programs/long-term-care-ombudsman.html>

Tennessee Commission on Aging and Disability

502 Deaderick Street, 9<sup>th</sup> Floor

Nashville, Tennessee 37243-0860

Phone: 615-253-5412, 877-236-0013 (Toll Free), 615-532-3893 (TDD)

The State Long-Term Care Ombudsman advocates for Tennesseans residing in long-term care facilities, including nursing homes, assisted care living facilities, homes for the aged and adult care homes. Ombudsmen are available to help residents and their families resolve problems and answer questions related to long-term care.

## **Housing**

### **Fannie Mae**

[www.fanniemae.com](http://www.fanniemae.com)

Please check with them for state info

### **Housing and Urban Development (HUD)**

[www.hud.gov](http://www.hud.gov)

HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the "State Info" tab across the top bar, then click on your state, then click on "contact my local office". If you want info on public housing, click here: [https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts) and choose your state from the drop down box.

[www.211.org](http://www.211.org)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

### **US Department of Agriculture: Tennessee Rural Development State Office**

[www.rd.usda.gov](http://www.rd.usda.gov)

441 Donelson Pike, Suite 310

Nashville, TN 37214

Phone: 615-783-1300, 800-342-3149

### **Independent Living**

#### **ILRU: State Independent Living Councils (SILCs)**

#### **Statewide Independent Living Council of Tennessee**

<http://www.silctn.org>

<http://www.ilru.org/projects/silc-net/silc-directory>

Mailing Address:

23 Federal Drive

Jackson, TN 38305

Phone: 731-241-1170 (Voice), 615-255-0283 (Text)

Email: [SILCDirector@SILCTN.Org](mailto:SILCDirector@SILCTN.Org)

#### **Independent Living Research Utilization's** directory of Independent Living Centers

<http://www.ilru.org>

#### **Empower TN: Center for Independent Living of Middle Tennessee**

<http://empowertn.org/>

955 Woodland Street

Nashville, TN 37206

Phone: 615-200-6028

Email: [info@empowerTN.org](mailto:info@empowerTN.org)

#### **National Council on Independent Living (NCIL)**

<http://www.ncil.org/>

2013 H St. NW, 6<sup>th</sup> Floor

Washington, DC 20006

Phone: 202-207-0334

Toll-free: 877-525-3400

TTY: 202-207-0340

Email: [ncil@ncil.org](mailto:ncil@ncil.org)

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.



## Library Services

### Tennessee Library for the Blind and Physically Handicapped

<http://sos.tn.gov/tsla/lbph>

Tennessee State Library and Archives

403 Seventh Avenue North

Nashville, TN 37243

Phone: 615-741-3915, 800-342-3308

Email: [tlph.tsla@tn.gov](mailto:tlph.tsla@tn.gov)

## Peer Support Programs

### Christopher & Dana Reeve Foundation's Peer & Family Support Program

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: [Peer@ChristopherReeve.org](mailto:Peer@ChristopherReeve.org)

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

## Protection and Advocacy

### Disability Rights Tennessee

<http://www.disabilityrightstn.org/>

Phone: 800-342-1660

Email: [GetHelp@disabilityrightstn.org](mailto:GetHelp@disabilityrightstn.org)

DRT is Tennessee's Protection & Advocacy System and has represented—at no cost—more than 40,000 clients with disabilities. Their mission is to protect the rights of Tennesseans with disabilities. They provide services to people with disabilities across the state with numerous issues including employment discrimination, safety in schools, abuse and neglect, and access to community resources and services.

Middle Tennessee (Administrative Office)

2 International Plaza, Suite 825

Nashville, TN 37217

Phone: 615-298-1080

East Tennessee

9050 Executive Park Drive, Suite 101-B  
Knoxville, TN 37923  
Phone: 865-670-2944

West Tennessee  
1407 Union Avenue, Suite 1015  
Memphis, TN 38104  
Phone: 901-458-6013

### **Help4TN.org**

<http://www.help4tn.org/>

Helps people find legal and social services in Tenn.

### **West Tennessee Legal Services**

Phone: 800-372-8346

WTLS is a non-profit organization that provides assistance in civil cases to individuals, families and communities. Their goal is to make this service available to the underserved populations of Benton, Carroll, Chester, Crockett, Dyer, Decatur, Gibson, Hardeman, Hardin, Haywood, Henry, Henderson, Lake, McNairy, Madison, Obion, and Weakley counties. Maintains 4 offices: Jackson, Dyersburg, Huntingdon, and Selmer.

## **Service Dogs**

### **Retrieving Independence**

<http://retrievingindependence.org/>

Honey Alexander Center  
2400 Clifton Avenue  
Nashville, TN 37209  
Phone: 615-934-0444

### **Smoky Mountain Service Dogs**

<http://www.smokymountain servicedogs.org/>

8380 Fairview Road  
Lenoir City, TN 37772  
Provides service dogs to veterans.

### **Working Dogs for Vets**

<http://www.workingdogsforvets.org/>

3138 Buffalo Rd.  
Lawrenceburg, TN 38464  
Phone: 843-647-4357  
Email: [workingdogsforvets@gmail.com](mailto:workingdogsforvets@gmail.com)

Working Dogs For Vets Service dogs. A Non-Profit which rescues dogs from shelters and trains them to become service dogs that perform dozens of tasks for disabled veterans. Working dogs for vets has teamed hundreds of veterans with service dogs helping them to regain their independence build their confidence, and self-esteem. Their P.T.S.D.

Service dogs have provided our veterans with relief from P.T.S.D. night terrors, anger & irritability and fear of crowds,

## **Sports and Recreation**

### **ABLE Youth**

<http://www.ableyouth.org/>

2000 Mallory Lane

Suite 130-542

Franklin, TN 37067-8231

Phone: 615-480-4331

ABLE Youth is the only organization of its kind, located in Nashville, Tennessee, to provide opportunities for youth who use wheelchairs in learning independence, skills and sports.

### **Sport, Art and Recreation of Chattanooga**

[www.sparctn.org](http://www.sparctn.org)

6638 Declaration Dr.

Hixson, TN 37343

Phone: 423-596-5268

Email: [jhightower@ctiengr.com](mailto:jhightower@ctiengr.com)

## **United Way Offices**

### **United Way**

<http://unitedway.org>

National Headquarters

701 North Fairfax Street

Alexandria, VA 22314

Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

## **Veteran Benefits**

### **Tennessee VA Facilities**

<https://www.va.gov/find-locations/>

US Department of Veterans Affairs VA Hospital Locator

VA Med Center, (614)

1030 Jefferson Ave., Memphis, TN 38104

Phone: 901-523-8990

### **Tennessee Mid South Chapter Paralyzed Veterans of America Offices**

<http://www.midsouth-pva.org/>

Memphis VAMC 817

1030 Jefferson Avenue  
Room 2D100  
Memphis, TN 38104  
Phone: 901-527-3018, 800-767-3018  
Email: [mspva@aol.com](mailto:mspva@aol.com)

## ALS

### **ALS Association**

[www.alsa.org](http://www.alsa.org)

1300 Wilson Blvd, Suite 600  
Arlington, VA 22209

### **Tennessee Chapter of the ALS Association**

<http://www.alstn.org/>

P.O. Box 40244  
Nashville, TN 37204  
Phone: 615-331-5556  
Toll-free 877-216-5551  
Mailing Address:  
PO Box 40244  
Nashville, TN 37204

## Brain Injury

### **Brain Injury Association of Tennessee**

<https://braininjurytenn.org/>

955 Woodland Street  
Nashville, TN 37206  
Phone: 615-248-2541  
Toll-free: 800-444-6443

### **Tennessee Traumatic Brain Injury Directory 2020-2021**

[https://www.tn.gov/content/dam/tn/health/program-areas/tbi/TBI\\_Directory.pdf](https://www.tn.gov/content/dam/tn/health/program-areas/tbi/TBI_Directory.pdf)

## Cerebral Palsy

### **United Cerebral Palsy National Office**

<http://www.ucp.org>

8401 Old Courthouse Rd.  
Vienna, VA 22182  
Phone: 866-827-1692  
Toll-free: 800-872-5827  
Email: [national@ucp.org](mailto:national@ucp.org)

Please contact them for any state chapters.

### **UCP of Middle Tennessee**

<http://ucpmidtn.org/>

1200 9th Avenue North, Suite 110  
Nashville, TN 37208  
Phone 615-242-4091

### **Friedreich's Ataxia**

#### **National Ataxia Foundation (NAF) National Office**

<http://www.ataxia.org/>

600 Hwy 169 S, Ste 1725

Minneapolis, MN 55426

Phone: 763-553-0020

Please contact them for state info.

### **Guillain-Barré Syndrome / CIDP**

#### **Guillain-Barré Syndrome / CIDP Foundation International**

<http://gbs-cidp.org/>

375 E. Elm St.

Conshohocken, PA 19428

Phone: 610-667-0131

Toll-free: 866-224-3301

Please call them for information in your area

### **Multiple Sclerosis**

#### **National Multiple Sclerosis Society: Indiana-Kentucky-Tennessee Chapter**

<https://www.nationalmssociety.org/resources/get-connected/in-your-area/tns>

#### **Multiple Sclerosis Association of America Southeast Regional Office**

<http://www.mymsaa.org/>

(Serving Arkansas, Colorado, Kansas, Louisiana, Mississippi, Missouri, New Mexico, Oklahoma, Tennessee and Texas)

PMB #196

2870 Peachtree St.

Atlanta, GA 30305-2918

Phone: 800-532-7667 ext. 160

Email: [southeast@mysaa.org](mailto:southeast@mysaa.org)

### **Muscular Dystrophy**

#### **Muscular Dystrophy Association**

<https://www.mda.org/>

National Headquarters

1016 W Jackson Blvd #1073

Chicago, IL 60607

Phone: 800-572-1717

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

## Post-Polio Syndrome

### Post-Polio Health International (PHI)

<http://www.post-polio.org>

50 Crestwood Executive Center #440

Saint Louis, MO 63126-1916

Phone: 314-534-0475

Email: [info@post-polio.org](mailto:info@post-polio.org)

<https://post-polio.org/wp-content/uploads/2023/09/PDIR-2023.pdf>

Directory lists Health Professionals, Clinics, and Support Groups by state.

## Spina Bifida

### Spina Bifida Association of America

<http://www.spinabifidaassociation.org>

1600 Wilson Blvd Suite 800

Arlington, VA 22209

Phone: 800-621-3141

Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

Please contact them for info in your area. For information on Spina Bifida clinics in Tennessee, go to <https://www.spinabifidaassociation.org/clinics/>.

## Spinal Cord Injury

### United Spinal Association, Support Groups and State Resources for Tennessee

<https://unitedspinal.org/>

<https://unitedspinal.org/chapter/tennessee-chapter-of-united-spinal-association/>

### Siskin Hospital for Physical Rehabilitation, Spinal Cord Injury Program

<https://www.siskinrehab.org/spinal-cord-injury>

1 Siskin Dr.

Chattanooga, TN 37403

Email: [SpinalCordSupportGroup@siskinrehab.org](mailto:SpinalCordSupportGroup@siskinrehab.org)

Siskin Hospital is a CARF accredited inpatient rehab program, with expertise in spinal cord rehabilitation. They provide patient centered care through a wide range of high quality physical rehabilitation services to achieve positive outcomes for all individuals served while benefitting the community at large.

Spinal Cord Outreach Advocacy and Resilience (SOAR) is a support group designed for individuals living with SCI, friends and families in the Chattanooga area. This group focuses on bringing to life the Siskin mission and vision for the community.

### Trauma Survivors Network

<http://www.vanderbilthealth.com/traumasurvivors/>

Vanderbilt University

1211 Medical Center Dr.

Nashville, TN 37232

Phone: 615-322-5000

A program that helps people with spinal cord injuries and other traumatic injuries by providing support groups, peer visitors, and a Facebook community for networking.

## **Stroke**

### **American Stroke Association**

National Center  
7272 Greenville Avenue  
Dallas, TX 75231  
Phone: 888-478-7653 or 888-474-8483  
Please call them for the stroke support group in your area

### **Skyline Medical Center**

<http://www.skylinemedicalcenter.com/>  
3441 Dickerson Pike  
Nashville, TN 37207  
Phone: 615-769-2000

Accredited as a Primary Stroke Care Center by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO): <http://www.jointcommission.org>

## **Syringomyelia/Chiari Malformation**

### **American Syringomyelia & Chiari Alliance Project**

[www.asap.org](http://www.asap.org)  
PO Box 1586  
Longview, TX 75606-1586  
Phone: 903-236-7079, 800-ASAP-282  
Email: [info@ASAP.org](mailto:info@ASAP.org)

### **American Syringomyelia Alliance Project Support Group in TN**

ASAP's Chattanooga Support Group  
June Hyett  
Hixon, TN  
Phone: 432-240-5247  
Email: [TN\\_Support@ASAP.org](mailto:TN_Support@ASAP.org)

## **Transverse Myelitis**

### **Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)**

[www.wearesrna.org](http://www.wearesrna.org)  
1787 Sutter Parkway  
Powell, OH 43065-8806  
Phone: 855-380-3330  
Please contact them for info in your area.

## **General Disability Resources**

### **Tennessee Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/tn.htm>

Phone: 901-761-4277

### **Tennessee Chapter of the American Occupational Therapy Association**

<http://www.tnota.org/>

### **Tennessee Physical Therapy Association**

<https://www.tptatn.org/>

A chapter of the American Physical Therapy Association

### **Tennessee Association of People Supporting Employment First**

[www.apse.org](http://www.apse.org)

<https://apse.org/?s=tennessee>

Katie Wolf Whaley

University of Kentucky – Human Development Institute

1525 Bull Lea Rd., Suite 160

Lexington, KY 40511

Phone: 859-977-4050 x229

Email: [kwolf@uky.edu](mailto:kwolf@uky.edu)

### **Tennessee Disability Pathfinder**

<https://www.tnpathfinder.org/>

Mailing Address:

1211 21<sup>st</sup> Avenue S., Suite 539

Nashville, TN 37212

Phone: 800-640-4636

Email: [tnpathfinder@vumc.org](mailto:tnpathfinder@vumc.org)

Tennessee Disability Pathfinder (“Pathfinder”) helps people with disabilities, their family members, educators, and other professionals find and access resources, support, and services available to meet their needs.

**Healthboards.com** – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

<http://www.healthboards.com/boards/index.php>

### **Hispanic Family Foundation**

<http://hispanicfamilyfoundation.com/>

3955 Nolensville Pike

Suite 107

Nashville, TN 37211

Phone: 615-562-2222

The Hispanic Family Foundation is a non-profit organization that serves Latino families in the Nashville area. They provide English classes, group therapy for victims, help and general information line, health insurance information, and legal aid for immigration.

### **First Call 2-1-1**

[www.211.org](http://www.211.org)



Phone: 211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with Phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

### **The STAR Center**

<http://star-center.org/>

1119 Old Humboldt Road

Jackson, TN 38305

Phone: 731-668-3888

Email: [info@star-center.org](mailto:info@star-center.org)

The STAR Center provides services for education, employment, and quality of life for all ages and needs. They will help a child learn to read, help a person get their first job, and help the elderly stay in their homes. They are dedicated to making West Tennessee a place where people with disabilities can make their dreams a reality.

### **ThinkFirst National Injury Prevention Foundation**

[www.thinkfirst.org](http://www.thinkfirst.org)

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400, 800-THINK56

Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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